



# Eastern Ontario Cyclocross Series #5

November 06, 2022

Race 4 - Women (Women)

17.35 km, 1st lap 2.95 km, 5 more laps of 2.88 km, winner: 49:11 - 21.17 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	2	ELLIOTT, Natasha		Gatineau	Senior	eocx2		49:10.83		21.17	8:10.65	8:14.07	8:13.18	8:06.50	8:14.77	8:11.66
2	4	FLYNN, Emily	LA Sweat	Ottawa	Senior	ON74083	CWE.1	49:27.54	0'16.71"	21.05	8:14.85	8:11.67	8:11.05	8:07.48	8:18.22	8:24.25
3	1	WENDLAND, Jodi	The Cyclery	Ottawa	Senior	ON74742	CWMA	50:07.46	0'56.63"	20.77	8:13.34	8:14.38	8:14.80	8:22.94	8:34.68	8:27.31
4	280	SMITH, Ella	Ottawa Bicycle Club	Ottawa	U17	ON74313	CWU17	51:07.08	1'56.25"	20.36	8:11.20	8:13.93	8:13.55	8:44.47	9:01.01	8:42.91
5	420	HARRISON, Suzanne	euro-sports	Ottawa	Master C	PR22-01070	CWMB	52:30.91	3'20.09"	19.82	8:41.68	8:39.15	8:44.16	8:51.02	8:48.12	8:46.78
6	421	TESSIER, Sonia	Ottawa Women?s Cycling Club	Gatineau	Master C	PR22-01195	CWMB	52:59.15	3'48.33"	19.65	8:48.80	8:45.27	8:50.43	8:44.86	8:46.35	9:03.43
7	127	GILLAN, Nancy	Agowatt	Gatineau	Master A	eocx127		53:10.43	3'59.60"	19.58	8:45.24	8:44.97	8:51.00	8:52.78	9:06.68	8:49.74
8	190	MELLON, Alyssa	The Cyclery	Ottawa	Master B	PR22-02954	CWMA	53:21.52	4'10.69"	19.51	8:59.09	8:53.00	8:57.84	8:47.39	9:00.57	8:43.62
9	192	BERTHIAUME, Alicia	GearHeads	Pembroke	Master B	PR22-02872	CWMB	53:40.09	4'29.27"	19.40	8:46.01	8:55.33	8:52.88	8:57.61	9:02.49	9:05.78
10	83	PERRON, Dorothée	Ottawa Bicycle Club	Gatineau	U19 JrF	PR22-02764	CWE.4	53:52.50	4'41.68"	19.32	9:13.86	8:48.44	9:00.73	9:05.73	8:54.69	8:49.05
11	5	EVERSON, Sara	The Cyclery	Ottawa	Senior	ON74744	CWE.3	54:18.74	5'07.91"	19.17	8:58.26	8:53.98	9:01.47	9:03.77	9:05.43	9:15.83
12	10	STROUD, Raylan		Stittsville	Senior	ON75069	CWE.3	55:15.87	6'05.05"	18.84	9:00.60	9:09.46	9:21.59	9:09.57	9:16.36	9:18.29
13	180	FICKER, Christine	euro-sports	Carp	Master B	PR22-01533	CWMB	55:52.29	6'41.46"	18.63	9:10.28	9:11.32	9:20.40	9:25.61	9:17.60	9:27.08
14	186	FOURNIER, Véronique	Agowatt	Chelsea	Master B	QC52095		56:10.28	6'59.45"	18.53	8:56.23	9:04.04	9:32.33	9:28.64	9:33.94	9:35.09
15	80	DAWSON, Cait	Ottawa Bicycle Club	Ottawa	U19 JrF	ON74129	CWE.3	56:28.70	7'17.87"	18.43	9:11.75	9:12.64	9:21.84	9:26.53	9:50.10	9:25.83
16	8	VARAH, Nina		Ottawa	Senior	PR22-02953	CWE.3	56:35.58	7'24.76"	18.39	9:46.01	9:16.92	9:26.92	9:24.93	9:26.26	9:14.54
17	11	DERTINGER, Caitlin		Ottawa	Senior	PR22-02989	CWE.3	57:10.86	8'00.04"	18.21	9:33.10	9:31.82	9:40.93	9:40.08	9:20.64	9:24.29
18	423	VEILLEUX, Isabelle	Agowatt	Chelsea	Master C	eocx423		57:19.46	8'08.64"	18.16	9:12.71	9:19.33	9:40.79	9:45.81	9:40.46	9:40.36
19	432	MOUSSEAU, Nathalie		Stittsville	Master C	ON74907	CWMB	58:44.64	9'33.82"	17.72	9:34.43	9:41.16	9:47.99	9:55.62	9:51.55	9:53.90
20	65	GIROUARD, Marcie	euro-sports	Ottawa	Master D	ON74596	CWMD	49:13.19	-1 lap	17.64	9:49.12	9:50.43	9:46.39	9:39.53	10:07.73	
21	183	MCKENNA, Tammy	The Cyclery	Stittsville	Master B	PR22-02867	CWMB	49:24.99	-1 lap	17.57	10:26.54	9:37.15	9:50.06	9:37.42	9:53.81	
22	189	ROCHON, Marie-Helene	Centre du Vélo La Shop	Gatineau	Master B	eocx189		49:43.85	-1 lap	17.46	9:52.17	9:49.14	9:56.23	9:58.23	10:08.08	
23	817	BACIK, Andrea		Woodstock	Master D	ON74783	CWMC	50:08.07	-1 lap	17.32	10:00.53	9:47.33	10:06.77	10:06.37	10:07.07	
24	331	BROOKS, Josephine	Ottawa Bicycle Club	Nepean	U15 Girls	ON74504	CWU15	51:01.53	-1 lap	17.02	10:02.59	10:17.86	10:13.13	10:23.92	10:04.04	
25	187	BROOKS, Melissa	Ottawa Bicycle Club	Nepean	Master B	PR22-00806	CWMB	51:11.69	-1 lap	16.96	10:19.72	10:00.98	10:19.14	10:18.22	10:13.63	
26	3	BAKKER, Lauryn	Bakker?s Trailblazers	Stittsville	Senior	PR22-00600	CWE.3	51:41.68	-1 lap	16.79	9:58.00	10:19.10	10:30.04	10:28.34	10:26.20	
27	126	GLENDENNING, Carlee	Ottawa Women?s Cycling Club	Kanata	Master A	PR22-00770	CWE.3	52:32.70	-1 lap	16.52	10:41.30	10:44.81	10:26.13	10:13.28	10:27.17	
28	431	BEREZNAI, Claudia	Ottawa Bicycle Club	Ottawa	Master C	PR22-00733	CWMB	52:34.48	-1 lap	16.51	10:29.91	10:06.61	10:56.01	10:40.08	10:21.86	
29	12	DRESSLER, Emma	Ride with Rendall p/b Biemme	Ottawa	Senior	ON74403	CWE.2	54:03.15	-1 lap	16.06	10:37.58	10:35.69	11:02.22	10:41.52	11:06.15	
30	838	TARDIF, Genevieve	Ottawa Bicycle Club	Gatineau	Master B			54:14.84	-1 lap	16.00	12:15.68	10:36.05	10:32.50	10:26.98	10:23.64	
31	427	FAUVELLE, H�el�ene	�quipe F�eminine Polo V�elo	Gatineau	Master C	eocx427		54:15.07	-1 lap	16.00	10:32.88	10:48.96	11:01.84	10:56.83	10:54.56	
32	841	WAGENMAN, Emma	Ride with Rendall p/b Biemme	Ottawa	Senior	PR22-00971	CWE.3	54:19.34	-1 lap	15.98	10:37.89	10:36.29	10:59.92	11:12.87	10:52.36	
33	282	MOON, Emma	Bakker?s Trailblazers	Stittsville	U17	PR22-02482	CWU17	54:23.36	-1 lap	15.96	11:09.11	10:33.24	10:32.39	11:18.18	10:50.44	
34	425	FERA, Kim	euro-sports	Chelsea	Master C	PR22-01380	CWMC	54:42.00	-1 lap	15.87	10:57.41	10:43.60	10:54.15	11:10.73	10:56.11	
35	429	COURTEMANCHE, Cindy	Ottawa Women?s Cycling Club	Ottawa	Master C	PR22-02508	CWMB	55:41.70	-1 lap	15.59	10:29.36	10:30.21	10:48.80	11:43.05	12:10.29	
36	66	BOUCHER, Lucie	Ottawa Women?s Cycling Club	Gatineau	Master D	PR22-00074	CWMC	1:00:28.68	-2 laps	11.50	14:25.38	14:40.14	15:41.96	15:41.20		
DNF	330	DANIELS, Heidi	Ottawa Bicycle Club	Ottawa	U15 Girls	PR22-01823	CWU15			15.89	10:58.39	10:59.38	10:55.14			
DNF	185	ALBERS, Christina	Ottawa Bicycle Club	Ottawa	Master B	PR22-00709	CWMA			16.09	10:43.76	11:00.94				
DNF	422	ALLEN, Valery		Cornwall	Master C	PR22-00217	CWMB									



# Eastern Ontario Cyclocross Series #5

November 06, 2022

Master A 30-39 (Women)

17.35 km, 1st lap 2.95 km, 5 more laps of 2.88 km, winner: 53:10 - 19.58 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	127	GILLAN, Nancy	Agowatt	Gatineau	Master A	eocx127		53:10.43		19.58	8:45.24	8:44.97	8:51.00	8:52.78	9:06.68	8:49.74
2	126	GLENDENNING, Carlee	Ottawa Women?s Cycling Club	Kanata	Master A	PR22-00770	CWE.3	52:32.70	-1 lap	16.52	10:41.30	10:44.81	10:26.13	10:13.28	10:27.17	



# Eastern Ontario Cyclocross Series #5

November 06, 2022

U19 (Junior) (Women)

17.35 km, 1st lap 2.95 km, 5 more laps of 2.88 km, winner: 53:53 - 19.32 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	83	PERRON, Dorothée	Ottawa Bicycle Club	Gatineau	U19 JrF	PR22-02764	CWE.4	53:52.50		19.32	9:13.86	8:48.44	9:00.73	9:05.73	8:54.69	8:49.05
2	80	DAWSON, Cait	Ottawa Bicycle Club	Ottawa	U19 JrF	ON74129	CWE.3	56:28.70	2'36.19"	18.43	9:11.75	9:12.64	9:21.84	9:26.53	9:50.10	9:25.83



# Eastern Ontario Cyclocross Series #5

November 06, 2022

Master B 40-49 (Women)

17.35 km, 1st lap 2.95 km, 5 more laps of 2.88 km, winner: 53:22 - 19.51 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	190	MELLON, Alyssa	The Cyclery	Ottawa	Master B	PR22-02954	CWMA	53:21.52		19.51	8:59.09	8:53.00	8:57.84	8:47.39	9:00.57	8:43.62
2	192	BERTHIAUME, Alicia	GearHeads	Pembroke	Master B	PR22-02872	CWMB	53:40.09	0'18.58"	19.40	8:46.01	8:55.33	8:52.88	8:57.61	9:02.49	9:05.78
3	180	FICKER, Christine	euro-sports	Carp	Master B	PR22-01533	CWMB	55:52.29	2'30.77"	18.63	9:10.28	9:11.32	9:20.40	9:25.61	9:17.60	9:27.08
4	186	FOURNIER, Véronique	Agowatt	Chelsea	Master B	QC52095		56:10.28	2'48.76"	18.53	8:56.23	9:04.04	9:32.33	9:28.64	9:33.94	9:35.09
5	183	MCKENNA, Tammy	The Cyclery	Stittsville	Master B	PR22-02867	CWMB	49:24.99	-1 lap	17.57	10:26.54	9:37.15	9:50.06	9:37.42	9:53.81	
6	189	ROCHON, Marie-Helene	Centre du Vélo La Shop	Gatineau	Master B	eocx189		49:43.85	-1 lap	17.46	9:52.17	9:49.14	9:56.23	9:58.23	10:08.08	
7	187	BROOKS, Melissa	Ottawa Bicycle Club	Nepean	Master B	PR22-00806	CWMB	51:11.69	-1 lap	16.96	10:19.72	10:00.98	10:19.14	10:18.22	10:13.63	
8	838	TARDIF, Genevieve	Ottawa Bicycle Club	Gatineau	Master B			54:14.84	-1 lap	16.00	12:15.68	10:36.05	10:32.50	10:26.98	10:23.64	
DNF	185	ALBERS, Christina	Ottawa Bicycle Club	Ottawa	Master B	PR22-00709	CWMA			16.09	10:43.76	11:00.94				



# Eastern Ontario Cyclocross Series #5

November 06, 2022

Senior (Women)

17.35 km, 1st lap 2.95 km, 5 more laps of 2.88 km, winner: 49:11 - 21.17 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	2	ELLIOTT, Natasha		Gatineau	Senior	eocx2		49:10.83		21.17	8:10.65	8:14.07	8:13.18	8:06.50	8:14.77	8:11.66
2	4	FLYNN, Emily	LA Sweat	Ottawa	Senior	ON74083	CWE.1	49:27.54	0'16.71"	21.05	8:14.85	8:11.67	8:11.05	8:07.48	8:18.22	8:24.25
3	1	WENDLAND, Jodi	The Cyclery	Ottawa	Senior	ON74742	CWMA	50:07.46	0'56.63"	20.77	8:13.34	8:14.38	8:14.80	8:22.94	8:34.68	8:27.31
4	5	EVERSON, Sara	The Cyclery	Ottawa	Senior	ON74744	CWE.3	54:18.74	5'07.91"	19.17	8:58.26	8:53.98	9:01.47	9:03.77	9:05.43	9:15.83
5	10	STROUD, Raylan		Stittsville	Senior	ON75069	CWE.3	55:15.87	6'05.05"	18.84	9:00.60	9:09.46	9:21.59	9:09.57	9:16.36	9:18.29
6	8	VARAH, Nina		Ottawa	Senior	PR22-02953	CWE.3	56:35.58	7'24.76"	18.39	9:46.01	9:16.92	9:26.92	9:24.93	9:26.26	9:14.54
7	11	DERTINGER, Caitlin		Ottawa	Senior	PR22-02989	CWE.3	57:10.86	8'00.04"	18.21	9:33.10	9:31.82	9:40.93	9:40.08	9:20.64	9:24.29
8	3	BAKKER, Lauryn	Bakker?s Trailblazers	Stittsville	Senior	PR22-00600	CWE.3	51:41.68	-1 lap	16.79	9:58.00	10:19.10	10:30.04	10:28.34	10:26.20	
9	12	DRESSLER, Emma	Ride with Rendall p/b Biemme	Ottawa	Senior	ON74403	CWE.2	54:03.15	-1 lap	16.06	10:37.58	10:35.69	11:02.22	10:41.52	11:06.15	
10	841	WAGENMAN, Emma	Ride with Rendall p/b Biemme	Ottawa	Senior	PR22-00971	CWE.3	54:19.34	-1 lap	15.98	10:37.89	10:36.29	10:59.92	11:12.87	10:52.36	



# Eastern Ontario Cyclocross Series #5

November 06, 2022

Master C 50-59 (Women)

17.35 km, 1st lap 2.95 km, 5 more laps of 2.88 km, winner: 52:31 - 19.82 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	420	HARRISON, Suzanne	euro-sports	Ottawa	Master C	PR22-01070	CWMB	52:30.91		19.82	8:41.68	8:39.15	8:44.16	8:51.02	8:48.12	8:46.78
2	421	TESSIER, Sonia	Ottawa Women?s Cycling Club	Gatineau	Master C	PR22-01195	CWMB	52:59.15	0'28.24"	19.65	8:48.80	8:45.27	8:50.43	8:44.86	8:46.35	9:03.43
3	423	VEILLEUX, Isabelle	Agowatt	Chelsea	Master C	eocx423		57:19.46	4'48.55"	18.16	9:12.71	9:19.33	9:40.79	9:45.81	9:40.46	9:40.36
4	432	MOUSSEAU, Nathalie		Stittsville	Master C	ON74907	CWMB	58:44.64	6'13.73"	17.72	9:34.43	9:41.16	9:47.99	9:55.62	9:51.55	9:53.90
5	431	BEREZNAI, Claudia	Ottawa Bicycle Club	Ottawa	Master C	PR22-00733	CWMB	52:34.48	-1 lap	16.51	10:29.91	10:06.61	10:56.01	10:40.08	10:21.86	
6	427	FAUVELLE, H�el�ene	�quipe F�eminine Polo V�elo	Gatineau	Master C	eocx427		54:15.07	-1 lap	16.00	10:32.88	10:48.96	11:01.84	10:56.83	10:54.56	
7	425	FERA, Kim	euro-sports	Chelsea	Master C	PR22-01380	CWMC	54:42.00	-1 lap	15.87	10:57.41	10:43.60	10:54.15	11:10.73	10:56.11	
8	429	COURTEMANCHE, Cindy	Ottawa Women?s Cycling Club	Ottawa	Master C	PR22-02508	CWMB	55:41.70	-1 lap	15.59	10:29.36	10:30.21	10:48.80	11:43.05	12:10.29	
DNF	422	ALLEN, Valery		Cornwall	Master C	PR22-00217	CWMB									



# Eastern Ontario Cyclocross Series #5

November 06, 2022

Under 15 Girls (Women)

14.47 km, 1st lap 2.95 km, 4 more laps of 2.88 km, winner: 51:02 - 17.02 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	331	BROOKS, Josephine	Ottawa Bicycle Club	Nepean	U15 Girls	ON74504	CWU15	51:01.53		17.02	10:02.59	10:17.86	10:13.13	10:23.92	10:04.04
DNF	330	DANIELS, Heidi	Ottawa Bicycle Club	Ottawa	U15 Girls	PR22-01823	CWU15			15.89	10:58.39	10:59.38	10:55.14		



# Eastern Ontario Cyclocross Series #5

November 06, 2022

Master D 60+ (Women)

14.47 km, 1st lap 2.95 km, 4 more laps of 2.88 km, winner: 49:13 - 17.64 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	65	GIROUARD, Marcie	euro-sports	Ottawa	Master D	ON74596	CWMD	49:13.19		17.64	9:49.12	9:50.43	9:46.39	9:39.53	10:07.73
2	817	BACIK, Andrea		Woodstock	Master D	ON74783	CWMC	50:08.07	0'54.88"	17.32	10:00.53	9:47.33	10:06.77	10:06.37	10:07.07
3	66	BOUCHER, Lucie	Ottawa Women?s Cycling Club	Gatineau	Master D	PR22-00074	CWMC	1:00:28.68	-1 lap	11.50	14:25.38	14:40.14	15:41.96	15:41.20	





# Eastern Ontario Cyclocross Series #5

November 06, 2022

Under 17 Girls (Women)

17.35 km, 1st lap 2.95 km, 5 more laps of 2.88 km, winner: 51:07 - 20.36 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	280	SMITH, Ella	Ottawa Bicycle Club	Ottawa	U17	ON74313	CWU17	51:07.08		20.36	8:11.20	8:13.93	8:13.55	8:44.47	9:01.01	8:42.91
2	282	MOON, Emma	Bakker?s Trailblazers	Stittsville	U17	PR22-02482	CWU17	54:23.36	-1 lap	15.96	11:09.11	10:33.24	10:32.39	11:18.18	10:50.44	