



Eastern Ontario Cyclocross Series #3

October 16, 2022

Race 4 - Women (Women)

16.41 km, 1st lap 2.86 km, 5 more laps of 2.71 km, winner: 54:18 - 18.13 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	2	ELLIOTT, Natasha		Gatineau	Senior	eocx2		54:18.08		18.13	8:52.73	8:58.90	8:57.39	9:03.65	9:16.64	9:08.77
2	4	FLYNN, Emily	LA Sweat	Ottawa	Senior	ON74083	CWE.1	54:50.05	0'31.98"	17.96	9:04.80	9:06.03	9:09.76	9:12.21	9:17.03	9:00.23
3	1	WENDLAND, Jodi	The Cyclery	Ottawa	Senior	ON74742	CWMA	55:14.53	0'56.46"	17.82	9:13.14	8:58.13	9:03.72	9:14.17	9:16.43	9:28.94
4	5	EVERSON, Sara	The Cyclery	Ottawa	Senior	ON74744	CWE.3	55:53.43	1'35.35"	17.62	9:15.81	9:12.80	9:10.41	9:25.12	9:24.41	9:24.87
5	280	SMITH, Ella	Ottawa Bicycle Club	Ottawa	U17	ON74313	CWU17	56:23.70	2'05.63"	17.46	8:49.86	9:17.24	9:31.33	9:32.23	9:47.81	9:25.23
6	420	HARRISON, Suzanne	euro-sports	Ottawa	Master C	PR22-01070	CWMB	57:00.88	2'42.81"	17.27	9:21.84	9:17.42	9:26.22	9:33.23	9:34.88	9:47.30
7	190	MELLON, Alyssa	The Cyclery	Ottawa	Master B	PR22-02954	CWMA	57:32.53	3'14.46"	17.11	10:08.64	9:39.67	9:32.88	9:25.53	9:23.15	9:22.67
8	128	GARRETT, Caitlin	613 Cycling	Ottawa	Master A	PR22-02826	CWMA	57:44.84	3'26.77"	17.05	9:30.64	9:28.98	9:48.49	9:43.52	9:39.17	9:34.04
9	421	TESSIER, Sonia	Ottawa Women's Cycling Club	Gatineau	Master C	PR22-01195	CWMB	57:50.66	3'32.58"	17.02	9:29.44	9:32.46	9:48.27	9:43.43	9:38.94	9:38.11
10	9	HEMPSTEAD, Lucy	Emotional.FR Tornatech GSC Blagnac	Ottawa	Senior	ON74091	CWE.1	58:38.56	4'20.49"	16.79	10:01.31	9:34.01	9:33.68	9:39.59	9:51.59	9:58.39
11	800	ARPIN, Alexane	Vélo Pays d'en Haut	Mercier	U15 Girls	50265		59:59.09	5'41.02"	16.41	9:55.00	9:37.44	9:35.98	9:37.38	10:27.32	10:45.97
12	10	STROUD, Raylan		Stittsville	Senior	ON75069	CWE.3	1:00:07.39	5'49.32"	16.38	10:03.39	9:44.56	10:05.72	10:00.01	10:03.20	10:10.52
13	180	FICKER, Christine	euro-sports	Carp	Master B	PR22-01533	CWMB	1:00:10.66	5'52.58"	16.36	10:03.23	9:53.85	9:57.86	10:11.14	10:07.12	9:57.46
14	181	EDWARDS, Stephanie	Ottawa Bicycle Club	Ottawa	Master B	PR22-01824	CWMB	1:00:12.97	5'54.90"	16.35	10:24.20	10:00.42	10:03.20	9:51.47	9:59.11	9:54.57
15	127	GILLAN, Nancy	Agowatt	Gatineau	Master A	eocx127		1:01:04.09	6'46.01"	16.12	9:55.20	10:10.65	10:08.68	10:20.92	10:16.61	10:12.02
16	8	VARAH, Nina		Ottawa	Senior	PR22-02953	CWE.3	1:01:08.16	6'50.09"	16.11	10:30.08	10:01.11	9:59.83	10:19.59	10:13.54	10:04.02
17	186	FOURNIER, Véronique	Agowatt	Chelsea	Master B	QC52095		1:01:34.80	7'16.72"	15.99	10:21.60	9:56.31	9:56.14	10:28.28	10:27.10	10:25.38
18	80	DAWSON, Cait	Ottawa Bicycle Club	Ottawa	U19 JrF	ON74129	CWE.3	1:01:41.68	7'23.61"	15.96	9:50.67	9:55.02	10:19.82	10:35.71	10:41.90	10:18.57
19	422	ALLEN, Valery		Cornwall	Master C	PR22-00217	CWMB	1:01:50.14	7'32.07"	15.92	10:11.46	10:11.41	10:17.43	10:29.49	10:23.38	10:16.97
20	11	DETINGER, Caitlin		Ottawa	Senior	PR22-02989	CWE.3	1:02:04.80	7'46.72"	15.86	10:29.73	10:47.86	10:18.45	10:14.34	10:13.17	10:01.25
21	423	VELLEUX, Isabelle	Agowatt	Chelsea	Master C	eocx423		1:02:23.06	8'04.99"	15.78	10:22.57	10:11.38	10:17.05	10:41.97	10:09.86	10:40.24
22	191	SZIGETI, Naomi	The Cyclery	Ottawa	Master B	PR22-02973	CWMB	1:03:06.70	8'48.63"	15.60	10:26.47	10:27.46	10:27.05	10:24.69	10:37.10	10:43.93
23	65	GIROUARD, Marcie	euro-sports	Ottawa	Master D	ON74596	CWMD	1:03:46.20	9'28.12"	15.44	10:34.01	10:29.15	10:21.61	10:24.44	10:59.83	10:57.16
24	182	FILLION, Caroline	Agowatt	Gatineau	Master B	eocx182		1:04:44.95	10'26.87"	15.21	10:39.70	10:22.68	10:36.30	10:54.76	11:00.96	11:10.55
25	449	ROCHON, Marie-Helene	Centre du Vélo La Shop	Gatineau	Master B	eocx189		1:05:12.66	10'54.59"	15.10	10:50.17	10:42.98	10:47.43	11:00.61	10:54.41	10:57.07
26	772	BACIK, Andrea		Woodstock	Master D	ON74783	CWMC	54:55.47	-1 lap	14.97	10:57.14	10:50.71	10:54.50	11:01.52	11:11.61	
27	788	DRESSLER, Emma	Ride with Rendall p/b Biemme	Ottawa	Senior	ON74403	CWE.2	55:21.00	-1 lap	14.85	11:24.94	10:40.68	11:02.10	11:13.28	11:00.00	
28	770	KELSO, Emilie	Shadow Team	Aylmer	Senior	ON74553	CWE.3	55:50.73	-1 lap	14.72	10:48.77	11:16.67	11:21.40	11:16.55	11:07.33	
29	187	BROOKS, Melissa	Ottawa Bicycle Club	Nepean	Master B	PR22-00806	CWMB	55:53.18	-1 lap	14.71	11:40.90	11:16.23	10:54.60	11:01.44	11:00.02	
30	3	BAKKER, Lauryn	Bakker's Trailblazers	Stittsville	Senior	PR22-00600	CWE.3	56:13.51	-1 lap	14.62	11:13.60	11:02.46	11:14.80	11:25.88	11:16.77	
31	183	MCKENNA, Tammy	The Cyclery	Stittsville	Master B	PR22-02867	CWMB	56:41.17	-1 lap	14.50	12:00.56	11:17.32	11:10.68	10:59.98	11:12.63	
32	795	CÔTÉ, Chantal	Agowatt	Gatineau	Master C			56:51.00	-1 lap	14.46	11:40.49	11:15.03	11:02.48	11:27.00	11:26.00	
33	331	BROOKS, Josephine	Ottawa Bicycle Club	Nepean	U15 Girls	ON74504	CWU15	57:02.92	-1 lap	14.41	11:33.75	11:22.96	11:22.49	11:35.72	11:08.00	
34	431	BEREZNAI, Claudia	Ottawa Bicycle Club	Ottawa	Master C	PR22-00733	CWMB	57:03.95	-1 lap	14.40	11:34.28	11:21.18	11:27.36	11:29.30	11:11.83	
35	194	GRIEVE, Natalie		Kanata	Master B	PR22-02987	CWMB	57:18.18	-1 lap	14.34	11:19.58	11:28.32	11:32.99	11:27.94	11:29.35	
36	427	FAUVELLE, Hélène	Équipe Féminine Polo Vélo	Gatineau	Master C	eocx427		57:25.30	-1 lap	14.32	10:54.91	11:05.11	11:40.29	11:44.44	12:00.54	
37	425	FERA, Kim	euro-sports	Chelsea	Master C	PR22-01380	CWMC	57:35.97	-1 lap	14.27	11:16.53	11:35.66	11:38.96	11:31.17	11:33.66	
38	330	DANIELS, Heidi	Ottawa Bicycle Club	Ottawa	U15 Girls	PR22-01823	CWU15	57:46.51	-1 lap	14.23	11:35.30	11:24.22	11:24.58	11:46.60	11:35.81	
39	185	ALBERS, Christina	Ottawa Bicycle Club	Ottawa	Master B	PR22-00709	CWMA	58:24.83	-1 lap	14.07	11:20.43	11:38.29	11:27.80	11:54.13	12:04.19	
40	126	GLENDENNING, Carlee	Ottawa Women's Cycling Club	Kanata	Master A	PR22-00770	CWE.3	58:32.13	-1 lap	14.04	11:39.83	11:36.47	11:47.41	11:52.19	11:36.24	
41	806	VELLEUX, Zoe-Alexa	Les Cuisses Or De L'Ouïaouais	Gatineau	U15 Girls			59:12.69	-1 lap	13.88	11:12.57	11:30.38	11:37.20	12:03.34	12:49.20	
42	82	POLL, Charlotte	Ottawa Bicycle Club	Ottawa	U19 JrF	ON74360	CWE.3	59:51.49	-1 lap	13.73	11:13.28	11:58.83	13:04.75	12:26.57	11:08.07	
43	282	MOON, Emma	Bakker's Trailblazers	Stittsville	U17	PR22-02482	CWU17	1:00:01.39	-1 lap	13.69	11:44.33	11:44.06	12:06.32	12:12.71	12:13.97	
44	430	RACETTE, Marie-Eve	Ottawa Bicycle Club	Ottawa	Master C	PR22-00683	CWMB	1:00:29.67	-1 lap	13.59	11:52.49	11:52.96	12:11.39	12:11.42	12:21.41	
45	798	DUFRESNE, Chantal	Agowatt	Gatineau	Master B			1:00:40.44	-1 lap	13.55	12:15.45	11:58.42	11:59.33	12:14.66	12:12.59	
46	66	BOUCHER, Lucie	Ottawa Women's Cycling Club	Gatineau	Master D	PR22-00074	CWMC	59:17.77	-2 laps	11.12	14:12.43	14:31.76	15:00.86	15:32.73		
DNF	432	MOUSSEAU, Nathalie		Stittsville	Master C	ON74907	CWMB			15.13	10:51.67	10:42.35	10:55.61	11:04.49		
DNF	7	MCNAUGHTAN, Abigail	Ottawa Bicycle Club	Ottawa	Senior	PR22-00623	CWE.2			16.73	10:15.35					



Eastern Ontario Cyclocross Series #3

October 16, 2022

Master A 30-39 (Women)

16.41 km, 1st lap 2.86 km, 5 more laps of 2.71 km, winner: 57:45 - 17.05 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	128	GARRETT, Caitlin	613 Cycling	Ottawa	Master A	PR22-02826	CWMA	57:44.84		17.05	9:30.64	9:28.98	9:48.49	9:43.52	9:39.17	9:34.04
2	127	GILLAN, Nancy	Agowatt	Gatineau	Master A	eocx127		1:01:04.09	3'19.24"	16.12	9:55.20	10:10.65	10:08.68	10:20.92	10:16.61	10:12.02
3	126	GLENDENNING, Carlee	Ottawa Women's Cycling Club	Kanata	Master A	PR22-00770	CWE.3	58:32.13	-1 lap	14.04	11:39.83	11:36.47	11:47.41	11:52.19	11:36.24	



Eastern Ontario Cyclocross Series #3

October 16, 2022

U19 (Junior) (Women)

16.41 km, 1st lap 2.86 km, 5 more laps of 2.71 km, winner: 1:01:42 - 15.96 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	80	DAWSON, Cait	Ottawa Bicycle Club	Ottawa	U19 JrF	ON74129	CWE.3	1:01:41.68		15.96	9:50.67	9:55.02	10:19.82	10:35.71	10:41.90	10:18.57
2	82	POLL, Charlotte	Ottawa Bicycle Club	Ottawa	U19 JrF	ON74360	CWE.3	59:51.49	-1 lap	13.73	11:13.28	11:58.83	13:04.75	12:26.57	11:08.07	



Eastern Ontario Cyclocross Series #3

October 16, 2022

Master B 40-49 (Women)

16.41 km, 1st lap 2.86 km, 5 more laps of 2.71 km, winner: 57:33 - 17.11 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	190	MELLON, Alyssa	The Cyclery	Ottawa	Master B	PR22-02954	CWMA	57:32.53		17.11	10:08.64	9:39.67	9:32.88	9:25.53	9:23.15	9:22.67
2	180	FICKER, Christine	euro-sports	Carp	Master B	PR22-01533	CWMB	1:00:10.66	2'38.12"	16.36	10:03.23	9:53.85	9:57.86	10:11.14	10:07.12	9:57.46
3	181	EDWARDS, Stephanie	Ottawa Bicycle Club	Ottawa	Master B	PR22-01824	CWMB	1:00:12.97	2'40.44"	16.35	10:24.20	10:00.42	10:03.20	9:51.47	9:59.11	9:54.57
4	186	FOURNIER, Véronique	Agowatt	Chelsea	Master B	QC52095		1:01:34.80	4'02.26"	15.99	10:21.60	9:56.31	9:56.14	10:28.28	10:27.10	10:25.38
5	191	SZIGETI, Naomi	The Cyclery	Ottawa	Master B	PR22-02973	CWMB	1:03:06.70	5'34.17"	15.60	10:26.47	10:27.46	10:27.05	10:24.69	10:37.10	10:43.93
6	182	FILLION, Caroline	Agowatt	Gatineau	Master B	eocx182		1:04:44.95	7'12.41"	15.21	10:39.70	10:22.68	10:36.30	10:54.76	11:00.96	11:10.55
7	449	ROCHON, Marie-Helene	Centre du Vélo La Shop	Gatineau	Master B	eocx189		1:05:12.66	7'40.13"	15.10	10:50.17	10:42.98	10:47.43	11:00.61	10:54.41	10:57.07
8	187	BROOKS, Melissa	Ottawa Bicycle Club	Nepean	Master B	PR22-00806	CWMB	55:53.18	-1 lap	14.71	11:40.90	11:16.23	10:54.60	11:01.44	11:00.02	
9	183	MCKENNA, Tammy	The Cyclery	Stittsville	Master B	PR22-02867	CWMB	56:41.17	-1 lap	14.50	12:00.56	11:17.32	11:10.68	10:59.98	11:12.63	
10	194	GRIEVE, Natalie		Kanata	Master B	PR22-02987	CWMB	57:18.18	-1 lap	14.34	11:19.58	11:28.32	11:32.99	11:27.94	11:29.35	
11	185	ALBERS, Christina	Ottawa Bicycle Club	Ottawa	Master B	PR22-00709	CWMA	58:24.83	-1 lap	14.07	11:20.43	11:38.29	11:27.80	11:54.13	12:04.19	
12	798	DUFRESNE, Chantal	Agowatt	Gatineau	Master B			1:00:40.44	-1 lap	13.55	12:15.45	11:58.42	11:59.33	12:14.66	12:12.59	



Eastern Ontario Cyclocross Series #3

October 16, 2022

Senior (Women)

16.41 km, 1st lap 2.86 km, 5 more laps of 2.71 km, winner: 54:18 - 18.13 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	2	ELLIOTT, Natasha		Gatineau	Senior	eocx2		54:18.08		18.13	8:52.73	8:58.90	8:57.39	9:03.65	9:16.64	9:08.77
2	4	FLYNN, Emily	LA Sweat	Ottawa	Senior	ON74083	CWE.1	54:50.05	0'31.98"	17.96	9:04.80	9:06.03	9:09.76	9:12.21	9:17.03	9:00.23
3	1	WENDLAND, Jodi	The Cyclery	Ottawa	Senior	ON74742	CWMA	55:14.53	0'56.46"	17.82	9:13.14	8:58.13	9:03.72	9:14.17	9:16.43	9:28.94
4	5	EVERSON, Sara	The Cyclery	Ottawa	Senior	ON74744	CWE.3	55:53.43	1'35.35"	17.62	9:15.81	9:12.80	9:10.41	9:25.12	9:24.41	9:24.87
5	9	HEMPSTEAD, Lucy	Emotional.FR Tornatech GSC Blagnac	Ottawa	Senior	ON74091	CWE.1	58:38.56	4'20.49"	16.79	10:01.31	9:34.01	9:33.68	9:39.59	9:51.59	9:58.39
6	10	STROUD, Raylan		Stittsville	Senior	ON75069	CWE.3	1:00:07.39	5'49.32"	16.38	10:03.39	9:44.56	10:05.72	10:00.01	10:03.20	10:10.52
7	8	VARAH, Nina		Ottawa	Senior	PR22-02953	CWE.3	1:01:08.16	6'50.09"	16.11	10:30.08	10:01.11	9:59.83	10:19.59	10:13.54	10:04.02
8	11	DERTINGER, Caitlin		Ottawa	Senior	PR22-02989	CWE.3	1:02:04.80	7'46.72"	15.86	10:29.73	10:47.86	10:18.45	10:14.34	10:13.17	10:01.25
9	788	DRESSLER, Emma	Ride with Rendall p/b Biemme	Ottawa	Senior	ON74403	CWE.2	55:21.00	-1 lap	14.85	11:24.94	10:40.68	11:02.10	11:13.28	11:00.00	
10	770	KELSO, Emilie	Shadow Team	Aylmer	Senior	ON74553	CWE.3	55:50.73	-1 lap	14.72	10:48.77	11:16.67	11:21.40	11:16.55	11:07.33	
11	3	BAKKER, Lauryn	Bakker?s Trailblazers	Stittsville	Senior	PR22-00600	CWE.3	56:13.51	-1 lap	14.62	11:13.60	11:02.46	11:14.80	11:25.88	11:16.77	
DNF	7	MCNAUGHTAN, Abigail	Ottawa Bicycle Club	Ottawa	Senior	PR22-00623	CWE.2			16.73	10:15.35					



Eastern Ontario Cyclocross Series #3

October 16, 2022

Master C 50-59 (Women)

16.41 km, 1st lap 2.86 km, 5 more laps of 2.71 km, winner: 57:01 - 17.27 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	420	HARRISON, Suzanne	euro-sports	Ottawa	Master C	PR22-01070	CWMB	57:00.88		17.27	9:21.84	9:17.42	9:26.22	9:33.23	9:34.88	9:47.30
2	421	TESSIER, Sonia	Ottawa Women's Cycling Club	Gatineau	Master C	PR22-01195	CWMB	57:50.66	0'49.77"	17.02	9:29.44	9:32.46	9:48.27	9:43.43	9:38.94	9:38.11
3	422	ALLEN, Valery		Cornwall	Master C	PR22-00217	CWMB	1:01:50.14	4'49.26"	15.92	10:11.46	10:11.41	10:17.43	10:29.49	10:23.38	10:16.97
4	423	VEILLEUX, Isabelle	Agowatt	Chelsea	Master C	eocx423		1:02:23.06	5'22.18"	15.78	10:22.57	10:11.38	10:17.05	10:41.97	10:09.86	10:40.24
5	795	CÔTÉ, Chantal	Agowatt	Gatineau	Master C			56:51.00	-1 lap	14.46	11:40.49	11:15.03	11:02.48	11:27.00	11:26.00	
6	431	BEREZNAI, Claudia	Ottawa Bicycle Club	Ottawa	Master C	PR22-00733	CWMB	57:03.95	-1 lap	14.40	11:34.28	11:21.18	11:27.36	11:29.30	11:11.83	
7	427	FAUVELLE, Hélène	Équipe Féminine Polo Vélo	Gatineau	Master C	eocx427		57:25.30	-1 lap	14.32	10:54.91	11:05.11	11:40.29	11:44.44	12:00.54	
8	425	FERA, Kim	euro-sports	Chelsea	Master C	PR22-01380	CWMC	57:35.97	-1 lap	14.27	11:16.53	11:35.66	11:38.96	11:31.17	11:33.66	
9	430	RACETTE, Marie-Eve	Ottawa Bicycle Club	Ottawa	Master C	PR22-00683	CWMB	1:00:29.67	-1 lap	13.59	11:52.49	11:52.96	12:11.39	12:11.42	12:21.41	
DNF	432	MOUSSEAU, Nathalie		Stittsville	Master C	ON74907	CWMB			15.13	10:51.67	10:42.35	10:55.61	11:04.49		



Eastern Ontario Cyclocross Series #3

October 16, 2022

Under 15 Girls (Women)

16.41 km, 1st lap 2.86 km, 5 more laps of 2.71 km, winner: 59:59 - 16.41 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	800	ARPIN, Alexane	Vélo Pays d'en Haut	Mercier	U15 Girls	50265		59:59.09		16.41	9:55.00	9:37.44	9:35.98	9:37.38	10:27.32	10:45.97
2	331	BROOKS, Josephine	Ottawa Bicycle Club	Nepean	U15 Girls	ON74504	CWU15	57:02.92	-1 lap	14.41	11:33.75	11:22.96	11:22.49	11:35.72	11:08.00	
3	330	DANIELS, Heidi	Ottawa Bicycle Club	Ottawa	U15 Girls	PR22-01823	CWU15	57:46.51	-1 lap	14.23	11:35.30	11:24.22	11:24.58	11:46.60	11:35.81	
4	806	VEILLEUX, Zoe-Alexa	Les Cuisses Or De L'Ouiaouais	Gatineau	U15 Girls			59:12.69	-1 lap	13.88	11:12.57	11:30.38	11:37.20	12:03.34	12:49.20	



Eastern Ontario Cyclocross Series #3

October 16, 2022

Master D 60+ (Women)

16.41 km, 1st lap 2.86 km, 5 more laps of 2.71 km, winner: 1:03:46 - 15.44 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	65	GIROUARD, Marcie	euro-sports	Ottawa	Master D	ON74596	CWMD	1:03:46.20		15.44	10:34.01	10:29.15	10:21.61	10:24.44	10:59.83	10:57.16
2	772	BACIK, Andrea		Woodstock	Master D	ON74783	CWMC	54:55.47	-1 lap	14.97	10:57.14	10:50.71	10:54.50	11:01.52	11:11.61	
3	66	BOUCHER, Lucie	Ottawa Women?s Cycling Club	Gatineau	Master D	PR22-00074	CWMC	59:17.77	-2 laps	11.12	14:12.43	14:31.76	15:00.86	15:32.73		



Eastern Ontario Cyclocross Series #3

October 16, 2022

Under 17 Girls (Women)

16.41 km, 1st lap 2.86 km, 5 more laps of 2.71 km, winner: 56:24 - 17.46 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	280	SMITH, Ella	Ottawa Bicycle Club	Ottawa	U17	ON74313	CWU17	56:23.70		17.46	8:49.86	9:17.24	9:31.33	9:32.23	9:47.81	9:25.23
2	282	MOON, Emma	Bakker?s Trailblazers	Stittsville	U17	PR22-02482	CWU17	1:00:01.39	-1 lap	13.69	11:44.33	11:44.06	12:06.32	12:12.71	12:13.97	