



Eastern Ontario Cyclocross Series #5

November 06, 2022

Race 5 (Open)

23.11 km, 1st lap 2.95 km, 7 more laps of 2.88 km, winner: 57:24 - 24.16 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8
1	27	OMURA, Tommy	Rouleurs - Polo Vélo	Ottawa	Senior	ON74674	CME.2	57:23.87		24.16	6:45.97	7:09.56	7:09.10	7:08.31	7:13.19	7:15.96	7:17.98	7:23.79
2	17	HAMM, Emile	Toronto Hustle	Thunder Bay	Senior	ON74595	CME.1	58:33.58	1'09.71"	23.68	6:44.28	7:11.52	7:13.44	7:24.01	7:28.09	7:33.73	7:27.54	7:30.97
3	33	ST JOHN, Derrick	Ride with Rendall p/b Biemme	Gatineau	Senior	eocx33		59:31.83	2'07.97"	23.29	6:59.65	7:16.83	7:30.38	7:29.48	7:30.00	7:29.82	7:31.80	7:43.88
4	830	DALLING, Ness	Bikes and Beyond	East St. Paul	Senior			59:54.75	2'30.88"	23.14	7:19.45	7:22.53	7:27.93	7:28.33	7:36.36	7:29.68	7:31.59	7:38.87
5	19	MILLER, Michael	The Cyclery	Vanier	Senior	ON74586	CME.2	1:00:06.84	2'42.97"	23.07	7:17.54	7:23.51	7:32.79	7:33.61	7:31.26	7:35.19	7:42.17	7:30.77
6	104	LALONDE, Michael	euro-sports	Metcalfe	Master A	ON74560	CMMA.3	1:00:12.52	2'48.66"	23.03	7:21.65	7:30.37	7:36.66	7:37.39	7:42.90	7:31.30	7:25.12	7:27.13
7	119	VAN DEN HAM, Doug	Nine2FivePro Cycling Team	Ottawa	Master A	ON74588	CMMA.1	1:00:16.24	2'52.38"	23.01	7:13.83	7:26.80	7:31.63	7:39.56	7:41.53	7:41.20	7:31.49	7:30.20
8	837	RUBARTH, Max	Ride with Rendall p/b Biemme	Ottawa	Senior	ON74636	CME.1	1:00:16.51	2'52.64"	23.00	7:29.68	7:26.08	7:32.31	7:30.70	7:44.70	7:40.23	7:29.32	7:23.49
9	26	ZAGAR, Myles		Ottawa	Senior	PR22-01856	CME.3	1:01:36.34	4'12.48"	22.51	7:24.30	7:35.35	7:33.14	7:32.14	7:41.26	7:48.16	7:45.23	8:16.77
10	16	BAKKER, Osmond	Bakker?s Trailblazers	Stittsville	Senior	ON74431	CME.1	1:01:49.21	4'25.35"	22.43	7:18.96	7:23.46	7:45.92	7:43.16	7:51.72	7:54.45	7:51.52	8:00.02
11	102	ROULEAU, Eric	RackUltra	Gatineau	Master A	QC 51587		1:02:18.95	4'55.09"	22.25	7:24.48	7:31.55	8:37.25	7:49.49	7:40.98	7:39.75	7:42.59	7:52.86
12	107	WALTON, Adrian	euro-sports	Ottawa	Master A	ON74660	CMMA.3	1:02:42.63	5'18.77"	22.11	7:34.35	7:44.03	8:02.62	7:55.37	7:47.76	7:51.28	7:48.33	7:58.89
13	117	JOBIN, Éric		Stittsville	Master A	ON75012	CMMA.1	1:03:02.75	5'38.88"	21.99	7:37.59	7:37.98	7:57.09	7:50.29	7:48.22	7:59.24	8:04.52	8:07.82
14	29	WOODFORD, Theodore	Ride with Rendall p/b Biemme	Ottawa	Senior	ON74527	CME.3	1:03:06.06	5'42.20"	21.97	7:18.78	7:32.52	7:41.78	8:11.78	8:01.89	8:08.41	8:27.71	7:43.20
15	100	LAFONTAINE, Bruno	Centre du Vélo La Shop	Gatineau	Master A	eocx100		1:03:49.85	6'25.98"	21.72	7:54.09	7:59.01	7:56.69	7:55.35	7:50.13	7:59.46	8:12.43	8:02.69
16	111	LEFEBVRE, Bruce	Ottawa Bicycle Club	Ottawa	Master A	PR22-02940	CMMA.3	1:04:23.95	7'00.09"	21.53	7:44.69	7:47.67	8:05.18	8:07.97	8:03.59	8:20.19	8:18.12	7:56.54
17	113	SCHIEMANN, Neil	Ottawa Bicycle Club	Ottawa	Master A	PR22-01816	CMMA.1	1:04:26.55	7'02.68"	21.52	7:56.18	7:57.79	8:04.16	8:10.48	8:14.04	8:04.62	7:59.66	7:59.61
18	36	CONLY, Lukas	Team Skyline	Grasswood	Senior	eocx36		1:05:30.81	8'06.94"	21.17	9:11.18	7:45.53	7:45.20	7:55.93	7:52.38	7:59.21	8:13.65	8:47.73
19	115	LEES, Andrew	Nine2FivePro Cycling Team	Ottawa	Master A	ON74695	CMMA.1	1:05:31.34	8'07.47"	21.16	8:13.40	8:17.82	8:03.44	8:00.05	8:12.72	8:00.00	8:16.10	8:27.82
20	42	BEARDSALL, Andrew	Ottawa Bicycle Club	Ottawa	Senior	PR22-02406	CME.4	58:09.72	-1 lap	20.87	8:22.11	8:06.47	8:16.15	8:12.16	8:25.81	8:29.64	8:17.39	
21	28	MICHAUD, Lucas	Centre du Vélo La Shop	Gatineau	Senior	52540		58:35.76	-1 lap	20.71	8:25.77	8:08.91	8:20.35	8:18.81	8:32.28	8:34.17	8:15.47	
22	31	LAJEUNESSE, Scott		Mille-isles	Senior	PR22-02956	CME.4	58:52.38	-1 lap	20.62	7:38.04	8:06.33	8:16.31	8:32.86	8:51.00	8:39.03	8:48.81	
23	123	DEDO, Carey	GearHeads	Pembroke	Master A	PR22-02993	CMMA.3	59:09.22	-1 lap	20.52	8:08.72	8:21.59	8:32.39	8:31.14	8:39.03	8:33.39	8:22.95	
24	121	THERON, Stuart	613 Cycling	Ottawa	Master A	ON74732	CMMA.3	59:12.85	-1 lap	20.50	8:12.32	8:09.37	8:20.40	9:00.37	8:31.82	8:36.41	8:22.16	
25	34	TULLIO, Aiden		Ottawa	Senior	ON75076	CME.4	59:33.04	-1 lap	20.38	8:25.32	8:15.48	8:42.69	8:23.77	8:29.16	8:32.08	8:44.54	
26	105	VAUTOUR, Marcel	Tekné Cycle Club	Ottawa	Master A	PR22-02933	CMMA.2	1:00:35.62	-1 lap	20.03	8:13.66	8:28.07	8:33.60	8:37.88	8:51.55	9:02.47	8:48.39	
27	35	BURCUL, Zvonimir	Rouleurs - Polo Vélo	Ottawa	Senior	ON74640	CME.4	1:00:49.29	-1 lap	19.96	7:55.49	8:25.66	8:17.37	8:28.72	9:09.80	9:43.31	8:48.94	
28	814	ABIDI, Adam	Ottawa Bicycle Club	Ottawa	Senior	ON74268	CME.4	1:01:13.59	-1 lap	19.82	8:11.84	8:17.25	8:28.01	9:14.58	8:59.29	8:51.23	9:11.39	
29	118	FITZMAURICE, Danny		Ottawa	Master A	PR22-01784	CMMA.3	1:01:42.38	-1 lap	19.67	8:19.08	8:31.82	8:49.92	9:05.13	9:19.61	8:49.92	8:46.90	
30	23	GORMAN, Brendan	Apex Outaouais p/b Euro-Sports	Kinburn	Senior	ON74447	CMMA.1	1:03:56.90	-1 lap	18.98	8:47.12	8:50.05	9:06.58	9:06.51	9:17.92	9:16.06	9:32.67	
31	25	BEREZNAI, Oliver	Ottawa Bicycle Club	Ottawa	Senior	PR22-01804	CME.4	1:04:02.48	-1 lap	18.95	8:21.15	8:38.44	9:10.00	9:18.96	9:31.25	9:42.54	9:20.14	
32	829	BROOKS, Tristan	Tekné Cycle Club	Ottawa	Senior	1ecx819		1:04:50.01	-1 lap	18.72	9:01.54	8:57.54	9:02.29	9:19.99	9:46.48	9:37.06	9:05.10	
33	38	VERDON, Eric		Ottawa	Senior	PR22-02981	CME.4	1:05:28.64	-1 lap	18.54	9:03.53	8:56.25	9:22.54	9:45.31	9:23.26	9:35.50	9:22.25	
34	103	LANGÉVIN, Jesse		Kanata	Master A	PR22-01635	CME.4	1:06:52.60	-1 lap	18.15	9:04.48	8:58.65	9:45.21	9:54.66	9:48.78	9:42.88	9:37.95	
35	24	GROUT, Justin		Ottawa	Senior	PR22-02939	CME.4	1:06:53.16	-1 lap	18.15	9:02.91	9:21.21	9:27.07	9:51.50	9:43.61	9:47.46	9:39.40	
36	108	WILSON, Tyler	Nine2FivePro Cycling Team	Kemptville	Master A	PR22-01251	CME.4	57:39.36	-2 laps	18.06	9:07.26	9:17.97	9:44.19	10:00.04	9:47.42	9:42.47		
37	828	BROOKS, James	Tekné Cycle Club	Ottawa	Master A	PR22-01630	CMMA.3	58:03.43	-2 laps	17.93	9:20.32	9:37.85	9:44.41	9:47.75	9:44.10	9:49.00		
38	114	LESSARD, Samuel	Équipe Cycliste Maglia Rosa	Montreal	Master A	eocx114		59:18.64	-2 laps	17.55	10:43.16	9:20.29	9:39.82	9:51.72	9:46.76	9:56.89		
39	112	ROBERTS, Joshua		Ottawa	Master A	PR22-02941	CME.4	1:03:00.94	-2 laps	16.52	10:06.42	10:34.11	10:39.00	10:14.81	10:26.10	11:00.50		
40	22	WRIGHT, Marshal		Ottawa	Senior	PR22-02931	CME.4	1:05:05.21	-2 laps	15.99	10:20.60	10:57.23	10:59.51	11:02.51	10:47.99	10:57.38		
41	21	MCAULEY, Spencer		Chelsea	Senior	PR22-02924	CME.4	1:00:17.73	-3 laps	14.40	11:26.91	12:15.24	12:27.14	11:52.04	12:16.40			
DNF	120	WEIR, David	Nine2FivePro Cycling Team	Ottawa	Master A	ON74666	CMMA.3			19.92	8:53.19							



Eastern Ontario Cyclocross Series #5

November 06, 2022

Senior (Men)

23.11 km, 1st lap 2.95 km, 7 more laps of 2.88 km, winner: 57:24 - 24.16 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8
1	27	OMURA, Tommy	Rouleurs - Polo Vélo	Ottawa	Senior	ON74674	CME.2	57:23.87		24.16	6:45.97	7:09.56	7:09.10	7:08.31	7:13.19	7:15.96	7:17.98	7:23.79
2	17	HAMM, Emile	Toronto Hustle	Thunder Bay	Senior	ON74595	CME.1	58:33.58	1'09.71"	23.68	6:44.28	7:11.52	7:13.44	7:24.01	7:28.09	7:33.73	7:27.54	7:30.97
3	33	ST JOHN, Derrick	Ride with Rendall p/b Biemme	Gatineau	Senior	eocx33		59:31.83	2'07.97"	23.29	6:59.65	7:16.83	7:30.38	7:29.48	7:30.00	7:29.82	7:31.80	7:43.88
4	830	DALLING, Ness	Bikes and Beyond	East St. Paul	Senior			59:54.75	2'30.88"	23.14	7:19.45	7:22.53	7:27.93	7:28.33	7:36.36	7:29.68	7:31.59	7:38.87
5	19	MILLER, Michael	The Cyclery	Vanier	Senior	ON74586	CME.2	1:00:06.84	2'42.97"	23.07	7:17.54	7:23.51	7:32.79	7:33.61	7:31.26	7:35.19	7:42.17	7:30.77
6	837	RUBARTH, Max	Ride with Rendall p/b Biemme	Ottawa	Senior	ON74636	CME.1	1:00:16.51	2'52.64"	23.00	7:29.68	7:26.08	7:32.31	7:30.70	7:44.70	7:40.23	7:29.32	7:23.49
7	26	ZAGAR, Myles		Ottawa	Senior	PR22-01856	CME.3	1:01:36.34	4'12.48"	22.51	7:24.30	7:35.35	7:33.14	7:32.14	7:41.26	7:48.16	7:45.23	8:16.77
8	16	BAKKER, Osmond	Bakker?s Trailblazers	Stittsville	Senior	ON74431	CME.1	1:01:49.21	4'25.35"	22.43	7:18.96	7:23.46	7:45.92	7:43.16	7:51.72	7:54.45	7:51.52	8:00.02
9	29	WOODFORD, Theodore	Ride with Rendall p/b Biemme	Ottawa	Senior	ON74527	CME.3	1:03:06.06	5'42.20"	21.97	7:18.78	7:32.52	7:41.78	8:11.78	8:01.89	8:08.41	8:27.71	7:43.20
10	36	CONLY, Lukas	Team Skyline	Grasswood	Senior	eocx36		1:05:30.81	8'06.94"	21.17	9:11.18	7:45.53	7:45.20	7:55.93	7:52.38	7:59.21	8:13.65	8:47.73
11	42	BEARDSALL, Andrew	Ottawa Bicycle Club	Ottawa	Senior	PR22-02406	CME.4	58:09.72	-1 lap	20.87	8:22.11	8:06.47	8:16.15	8:12.16	8:25.81	8:29.64	8:17.39	
12	28	MICHAUD, Lucas	Centre du Vélo La Shop	Gatineau	Senior	52540		58:35.76	-1 lap	20.71	8:25.77	8:08.91	8:20.35	8:18.81	8:32.28	8:34.17	8:15.47	
13	31	LAJEUNESSE, Scott		Mille-isles	Senior	PR22-02956	CME.4	58:52.38	-1 lap	20.62	7:38.04	8:06.33	8:16.31	8:32.86	8:51.00	8:39.03	8:48.81	
14	34	TULLIO, Aiden		Ottawa	Senior	ON75076	CME.4	59:33.04	-1 lap	20.38	8:25.32	8:15.48	8:42.69	8:23.77	8:29.16	8:32.08	8:44.54	
15	35	BURCUL, Zvonimir	Rouleurs - Polo Vélo	Ottawa	Senior	ON74640	CME.4	1:00:49.29	-1 lap	19.96	7:55.49	8:25.66	8:17.37	8:28.72	9:09.80	9:43.31	8:48.94	
16	814	ABIDI, Adam	Ottawa Bicycle Club	Ottawa	Senior	ON74268	CME.4	1:01:13.59	-1 lap	19.82	8:11.84	8:17.25	8:28.01	9:14.58	8:59.29	8:51.23	9:11.39	
17	23	GORMAN, Brendan	Apex Outaouais p/b Euro-Sports	Kinburn	Senior	ON74447	CMMA.1	1:03:56.90	-1 lap	18.98	8:47.12	8:50.05	9:06.58	9:06.51	9:17.92	9:16.06	9:32.67	
18	25	BEREZNAI, Oliver	Ottawa Bicycle Club	Ottawa	Senior	PR22-01804	CME.4	1:04:02.48	-1 lap	18.95	8:21.15	8:38.44	9:10.00	9:18.96	9:31.25	9:42.54	9:20.14	
19	829	BROOKS, Tristan	Tekné Cycle Club	Ottawa	Senior	1ecx819		1:04:50.01	-1 lap	18.72	9:01.54	8:57.54	9:02.29	9:19.99	9:46.48	9:37.06	9:05.10	
20	38	VERDON, Eric		Ottawa	Senior	PR22-02981	CME.4	1:05:28.64	-1 lap	18.54	9:03.53	8:56.25	9:22.54	9:45.31	9:23.26	9:35.50	9:22.25	
21	24	GROUT, Justin		Ottawa	Senior	PR22-02939	CME.4	1:06:53.16	-1 lap	18.15	9:02.91	9:21.21	9:27.07	9:51.50	9:43.61	9:47.46	9:39.40	
22	22	WRIGHT, Marshal		Ottawa	Senior	PR22-02931	CME.4	1:05:05.21	-2 laps	15.99	10:20.60	10:57.23	10:59.51	11:02.51	10:47.99	10:57.38		
23	21	MCAULEY, Spencer		Chelsea	Senior	PR22-02924	CME.4	1:00:17.73	-3 laps	14.40	11:26.91	12:15.24	12:27.14	11:52.04	12:16.40			



Eastern Ontario Cyclocross Series #5

November 06, 2022

Master A 30-39 (Men)

23.11 km, 1st lap 2.95 km, 7 more laps of 2.88 km, winner: 1:00:13 - 23.03 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8
1	104	LALONDE, Michael	euro-sports	Metcalfe	Master A	ON74560	CMMA.3	1:00:12.52		23.03	7:21.65	7:30.37	7:36.66	7:37.39	7:42.90	7:31.30	7:25.12	7:27.13
2	119	VAN DEN HAM, Doug	Nine2FivePro Cycling Team	Ottawa	Master A	ON74588	CMMA.1	1:00:16.24	0'03.72"	23.01	7:13.83	7:26.80	7:31.63	7:39.56	7:41.53	7:41.20	7:31.49	7:30.20
3	102	ROULEAU, Eric	RackUltra	Gatineau	Master A	QC 51587		1:02:18.95	2'06.43"	22.25	7:24.48	7:31.55	8:37.25	7:49.49	7:40.98	7:39.75	7:42.59	7:52.86
4	107	WALTON, Adrian	euro-sports	Ottawa	Master A	ON74660	CMMA.3	1:02:42.63	2'30.11"	22.11	7:34.35	7:44.03	8:02.62	7:55.37	7:47.76	7:51.28	7:48.33	7:58.89
5	117	JOBIN, Éric		Stittsville	Master A	ON75012	CMMB.1	1:03:02.75	2'50.22"	21.99	7:37.59	7:37.98	7:57.09	7:50.29	7:48.22	7:59.24	8:04.52	8:07.82
6	100	LAFONTAINE, Bruno	Centre du Vélo La Shop	Gatineau	Master A	eocx100		1:03:49.85	3'37.32"	21.72	7:54.09	7:59.01	7:56.69	7:55.35	7:50.13	7:59.46	8:12.43	8:02.69
7	111	LEFEBVRE, Bruce	Ottawa Bicycle Club	Ottawa	Master A	PR22-02940	CMMA.3	1:04:23.95	4'11.43"	21.53	7:44.69	7:47.67	8:05.18	8:07.97	8:03.59	8:20.19	8:18.12	7:56.54
8	113	SCHIEMANN, Neil	Ottawa Bicycle Club	Ottawa	Master A	PR22-01816	CMMA.1	1:04:26.55	4'14.02"	21.52	7:56.18	7:57.79	8:04.16	8:10.48	8:14.04	8:04.62	7:59.66	7:59.61
9	115	LEES, Andrew	Nine2FivePro Cycling Team	Ottawa	Master A	ON74695	CMMB.1	1:05:31.34	5'18.81"	21.16	8:13.40	8:17.82	8:03.44	8:00.05	8:12.72	8:00.00	8:16.10	8:27.82
10	123	DEDO, Carey	GearHeads	Pembroke	Master A	PR22-02993	CMMA.3	59:09.22	-1 lap	20.52	8:08.72	8:21.59	8:32.39	8:31.14	8:39.03	8:33.39	8:22.95	
11	121	THERON, Stuart	613 Cycling	Ottawa	Master A	ON74732	CMMA.3	59:12.85	-1 lap	20.50	8:12.32	8:09.37	8:20.40	9:00.37	8:31.82	8:36.41	8:22.16	
12	105	VAUTOUR, Marcel	Tekné Cycle Club	Ottawa	Master A	PR22-02933	CMMA.2	1:00:35.62	-1 lap	20.03	8:13.66	8:28.07	8:33.60	8:37.88	8:51.55	9:02.47	8:48.39	
13	118	FITZMAURICE, Danny		Ottawa	Master A	PR22-01784	CMMA.3	1:01:42.38	-1 lap	19.67	8:19.08	8:31.82	8:49.92	9:05.13	9:19.61	8:49.92	8:46.90	
14	103	LANGVIN, Jesse		Kanata	Master A	PR22-01635	CME.4	1:06:52.60	-1 lap	18.15	9:04.48	8:58.65	9:45.21	9:54.66	9:48.78	9:42.88	9:37.95	
15	108	WILSON, Tyler	Nine2FivePro Cycling Team	Kemptville	Master A	PR22-01251	CME.4	57:39.36	-2 laps	18.06	9:07.26	9:17.97	9:44.19	10:00.04	9:47.42	9:42.47		
16	828	BROOKS, James	Tekné Cycle Club	Ottawa	Master A	PR22-01630	CMMA.3	58:03.43	-2 laps	17.93	9:20.32	9:37.85	9:44.41	9:47.75	9:44.10	9:49.00		
17	114	LESSARD, Samuel	Équipe Cycliste Maglia Rosa	Montreal	Master A	eocx114		59:18.64	-2 laps	17.55	10:43.16	9:20.29	9:39.82	9:51.72	9:46.76	9:56.89		
18	112	ROBERTS, Joshua		Ottawa	Master A	PR22-02941	CME.4	1:03:00.94	-2 laps	16.52	10:06.42	10:34.11	10:39.00	10:14.81	10:26.10	11:00.50		
DNF	120	WEIR, David	Nine2FivePro Cycling Team	Ottawa	Master A	ON74666	CMMA.3			19.92	8:53.19							