



# Eastern Ontario Cyclocross Series #5

November 14, 2021

Race 5 (Men)

22.23 km, 1st lap 2.28 km, 7 more laps of 2.85 km, winner: 1:04:07 - 20.80 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8
1	15	MCNEELY, Evan	2x4 Coaching	Ottawa	Senior	74365	1:04:06.74		20.80	6:21.17	8:01.05	8:06.63	8:08.13	8:11.39	8:22.74	8:29.08	8:26.54
2	19	OMURA, Tommy		Ottawa	Senior	CP21-02551	1:05:04.35	0'57.60"	20.50	6:19.92	8:12.41	8:26.58	8:17.35	8:23.08	8:29.99	8:35.41	8:19.60
3	22	WOODFORD, Alexander	Ride with Rendall p/b Biemme	Ottawa	Senior	74434	1:05:06.42	0'59.67"	20.49	6:46.77	8:26.78	8:16.47	8:16.01	8:26.47	8:21.41	8:23.66	8:08.84
4	77	DUARTE, Filipe	Ottawa Bicycle Club	Gatineau	Senior	CP21-00232	1:05:34.19	1'27.45"	20.34	6:21.78	8:07.04	8:22.91	8:23.33	8:20.36	8:26.25	8:33.01	8:59.52
5	14	PROULX, Steve	The Cyclery	Gatineau	Senior	eocx14	1:05:42.68	1'35.94"	20.30	6:30.12	8:22.06	8:25.60	8:26.07	8:26.01	8:30.24	8:27.91	8:34.69
6	27	MILLER, Michael	The Cyclery	Vanier	Senior	CP21-02426	1:06:11.90	2'05.15"	20.15	6:30.59	8:21.98	8:24.37	8:27.65	8:25.65	8:47.83	8:39.57	8:34.24
7	29	BAKKER, Osmond	Bakker?s Trailblazers	Stittsville	Senior	CP21-01137	1:06:19.38	2'12.63"	20.11	6:31.10	8:23.75	8:23.87	8:26.89	8:32.81	8:39.59	8:39.54	8:41.83
8	16	VAN DEN HAM, Doug	Nine2FivePro Cycling Team	Ottawa	Senior	74655	1:07:09.01	3'02.26"	19.86	6:34.25	8:20.36	8:26.56	8:27.54	8:43.99	8:49.59	8:52.66	8:54.05
9	21	KIRBY, Stephen	Full Cycle	Ottawa	Senior	74574	1:08:42.51	4'35.76"	19.41	6:36.18	8:36.33	8:49.11	9:00.07	9:05.79	8:50.84	8:44.49	8:59.70
10	17	ZAGAR, Myles		Ottawa	Senior	CP21-02561	1:09:22.54	5'15.80"	19.23	6:39.63	8:33.29	8:38.69	8:45.05	9:02.61	9:05.63	9:10.83	9:26.80
11	142	ROULEAU, Eric	Scott-RackUltra	Gatineau	Master A	51240	1:10:19.74	6'13.00"	18.97	6:43.31	8:55.61	9:04.10	8:57.65	9:00.66	9:02.10	9:16.46	9:19.86
12	100	LAFONTAINE, Bruno	Centre du Vélo La Shop	Gatineau	Master A	CP21-02535	1:10:40.06	6'33.31"	18.87	7:05.12	9:04.02	9:02.61	8:59.24	9:07.50	9:00.82	9:19.33	9:01.42
13	36	BURCUL, Zvonimir		Ottawa	Senior	CP21-02591	1:11:34.94	7'28.20"	18.63	7:01.57	8:52.11	8:56.08	9:56.84	9:15.29	9:08.67	9:11.31	9:13.09
14	113	DUGUAY, Jean-Philippe		Orleans	Master A	CP21-02555	1:11:38.52	7'31.78"	18.62	7:06.87	9:02.84	9:14.15	9:20.89	9:17.50	9:10.36	9:09.45	9:16.46
15	23	WOODFORD, Theodore	Ottawa Bicycle Club	Ottawa	Senior	74098	1:12:32.03	8'25.29"	18.39	6:44.42	9:02.58	9:09.96	9:14.12	9:15.81	9:39.27	9:38.78	9:47.07
16	112	SABATINO, Simon	CC Maraudeurs	Montreal	Master A	53718	1:12:50.36	8'43.61"	18.31	7:18.96	9:17.37	9:23.64	9:02.23	9:14.59	9:23.08	9:31.53	9:38.95
17	18	BOUDREAU, Marc	The Cyclery	Ottawa	Senior	74748	1:13:06.34	8'59.59"	18.24	7:15.19	9:16.91	9:18.32	9:14.83	9:18.48	9:26.11	9:35.55	9:40.96
18	101	DEDO, Carey	GearHeads Cycling Club	Pembroke	Master A	CP21-02407	1:13:11.18	9'04.44"	18.22	7:15.24	9:16.90	9:18.72	9:11.78	9:19.55	9:36.69	9:45.05	9:27.26
19	104	WOODFORD, Michael	Ride with Rendall p/b Biemme	Ottawa	Master A	74435	1:13:35.58	9'28.84"	18.12	7:29.46	9:17.42	9:18.62	9:21.39	9:25.54	9:34.81	9:28.22	9:40.13
20	33	HÉROUX, Alexander	euro-sports	Ottawa	Senior	CP21-02291	1:04:35.47	-1 lap	18.00	7:04.85	9:19.01	9:29.37	9:28.46	9:36.60	9:48.72	9:48.46	
21	105	WALTON, Adrian		Ottawa	Master A	CP21-02544	1:04:41.42	-1 lap	17.97	7:30.54	9:19.54	9:23.73	9:46.43	9:49.03	9:36.14	9:16.02	
22	109	BONE, Jared	Ottawa Bicycle Club	Chelsea	Master A	CP21-00869	1:06:07.62	-1 lap	17.58	7:17.11	9:28.54	9:33.45	9:40.46	9:45.13	9:54.22	10:28.70	
23	108	ASSELSTINE, Michael		Ottawa	Master A	CP21-02001	1:06:23.58	-1 lap	17.51	7:19.84	9:28.04	9:50.11	9:49.65	9:59.21	9:58.90	9:57.83	
24	30	BEARDSALL, Andrew		Ottawa	Senior	CP21-02562	1:06:50.31	-1 lap	17.40	7:30.81	9:41.62	9:50.97	9:56.69	10:03.78	9:44.71	10:01.73	
25	123	EL-GHAZAL, Imad	Rebec and Kroes Cycle and Sport	Gatineau	Master A	CP21-02598	1:07:31.75	-1 lap	17.22	7:21.05	9:52.55	9:58.87	9:59.58	9:57.91	10:03.24	10:18.57	
26	26	WASIAK, Szymek		Ottawa	Senior	CP21-02505	1:08:58.15	-1 lap	16.86	7:43.28	10:10.53	9:56.92	10:08.97	10:26.80	10:18.08	10:13.56	
27	179	FITZMAURICE, Danny		Ottawa	Master A	CP21-02554	1:09:03.90	-1 lap	16.84	7:30.00	10:06.41	10:12.45	10:24.59	10:18.41	10:19.88	10:12.17	
28	106	WITOLLA, Robert		Ottawa	Master A	CP21-02545	1:11:48.42	-1 lap	16.19	7:47.94	10:24.24	10:30.23	10:35.83	10:43.92	10:59.62	10:46.63	
29	170	GORMAN, Brendan	Nine2FivePro Cycling Team	Kinburn	Master A	CP21-02592	1:06:19.96	-2 laps	14.95	8:17.92	11:00.50	11:47.96	12:14.40	11:35.01	11:24.17		
30	119	ROBERTS, Joshua		Ottawa	Master A	CP21-02607	1:06:38.14	-2 laps	14.88	8:24.92	11:34.84	11:41.42	11:49.31	11:19.37	11:48.27		
31	111	WHITE, Jack	613 Cycling	Nepean	Master A	CP21-01005	1:15:57.60	-3 laps	10.81	10:58.27	15:41.84	16:21.51	17:21.82	15:34.16			
DNF	116	SCHIEMANN, Neil		Ottawa	Master A	CP21-02107			18.30	7:14.24	9:17.10	9:18.86	9:39.74				
DNF	24	LAROCHELLE, Mathis		Gatineau	Senior	CP21-02428			17.49	7:31.31	10:04.44						
DNF	34	JONES, Wills		Ottawa	Senior	CP21-02587			16.54	8:16.31							



# Eastern Ontario Cyclocross Series #5

November 14, 2021

Senior (Men)

22.23 km, 1st lap 2.28 km, 7 more laps of 2.85 km, winner: 1:04:07 - 20.80 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8
1	15	MCNEELY, Evan	2x4 Coaching	Ottawa	Senior	74365	1:04:06.74		20.80	6:21.17	8:01.05	8:06.63	8:08.13	8:11.39	8:22.74	8:29.08	8:26.54
2	19	OMURA, Tommy		Ottawa	Senior	CP21-02551	1:05:04.35	0'57.60"	20.50	6:19.92	8:12.41	8:26.58	8:17.35	8:23.08	8:29.99	8:35.41	8:19.60
3	22	WOODFORD, Alexander	Ride with Rendall p/b Biemme	Ottawa	Senior	74434	1:05:06.42	0'59.67"	20.49	6:46.77	8:26.78	8:16.47	8:16.01	8:26.47	8:21.41	8:23.66	8:08.84
4	77	DUARTE, Filipe	Ottawa Bicycle Club	Gatineau	Senior	CP21-00232	1:05:34.19	1'27.45"	20.34	6:21.78	8:07.04	8:22.91	8:23.33	8:20.36	8:26.25	8:33.01	8:59.52
5	14	PROULX, Steve	The Cyclery	Gatineau	Senior	eocx14	1:05:42.68	1'35.94"	20.30	6:30.12	8:22.06	8:25.60	8:26.07	8:26.01	8:30.24	8:27.91	8:34.69
6	27	MILLER, Michael	The Cyclery	Vanier	Senior	CP21-02426	1:06:11.90	2'05.15"	20.15	6:30.59	8:21.98	8:24.37	8:27.65	8:25.65	8:47.83	8:39.57	8:34.24
7	29	BAKKER, Osmond	Bakker?s Trailblazers	Stittsville	Senior	CP21-01137	1:06:19.38	2'12.63"	20.11	6:31.10	8:23.75	8:23.87	8:26.89	8:32.81	8:39.59	8:39.54	8:41.83
8	16	VAN DEN HAM, Doug	Nine2FivePro Cycling Team	Ottawa	Senior	74655	1:07:09.01	3'02.26"	19.86	6:34.25	8:20.36	8:26.56	8:27.54	8:43.99	8:49.59	8:52.66	8:54.05
9	21	KIRBY, Stephen	Full Cycle	Ottawa	Senior	74574	1:08:42.51	4'35.76"	19.41	6:36.18	8:36.33	8:49.11	9:00.07	9:05.79	8:50.84	8:44.49	8:59.70
10	17	ZAGAR, Myles		Ottawa	Senior	CP21-02561	1:09:22.54	5'15.80"	19.23	6:39.63	8:33.29	8:38.69	8:45.05	9:02.61	9:05.63	9:10.83	9:26.80
11	36	BURCUL, Zvonimir		Ottawa	Senior	CP21-02591	1:11:34.94	7'28.20"	18.63	7:01.57	8:52.11	8:56.08	9:56.84	9:15.29	9:08.67	9:11.31	9:13.09
12	23	WOODFORD, Theodore	Ottawa Bicycle Club	Ottawa	Senior	74098	1:12:32.03	8'25.29"	18.39	6:44.42	9:02.58	9:09.96	9:14.12	9:15.81	9:39.27	9:38.78	9:47.07
13	18	BOUDREAU, Marc	The Cyclery	Ottawa	Senior	74748	1:13:06.34	8'59.59"	18.24	7:15.19	9:16.91	9:18.32	9:14.83	9:18.48	9:26.11	9:35.55	9:40.96
14	33	HÉROUX, Alexander	euro-sports	Ottawa	Senior	CP21-02291	1:04:35.47	-1 lap	18.00	7:04.85	9:19.01	9:29.37	9:28.46	9:36.60	9:48.72	9:48.46	
15	30	BEARDSALL, Andrew		Ottawa	Senior	CP21-02562	1:06:50.31	-1 lap	17.40	7:30.81	9:41.62	9:50.97	9:56.69	10:03.78	9:44.71	10:01.73	
16	26	WASIAK, Szymek		Ottawa	Senior	CP21-02505	1:08:58.15	-1 lap	16.86	7:43.28	10:10.53	9:56.92	10:08.97	10:26.80	10:18.08	10:13.56	
DNF	34	JONES, Wills		Ottawa	Senior	CP21-02587			16.54	8:16.31							
DNF	24	LAROCHELLE, Mathis		Gatineau	Senior	CP21-02428			17.49	7:31.31	10:04.44						



# Eastern Ontario Cyclocross Series #5

November 14, 2021

Master A 30-39 (Men)

22.23 km, 1st lap 2.28 km, 7 more laps of 2.85 km, winner: 1:10:20 - 18.97 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8
1	142	ROULEAU, Eric	Scott-RackUltra	Gatineau	Master A	51240	1:10:19.74		18.97	6:43.31	8:55.61	9:04.10	8:57.65	9:00.66	9:02.10	9:16.46	9:19.86
2	100	LAFONTAINE, Bruno	Centre du Vélo La Shop	Gatineau	Master A	CP21-02535	1:10:40.06	0'20.31"	18.87	7:05.12	9:04.02	9:02.61	8:59.24	9:07.50	9:00.82	9:19.33	9:01.42
3	113	DUGUAY, Jean-Philippe		Orleans	Master A	CP21-02555	1:11:38.52	1'18.78"	18.62	7:06.87	9:02.84	9:14.15	9:20.89	9:17.50	9:10.36	9:09.45	9:16.46
4	112	SABATINO, Simon	CC Maraudeurs	Montreal	Master A	53718	1:12:50.36	2'30.61"	18.31	7:18.96	9:17.37	9:23.64	9:02.23	9:14.59	9:23.08	9:31.53	9:38.95
5	101	DEDO, Carey	GearHeads Cycling Club	Pembroke	Master A	CP21-02407	1:13:11.18	2'51.44"	18.22	7:15.24	9:16.90	9:18.72	9:11.78	9:19.55	9:36.69	9:45.05	9:27.26
6	104	WOODFORD, Michael	Ride with Rendall p/b Biemme	Ottawa	Master A	74435	1:13:35.58	3'15.84"	18.12	7:29.46	9:17.42	9:18.62	9:21.39	9:25.54	9:34.81	9:28.22	9:40.13
7	105	WALTON, Adrian		Ottawa	Master A	CP21-02544	1:04:41.42	-1 lap	17.97	7:30.54	9:19.54	9:23.73	9:46.43	9:49.03	9:36.14	9:16.02	
8	109	BONE, Jared	Ottawa Bicycle Club	Chelsea	Master A	CP21-00869	1:06:07.62	-1 lap	17.58	7:17.11	9:28.54	9:33.45	9:40.46	9:45.13	9:54.22	10:28.70	
9	108	ASSELSTINE, Michael		Ottawa	Master A	CP21-02001	1:06:23.58	-1 lap	17.51	7:19.84	9:28.04	9:50.11	9:49.65	9:59.21	9:58.90	9:57.83	
10	123	EL-GHAZAL, Imad	Rebec and Kroes Cycle and Sport	Gatineau	Master A	CP21-02598	1:07:31.75	-1 lap	17.22	7:21.05	9:52.55	9:58.87	9:59.58	9:57.91	10:03.24	10:18.57	
11	179	FITZMAURICE, Danny		Ottawa	Master A	CP21-02554	1:09:03.90	-1 lap	16.84	7:30.00	10:06.41	10:12.45	10:24.59	10:18.41	10:19.88	10:12.17	
12	106	WITOLLA, Robert		Ottawa	Master A	CP21-02545	1:11:48.42	-1 lap	16.19	7:47.94	10:24.24	10:30.23	10:35.83	10:43.92	10:59.62	10:46.63	
13	170	GORMAN, Brendan	Nine2FivePro Cycling Team	Kinburn	Master A	CP21-02592	1:06:19.96	-2 laps	14.95	8:17.92	11:00.50	11:47.96	12:14.40	11:35.01	11:24.17		
14	119	ROBERTS, Joshua		Ottawa	Master A	CP21-02607	1:06:38.14	-2 laps	14.88	8:24.92	11:34.84	11:41.42	11:49.31	11:19.37	11:48.27		
15	111	WHITE, Jack	613 Cycling	Nepean	Master A	CP21-01005	1:15:57.60	-3 laps	10.81	10:58.27	15:41.84	16:21.51	17:21.82	15:34.16			
DNF	116	SCHIEMANN, Neil		Ottawa	Master A	CP21-02107			18.30	7:14.24	9:17.10	9:18.86	9:39.74				