



Eastern Ontario Cyclocross Series #2

October 01, 2023

Race 4 - Women (Women)

17.32 km, 1st lap 2.77 km, 5 more laps of 2.91 km, winner: 51:31 - 20.17 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	2	FLYNN, Emily	LA Sweat	Ottawa	Senior	ON75383	CWE	51:31.37		20.17	7:54.20	8:30.08	8:33.99	8:40.54	8:52.64	8:59.93
2	3	WENDLAND, Jodi	The Cyclery	Ottawa	Senior	ON75570	CWMA	52:32.46	1'01.09"	19.78	8:04.25	8:31.37	8:50.93	9:02.84	9:01.82	9:01.25
3	82	SMITH, Ella	Bakker?s Trailblazers:Ottawa Bicycle Club	Ottawa	U19 JrF	ON75526	CWJ	54:24.31	2'52.93"	19.10	8:08.89	8:54.48	9:29.22	9:29.95	9:16.43	9:05.35
4	874	VARAH, Nina	Shadow Elite	Ottawa	Senior	PR23-01169	CWE	55:16.14	3'44.76"	18.80	8:56.40	9:02.40	9:14.77	9:15.65	9:23.20	9:23.72
5	189	FOURNIER, Veronique	Agowatt	Chelsea	Master B	51724	CWMA	56:00.56	4'29.19"	18.55	8:25.38	9:19.68	9:28.94	9:28.80	9:39.81	9:37.95
6	130	MESSIER, Jill		Ottawa	Master A	ON75251	CWE	56:36.65	5'05.28"	18.36	8:56.34	9:34.67	9:31.38	9:28.16	9:25.50	9:40.61
7	186	BERTHIAUME, Alicia	GearHeads	Pembroke	Master B	PR23-01231	CWMB	57:04.86	5'33.49"	18.21	8:52.67	9:26.12	9:31.19	9:43.16	9:45.32	9:46.40
8	9	DERTINGER, Caitlin	Shadow Elite	Ottawa	Senior	ON75908	CWE	57:32.60	6'01.22"	18.06	8:56.08	9:21.07	9:31.82	10:07.78	9:50.12	9:45.73
9	180	FICKER, Christine	euro-sports	Carp	Master B	PR23-01227	CWMB	57:57.13	6'25.75"	17.93	9:03.65	9:24.75	9:46.35	9:53.34	9:52.71	9:56.34
10	283	ZIKOVITZ, Noelle	Ottawa Bicycle Club	Ottawa	U17	ON75842	CWU17	58:13.40	6'42.03"	17.85	8:53.63	9:15.73	9:35.08	9:50.76	10:22.71	10:15.49
11	325	ALLEN, Valery	Cornwall Cycle Club	Cornwall	Master C	PR23-00223	CWMB	58:51.99	7'20.62"	17.65	9:11.16	9:34.09	9:52.72	10:06.26	10:06.28	10:01.46
12	7	EVERSON, Sara	The Cyclery	Ottawa	Senior	ON75612	CWE	59:22.30	7'50.92"	17.50	8:51.34	9:22.39	11:04.79	9:35.09	10:39.98	9:48.71
13	192	GILLAN, Nancy	Agowatt	Gatineau	Master B		CWMA	59:58.78	8'27.40"	17.33	9:15.79	9:28.70	10:29.25	10:15.29	10:21.16	10:08.58
14	281	MOON, Emma	Bakker?s Trailblazers	Stittsville	U17	PR23-00943	CWU17	1:00:01.73	8'30.36"	17.31	9:18.06	9:50.87	10:14.35	10:09.01	10:18.84	10:10.61
15	185	SMOLDERS, Jos�	R&TC Groenewoud	Ottawa	Master B	eocx185	CWMA	1:00:30.19	8'58.82"	17.18	9:19.92	9:47.35	10:20.55	10:14.42	10:44.58	10:03.38
16	895	THOMSON, Joanne		Ottawa	Master C		CWMB	1:01:00.34	9'28.96"	17.03	9:47.12	9:57.07	10:08.95	10:31.56	10:13.71	10:21.93
17	324	MOUSSEAU, Nathalie		Stittsville	Master C	ON75915	CWMB	1:01:42.69	10'11.31"	16.84	9:17.37	9:53.06	10:22.07	10:34.87	10:40.01	10:55.32
18	327	HARRISON, Suzanne	euro-sports:Ottawa Women?s Cycling Club	Ottawa	Master C	PR23-01152	CWMC	1:01:52.02	10'20.65"	16.80	9:12.20	10:03.68	10:23.44	10:36.47	10:39.58	10:56.65
19	188	EDWARDS, Stephanie	Ottawa Bicycle Club	Ottawa	Master B	PR23-00778	CWMB	1:01:59.59	10'28.21"	16.76	9:53.10	9:43.76	10:45.74	10:38.30	10:28.41	10:30.28
20	240	LANGEVELD, Julia	Skinouk:Les Cuisses Or De L?Ouaiaouais	Gatineau	U15 Girls	52456	CWU15	51:41.30	-1 lap	16.73	9:16.31	10:03.85	10:43.07	11:11.09	10:26.98	
21	80	GEERTSEMA, Cadence	Ottawa Bicycle Club	Ottawa	U19 JrF	ON75434	CWJ	51:59.37	-1 lap	16.63	9:42.71	10:07.47	10:25.05	10:43.81	11:00.33	
22	247	BUNDLE, Zoe	Ride with Rendall p/b Biemme	Chelsea	U15 Girls	PR23-01727	CWU15	52:17.04	-1 lap	16.54	9:46.91	10:38.31	10:58.17	10:52.67	10:00.99	
23	295	GIROUARD, Marcie	euro-sports	Ottawa	Master D	ON76086	CWMD	52:44.26	-1 lap	16.39	9:36.25	10:06.39	10:34.82	11:04.86	11:21.94	
24	284	S�GUIN, Eve	Ottawa Bicycle Club	Gatineau	U17	PR23-01999	CWU17	53:05.64	-1 lap	16.28	9:48.11	10:20.66	10:52.37	11:16.42	10:48.08	
25	6	WAGENMAN, Emma	Ride with Rendall p/b Biemme	Ottawa	Senior	PR23-01208	CWE	53:05.92	-1 lap	16.28	10:05.77	10:25.34	10:40.36	10:57.45	10:57.00	
26	187	CROOKS, Caitlin	Ottawa Women?s Cycling Club	Ottawa	Master B	PR23-01180	CWMB	53:13.63	-1 lap	16.24	10:11.17	10:41.40	10:49.91	10:51.96	10:39.18	
27	241	KOOLWINE, Rowan	Ottawa Bicycle Club	Ottawa	U15 Girls	ON75259	CWU15	53:15.52	-1 lap	16.23	9:25.30	9:56.31	10:49.16	11:53.92	11:10.83	
28	320	MORRIS, Susan	Ottawa Bicycle Club	Ottawa	Master C	PR23-00120	CWMC	53:26.25	-1 lap	16.18	10:23.26	10:34.40	10:55.31	10:57.37	10:35.91	
29	190	MERCER, Francesca	Frontenac Cycle	Gananoque	Master B	PR23-00158	CWMB	53:33.43	-1 lap	16.14	10:39.16	10:55.61	10:51.43	10:49.69	10:17.54	
30	326	COURTEMANCHE, Cindy	Ottawa Women?s Cycling Club	Ottawa	Master C	PR23-01228	CWMC	53:43.07	-1 lap	16.10	9:57.00	10:31.01	10:56.33	11:03.27	11:15.46	
31	193	BROOKS, Melissa	Ride with Rendall p/b Biemme	Nepean	Master B	ON75808	CWMB	53:56.81	-1 lap	16.03	10:29.04	10:41.70	11:00.10	11:02.67	10:43.30	
32	244	ALLINA, Zoe	Ottawa Bicycle Club	Ottawa	U15 Girls	PR23-00386	CWU15	54:01.73	-1 lap	16.00	10:27.30	10:31.78	11:01.13	10:47.59	11:13.94	
33	280	DANIELS, Heidi	Ottawa Bicycle Club	Ottawa	U17	PR23-00779	CWU17	54:08.68	-1 lap	15.97	10:07.94	10:25.75	11:00.88	11:27.25	11:06.85	
34	296	C�T�, Chantal	Agowatt	Gatineau	Master D	eocx296	CWMD	54:22.20	-1 lap	15.90	10:25.60	10:53.01	11:32.21	10:58.63	11:11.74	
35	322	POWELL, Danielle	Ottawa Bicycle Club	Ottawa	Master C	PR23-00140	CWMB	54:30.33	-1 lap	15.86	10:30.54	10:51.12	10:50.58	11:11.60	11:06.49	
36	181	PELLETIER, Marie-Andree	Agowatt	Gatineau	Master B	eocx181	CWMB	54:58.64	-1 lap	15.73	10:23.83	10:41.99	11:05.10	11:21.25	11:26.46	
37	242	NORTH, Madeline	Ottawa Bicycle Club	Ottawa	U15 Girls	PR23-00414	CWU15	55:29.84	-1 lap	15.58	10:13.94	10:37.42	11:19.25	11:45.78	11:33.45	
38	250	BROOKS, Josephine	Ride with Rendall p/b Biemme	Nepean	U15 Girls	ON75647	CWU15	56:07.61	-1 lap	15.40	10:07.18	11:16.96	11:15.68	11:34.50	11:53.29	
39	4	BAKKER, Lauryn	Bakker?s Trailblazers	Stittsville	Senior	PR23-01002	CWE	56:16.51	-1 lap	15.36	9:59.06	10:46.01	11:32.05	11:53.95	12:05.45	
40	248	AIKMAN, M�lodie	Ottawa Bicycle Club	Gatineau	U15 Girls	PR23-02001	CWU15	57:01.00	-1 lap	15.16	10:14.64	11:00.01	11:51.50	11:52.74	12:02.11	
41	285	VEILLEUX, Zoe-Alexa	Les Cuisses Or De L?Ouaiaouais	Gatineau	U17		CWU17	58:04.33	-1 lap	14.89	9:55.16	11:09.67	12:00.40	12:34.70	12:24.39	
42	297	KONANTZ, Patricia	Ride with Rendall p/b Biemme	Chelsea	Master D		CWMD	59:00.82	-1 lap	14.65	10:50.95	11:14.22	11:55.61	12:23.05	12:36.99	
43	10	KELSO, Emilie	Shadow Elite	Gatineau	Senior	eocx10	CWE	59:53.23	-1 lap	14.44	10:27.52	11:25.66	12:13.33	13:00.13	12:46.58	
44	328	DAWSON, Kirsten		Ottawa	Master C	PR23-01802	CWMB	55:25.10	-2 laps	12.45	11:39.50	13:02.03	15:09.90	15:33.66		
45	191	DUARTE, Roberta		Gatineau	Master B	PR23-02055	CWMA	57:53.04	-2 laps	11.92	12:41.88	15:20.26	14:39.55	15:11.36		
DNF	282	HOLT, Isabel	Ottawa Bicycle Club	Luskville	U17	PR23-00585	CWU17			17.62	9:25.93					



Eastern Ontario Cyclocross Series #2

October 01, 2023

Master A 30-39 (Women)

17.32 km, 1st lap 2.77 km, 5 more laps of 2.91 km, winner: 56:37 - 18.36 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	130	MESSIER, Jill		Ottawa	Master A	ON75251	CWE	56:36.65		18.36	8:56.34	9:34.67	9:31.38	9:28.16	9:25.50	9:40.61



Eastern Ontario Cyclocross Series #2

October 01, 2023

U19 (Junior) (Women)

17.32 km, 1st lap 2.77 km, 5 more laps of 2.91 km, winner: 54:24 - 19.10 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	82	SMITH, Ella	Bakker?s Trailblazers:Ottawa Bicycle Club	Ottawa	U19 JrF	ON75526	CWJ	54:24.31		19.10	8:08.89	8:54.48	9:29.22	9:29.95	9:16.43	9:05.35
2	80	GEERTSEMA, Cadence	Ottawa Bicycle Club	Chesterville	U19 JrF	ON75434	CWJ	51:59.37	-1 lap	16.63	9:42.71	10:07.47	10:25.05	10:43.81	11:00.33	



Eastern Ontario Cyclocross Series #2

October 01, 2023

Master B 40-49 (Women)

17.32 km, 1st lap 2.77 km, 5 more laps of 2.91 km, winner: 56:01 - 18.55 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	189	FOURNIER, Veronique	Agowatt	Chelsea	Master B	51724	CWMA	56:00.56		18.55	8:25.38	9:19.68	9:28.94	9:28.80	9:39.81	9:37.95
2	186	BERTHIAUME, Alicia	GearHeads	Pembroke	Master B	PR23-01231	CWMB	57:04.86	1'04.30"	18.21	8:52.67	9:26.12	9:31.19	9:43.16	9:45.32	9:46.40
3	180	FICKER, Christine	euro-sports	Carp	Master B	PR23-01227	CWMB	57:57.13	1'56.56"	17.93	9:03.65	9:24.75	9:46.35	9:53.34	9:52.71	9:56.34
4	192	GILLAN, Nancy	Agowatt	Gatineau	Master B		CWMA	59:58.78	3'58.21"	17.33	9:15.79	9:28.70	10:29.25	10:15.29	10:21.16	10:08.58
5	185	SMOLDERS, José	R&TC Groenewoud	Ottawa	Master B	eocx185	CWMA	1:00:30.19	4'29.63"	17.18	9:19.92	9:47.35	10:20.55	10:14.42	10:44.58	10:03.38
6	188	EDWARDS, Stephanie	Ottawa Bicycle Club	Ottawa	Master B	PR23-00778	CWMB	1:01:59.59	5'59.02"	16.76	9:53.10	9:43.76	10:45.74	10:38.30	10:28.41	10:30.28
7	187	CROOKS, Caitlin	Ottawa Women's Cycling Club	Ottawa	Master B	PR23-01180	CWMB	53:13.63	-1 lap	16.24	10:11.17	10:41.40	10:49.91	10:51.96	10:39.18	
8	190	MERCER, Francesca	Frontenac Cycle	Gananoque	Master B	PR23-00158	CWMB	53:33.43	-1 lap	16.14	10:39.16	10:55.61	10:51.43	10:49.69	10:17.54	
9	193	BROOKS, Melissa	Ride with Rendall p/b Biemme	Nepean	Master B	ON75808	CWMB	53:56.81	-1 lap	16.03	10:29.04	10:41.70	11:00.10	11:02.67	10:43.30	
10	181	PELLETIER, Marie-Andree	Agowatt	Gatineau	Master B	eocx181	CWMB	54:58.64	-1 lap	15.73	10:23.83	10:41.99	11:05.10	11:21.25	11:26.46	
11	191	DUARTE, Roberta		Gatineau	Master B	PR23-02055	CWMA	57:53.04	-2 laps	11.92	12:41.88	15:20.26	14:39.55	15:11.36		



Eastern Ontario Cyclocross Series #2

October 01, 2023

Senior (Women)

17.32 km, 1st lap 2.77 km, 5 more laps of 2.91 km, winner: 51:31 - 20.17 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	2	FLYNN, Emily	LA Sweat	Ottawa	Senior	ON75383	CWE	51:31.37		20.17	7:54.20	8:30.08	8:33.99	8:40.54	8:52.64	8:59.93
2	3	WENDLAND, Jodi	The Cyclery	Ottawa	Senior	ON75570	CWMA	52:32.46	1'01.09"	19.78	8:04.25	8:31.37	8:50.93	9:02.84	9:01.82	9:01.25
3	874	VARAH, Nina	Shadow Elite	Ottawa	Senior	PR23-01169	CWE	55:16.14	3'44.76"	18.80	8:56.40	9:02.40	9:14.77	9:15.65	9:23.20	9:23.72
4	9	DETINGER, Caitlin	Shadow Elite	Ottawa	Senior	ON75908	CWE	57:32.60	6'01.22"	18.06	8:56.08	9:21.07	9:31.82	10:07.78	9:50.12	9:45.73
5	7	EVERSON, Sara	The Cyclery	Ottawa	Senior	ON75612	CWE	59:22.30	7'50.92"	17.50	8:51.34	9:22.39	11:04.79	9:35.09	10:39.98	9:48.71
6	6	WAGENMAN, Emma	Ride with Rendall p/b Biemme	Ottawa	Senior	PR23-01208	CWE	53:05.92	-1 lap	16.28	10:05.77	10:25.34	10:40.36	10:57.45	10:57.00	
7	4	BAKKER, Lauryn	Bakker?s Trailblazers	Stittsville	Senior	PR23-01002	CWE	56:16.51	-1 lap	15.36	9:59.06	10:46.01	11:32.05	11:53.95	12:05.45	
8	10	KELSO, Emilie	Shadow Elite	Gatineau	Senior	eocx10	CWE	59:53.23	-1 lap	14.44	10:27.52	11:25.66	12:13.33	13:00.13	12:46.58	



Eastern Ontario Cyclocross Series #2

October 01, 2023

Master C 50-59 (Women)

17.32 km, 1st lap 2.77 km, 5 more laps of 2.91 km, winner: 58:52 - 17.65 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	325	ALLEN, Valery	Cornwall Cycle Club	Cornwall	Master C	PR23-00223	CWMB	58:51.99		17.65	9:11.16	9:34.09	9:52.72	10:06.26	10:06.28	10:01.46
2	895	THOMSON, Joanne		Ottawa	Master C		CWMB	1:01:00.34	2'08.34"	17.03	9:47.12	9:57.07	10:08.95	10:31.56	10:13.71	10:21.93
3	324	MOUSSEAU, Nathalie		Stittsville	Master C	ON75915	CWMB	1:01:42.69	2'50.69"	16.84	9:17.37	9:53.06	10:22.07	10:34.87	10:40.01	10:55.32
4	327	HARRISON, Suzanne	euro-sports:Ottawa Women?s Cycling Club	Ottawa	Master C	PR23-01152	CWMC	1:01:52.02	3'00.03"	16.80	9:12.20	10:03.68	10:23.44	10:36.47	10:39.58	10:56.65
5	320	MORRIS, Susan	Ottawa Bicycle Club	Ottawa	Master C	PR23-00120	CWMC	53:26.25	-1 lap	16.18	10:23.26	10:34.40	10:55.31	10:57.37	10:35.91	
6	326	COURTEMANCHE, Cindy	Ottawa Women?s Cycling Club	Ottawa	Master C	PR23-01228	CWMC	53:43.07	-1 lap	16.10	9:57.00	10:31.01	10:56.33	11:03.27	11:15.46	
7	322	POWELL, Danielle	Ottawa Bicycle Club	Ottawa	Master C	PR23-00140	CWMB	54:30.33	-1 lap	15.86	10:30.54	10:51.12	10:50.58	11:11.60	11:06.49	
8	328	DAWSON, Kirsten		Ottawa	Master C	PR23-01802	CWMB	55:25.10	-2 laps	12.45	11:39.50	13:02.03	15:09.90	15:33.66		



Eastern Ontario Cyclocross Series #2

October 01, 2023

Under 15 Girls (Women)

14.41 km, 1st lap 2.77 km, 4 more laps of 2.91 km, winner: 51:41 - 16.73 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	240	LANGEVELD, Julia	Skinouk:Les Cuisses Or De L?Ouiaouais	Gatineau	U15 Girls	52456	CWU15	51:41.30		16.73	9:16.31	10:03.85	10:43.07	11:11.09	10:26.98
2	247	BUNDLE, Zoe	Ride with Rendall p/b Biemme	Chelsea	U15 Girls	PR23-01727	CWU15	52:17.04	0'35.74"	16.54	9:46.91	10:38.31	10:58.17	10:52.67	10:00.99
3	241	KOOLWINE, Rowan	Ottawa Bicycle Club	Ottawa	U15 Girls	ON75259	CWU15	53:15.52	1'34.22"	16.23	9:25.30	9:56.31	10:49.16	11:53.92	11:10.83
4	244	ALLINA, Zoe	Ottawa Bicycle Club	Ottawa	U15 Girls	PR23-00386	CWU15	54:01.73	2'20.43"	16.00	10:27.30	10:31.78	11:01.13	10:47.59	11:13.94
5	242	NORTH, Madeline	Ottawa Bicycle Club	Ottawa	U15 Girls	PR23-00414	CWU15	55:29.84	3'48.53"	15.58	10:13.94	10:37.42	11:19.25	11:45.78	11:33.45
6	250	BROOKS, Josephine	Ride with Rendall p/b Biemme	Nepean	U15 Girls	ON75647	CWU15	56:07.61	4'26.30"	15.40	10:07.18	11:16.96	11:15.68	11:34.50	11:53.29
7	248	AIKMAN, Mélodie	Ottawa Bicycle Club	Gatineau	U15 Girls	PR23-02001	CWU15	57:01.00	5'19.70"	15.16	10:14.64	11:00.01	11:51.50	11:52.74	12:02.11



Eastern Ontario Cyclocross Series #2

October 01, 2023

Master D 60+ (Women)

14.41 km, 1st lap 2.77 km, 4 more laps of 2.91 km, winner: 52:44 - 16.39 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	295	GIROUARD, Marcie	euro-sports	Ottawa	Master D	ON76086	CWMD	52:44.26		16.39	9:36.25	10:06.39	10:34.82	11:04.86	11:21.94
2	296	CÔTÉ, Chantal	Agowatt	Gatineau	Master D	eocx296	CWMC	54:22.20	1'37.93"	15.90	10:25.60	10:53.01	10:53.21	10:58.63	11:11.74
3	297	KONANTZ, Patricia	Ride with Rendall p/b Biemme	Chelsea	Master D		CWMD	59:00.82	6'16.55"	14.65	10:50.95	11:14.22	11:55.61	12:23.05	12:36.99



Eastern Ontario Cyclocross Series #2

October 01, 2023

Under 17 Girls (Women)

17.32 km, 1st lap 2.77 km, 5 more laps of 2.91 km, winner: 58:13 - 17.85 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	283	ZIKOVITZ, Noelle	Ottawa Bicycle Club	Ottawa	U17	ON75842	CWU17	58:13.40		17.85	8:53.63	9:15.73	9:35.08	9:50.76	10:22.71	10:15.49
2	281	MOON, Emma	Bakker?s Trailblazers	Stittsville	U17	PR23-00943	CWU17	1:00:01.73	1'48.33"	17.31	9:18.06	9:50.87	10:14.35	10:09.01	10:18.84	10:10.61
3	284	SÉGUIN, Eve	Ottawa Bicycle Club	Gatineau	U17	PR23-01999	CWU17	53:05.64	-1 lap	16.28	9:48.11	10:20.66	10:52.37	11:16.42	10:48.08	
4	280	DANIELS, Heidi	Ottawa Bicycle Club	Ottawa	U17	PR23-00779	CWU17	54:08.68	-1 lap	15.97	10:07.94	10:25.75	11:00.88	11:27.25	11:06.85	
5	285	VEILLEUX, Zoe-Alexa	Les Cuisses Or De L?Ouiaouais	Gatineau	U17		CWU17	58:04.33	-1 lap	14.89	9:55.16	11:09.67	12:00.40	12:34.70	12:24.39	
DNF	282	HOLT, Isabel	Ottawa Bicycle Club	Luskville	U17	PR23-00585	CWU17			17.62	9:25.93					