



Eastern Ontario Cyclocross Series #1

October 10, 2021

Race 5 (Open)

24.89 km, 1st lap 2.30 km, 9 more laps of 2.51 km, winner: 59:59 - 24.89 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10
1	22	WOODFORD, Alexander	Ride with Rendall p/b Biemme	Ottawa	Senior	74434	59:58.76		24.89	4:57.99	6:01.72	6:00.31	6:06.76	6:00.47	6:06.94	6:05.06	6:10.97	6:11.37	6:17.17
2	35	HAMM, Emile	Ride with Rendall p/b Biemme	Thunder Bay	Senior	74498	1:00:12.50	0'13.73"	24.80	5:03.00	5:55.75	6:01.13	6:06.44	6:01.58	6:10.39	6:13.00	6:15.82	6:11.02	6:14.37
3	15	MCNEELY, Evan	2x4 Coaching	Ottawa	Senior	74365	1:01:22.30	1'23.53"	24.33	4:57.27	6:02.11	6:00.14	6:05.27	6:02.02	6:12.42	6:11.94	6:18.65	6:34.97	6:57.50
4	16	VAN DEN HAM, Doug	Nine2FivePro Cycling Team	Ottawa	Senior	74655	1:03:59.75	4'00.99"	23.33	5:11.73	6:22.41	6:27.10	6:28.48	6:34.53	6:34.02	6:36.41	6:34.23	6:42.37	6:28.48
5	29	BAKKER, Osmond	Bakker?s Trailblazers	Stittsville	Senior	CP21-01137	1:05:39.78	5'41.01"	22.74	5:13.76	6:25.41	6:38.15	6:35.44	6:40.55	6:40.46	6:41.00	6:43.82	7:00.52	7:00.68
6	40	HAYWARD, Max	Toronto Hustle	Ottawa	Senior		1:06:19.00	6'20.23"	22.51	5:54.17	6:43.40	6:38.94	6:44.09	6:46.21	6:41.39	6:42.16	6:44.90	6:46.33	6:37.42
7	100	LAFONTAINE, Bruno	Centre du Vélo La Shop	Gatineau	Master A	CP21-02535	1:06:19.08	6'20.32"	22.51	5:45.50	6:43.64	6:47.89	6:40.23	6:51.55	6:45.39	6:40.58	6:43.46	6:43.18	6:37.67
8	112	SABATINO, Simon	CC Maraudeurs	Montreal	Master A		1:00:45.68	-1 lap	22.10	5:41.77	6:39.43	6:51.44	6:47.70	6:54.25	6:57.35	6:59.86	6:57.61	6:56.27	
9	116	SCHIEMANN, Neil		Ottawa	Master A	CP21-02107	1:01:02.00	-1 lap	22.00	5:40.76	6:46.42	6:48.26	6:47.49	6:52.14	6:55.10	6:59.16	6:58.23	7:14.44	
10	18	BOUDREAU, Marc	The Cyclery	Ottawa	Senior	74748	1:01:31.07	-1 lap	21.82	5:48.96	6:44.79	6:56.48	6:58.52	6:59.34	6:57.36	7:00.75	6:59.80	7:05.06	
11	113	DUGUAY, Jean-Philippe		Orleans	Master A	CP21-02555	1:01:41.22	-1 lap	21.76	5:55.16	6:44.58	7:01.54	6:49.47	6:56.46	6:56.37	7:00.52	7:08.70	7:08.42	
12	33	HÉROUX, Alexander	euro-sports	Ottawa	Senior	CP21-02291	1:01:45.48	-1 lap	21.74	6:02.07	6:55.33	7:02.96	7:00.64	7:06.27	6:53.94	7:01.51	6:49.19	6:53.56	
13	104	WOODFORD, Michael	Ride with Rendall p/b Biemme	Ottawa	Master A	74435	1:02:18.33	-1 lap	21.55	5:48.48	6:52.31	7:02.26	6:57.72	7:03.53	7:04.42	7:04.91	7:06.64	7:18.05	
14	20	MICHAUD, Lucas	Centre du Vélo La Shop	Gatineau	Senior	51425	1:02:18.36	-1 lap	21.55	6:04.17	6:51.59	7:00.53	6:55.41	7:05.40	7:02.69	7:02.44	7:15.92	7:00.21	
15	23	WOODFORD, Theodore	Ottawa Bicycle Club	Ottawa	Senior	74098	1:03:05.25	-1 lap	21.28	5:27.49	6:51.79	6:49.41	7:39.98	7:06.40	7:12.10	7:12.87	7:26.58	7:18.64	
16	36	BURCUL, Zvonimir		Ottawa	Senior	CP21-02591	1:03:45.10	-1 lap	21.06	5:52.83	6:57.55	7:10.18	7:00.74	7:23.47	7:32.49	7:20.05	7:15.49	7:12.30	
17	120	BEMROSE, Robby		Ottawa	Master A	74775	1:04:10.75	-1 lap	20.92	6:14.09	7:03.16	7:16.53	7:17.63	7:07.75	7:08.43	7:16.71	7:25.98	7:20.47	
18	17	ZAGAR, Myles		Ottawa	Senior	CP21-02561	1:04:33.75	-1 lap	20.79	5:28.29	6:37.97	7:05.31	7:12.01	6:56.21	7:17.83	7:17.90	7:57.21	8:41.03	
19	179	FITZMAURICE, Danny		Ottawa	Master A	CP21-02554	1:04:37.29	-1 lap	20.78	6:12.25	7:09.97	7:14.38	7:14.62	7:14.99	7:14.46	7:31.01	7:30.50	7:15.09	
20	101	DEDO, Carey	GearHeads Cycling Club	Pembroke	Master A	CP21-02407	1:05:14.61	-1 lap	20.58	6:21.65	7:15.47	7:19.99	7:16.65	7:12.26	7:19.75	7:26.01	7:30.79	7:32.04	
21	107	WALLNER, Kristjan	Ottawa Bicycle Club	Ottawa	Master A	CP21-00769	1:05:27.54	-1 lap	20.51	6:02.84	7:12.24	7:17.12	7:21.06	7:55.17	7:30.49	7:26.33	7:31.05	7:11.24	
22	114	WILMOTT, Daniel	613 Cycling	Ottawa	Master A	CP21-00813	1:05:28.63	-1 lap	20.50	6:11.07	7:17.09	7:22.55	7:27.08	7:39.48	7:25.01	7:28.96	7:26.56	7:10.84	
23	106	WITOLLA, Robert		Ottawa	Master A	CP21-02545	1:06:58.97	-1 lap	20.04	6:18.36	7:14.82	7:21.57	7:28.99	7:34.87	7:34.62	7:38.05	7:58.87	7:48.82	
24	32	PLENDERLEITH, Simon	Université d'Ottawa	Ottawa	Senior		1:07:41.65	-1 lap	19.83	6:01.97	7:20.15	7:23.66	7:31.00	7:56.00	7:48.97	7:43.51	7:59.55	7:56.84	
25	26	WASIAK, Szymek		Ottawa	Senior	CP21-02505	1:02:11.71	-2 laps	19.16	6:18.32	7:47.35	7:54.77	8:08.34	7:58.96	8:03.89	8:07.02	7:53.06		
26	119	ROBERTS, Joshua		Ottawa	Master A	CP21-02607	1:01:15.31	-3 laps	17.00	7:09.75	8:38.32	8:57.71	9:15.32	8:49.66	8:56.88	9:27.66			
27	38	VERDON, Eric		Ottawa	Senior	CP21-02599	1:03:49.48	-3 laps	16.32	7:32.27	8:52.49	9:00.45	9:16.29	9:40.25	9:41.79	9:45.94			
28	34	JONES, Wills		Ottawa	Senior	CP21-02587	1:08:03.74	-3 laps	15.30	6:52.76	8:33.00	10:06.16	10:46.66	10:36.64	11:03.27	10:05.26			
29	111	WHITE, Jack	613 Cycling	Nepean	Master A	CP21-01005	1:05:03.22	-4 laps	13.69	8:22.77	10:43.00	10:50.89	11:36.56	11:39.91	11:50.09				
DNF	25	PLAMONDON, Joel	Espoirs Quillicot	Montreal	Senior				23.72	5:40.78	6:15.34	6:31.02	6:24.58						
DNF	19	OMURA, Tommy		Ottawa	Senior	CP21-02551			19.34	6:45.75	7:46.25	8:10.72	7:46.88						



Eastern Ontario Cyclocross Series #1

October 10, 2021

Senior (Men)

24.89 km, 1st lap 2.30 km, 9 more laps of 2.51 km, winner: 59:59 - 24.89 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10
1	22	WOODFORD, Alexander	Ride with Rendall p/b Biemme	Ottawa	Senior	74434	59:58.76		24.89	4:57.99	6:01.72	6:00.31	6:06.76	6:00.47	6:06.94	6:05.06	6:10.97	6:11.37	6:17.17
2	35	HAMM, Emile	Ride with Rendall p/b Biemme	Thunder Bay	Senior	74498	1:00:12.50	0'13.73"	24.80	5:03.00	5:55.75	6:01.13	6:06.44	6:01.58	6:10.39	6:13.00	6:15.82	6:11.02	6:14.37
3	15	MCNEELY, Evan	2x4 Coaching	Ottawa	Senior	74365	1:01:22.30	1'23.53"	24.33	4:57.27	6:02.11	6:00.14	6:05.27	6:02.02	6:12.42	6:11.94	6:18.65	6:34.97	6:57.50
4	16	VAN DEN HAM, Doug	Nine2FivePro Cycling Team	Ottawa	Senior	74655	1:03:59.75	4'00.99"	23.33	5:11.73	6:22.41	6:27.10	6:28.48	6:34.53	6:34.02	6:36.41	6:34.23	6:42.37	6:28.48
5	29	BAKKER, Osmond	Bakker?s Trailblazers	Stittsville	Senior	CP21-01137	1:05:39.78	5'41.01"	22.74	5:13.76	6:25.41	6:38.15	6:35.44	6:40.55	6:40.46	6:41.00	6:43.82	7:00.52	7:00.68
6	40	HAYWARD, Max	Toronto Hustle	Ottawa	Senior		1:06:19.00	6'20.23"	22.51	5:54.17	6:43.40	6:38.94	6:44.09	6:46.21	6:41.39	6:42.16	6:44.90	6:46.33	6:37.42
7	18	BOUDREAU, Marc	The Cyclery	Ottawa	Senior	74748	1:01:31.07	-1 lap	21.82	5:48.96	6:44.79	6:56.48	6:58.52	6:59.34	6:57.36	7:00.75	6:59.80	7:05.06	
8	33	HÉROUX, Alexander	euro-sports	Ottawa	Senior	CP21-02291	1:01:45.48	-1 lap	21.74	6:02.07	6:55.33	7:02.96	7:00.64	7:06.27	6:53.94	7:01.51	6:49.19	6:53.56	
9	20	MICHAUD, Lucas	Centre du Vélo La Shop	Gatineau	Senior	51425	1:02:18.36	-1 lap	21.55	6:04.17	6:51.59	7:00.53	6:55.41	7:05.40	7:02.69	7:02.44	7:15.92	7:00.21	
10	23	WOODFORD, Theodore	Ottawa Bicycle Club	Ottawa	Senior	74098	1:03:05.25	-1 lap	21.28	5:27.49	6:51.79	6:49.41	7:39.98	7:06.40	7:12.10	7:12.87	7:26.58	7:18.64	
11	36	BURCUL, Zvonimir		Ottawa	Senior	CP21-02591	1:03:45.10	-1 lap	21.06	5:52.83	6:57.55	7:10.18	7:00.74	7:23.47	7:32.49	7:20.05	7:15.49	7:12.30	
12	17	ZAGAR, Myles		Ottawa	Senior	CP21-02561	1:04:33.75	-1 lap	20.79	5:28.29	6:37.97	7:05.31	7:12.01	6:56.21	7:17.83	7:17.90	7:57.21	8:41.03	
13	32	PLENDERLEITH, Simon	Université d'Ottawa	Ottawa	Senior		1:07:41.65	-1 lap	19.83	6:01.97	7:20.15	7:23.66	7:31.00	7:56.00	7:48.97	7:43.51	7:59.55	7:56.84	
14	26	WASIAK, Szymek		Ottawa	Senior	CP21-02505	1:02:11.71	-2 laps	19.16	6:18.32	7:47.35	7:54.77	8:08.34	7:58.96	8:03.89	8:07.02	7:53.06		
15	38	VERDON, Eric		Ottawa	Senior	CP21-02599	1:03:49.48	-3 laps	16.32	7:32.27	8:52.49	9:00.45	9:16.29	9:40.25	9:41.79	9:45.94			
16	34	JONES, Wills		Ottawa	Senior	CP21-02587	1:08:03.74	-3 laps	15.30	6:52.76	8:33.00	10:06.16	10:46.66	10:36.64	11:03.27	10:05.26			
DNF	25	PLAMONDON, Joel	Espoirs Quillicot	Montreal	Senior				23.72	5:40.78	6:15.34	6:31.02	6:24.58						
DNF	19	OMURA, Tommy		Ottawa	Senior	CP21-02551			19.34	6:45.75	7:46.25	8:10.72	7:46.88						



Eastern Ontario Cyclocross Series #1

October 10, 2021

Master A 30-39 (Men)

24.89 km, 1st lap 2.30 km, 9 more laps of 2.51 km, winner: 1:06:19 - 22.51 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10
1	100	LAFONTAINE, Bruno	Centre du Vélo La Shop	Gatineau	Master A	CP21-02535	1:06:19.08		22.51	5:45.50	6:43.64	6:47.89	6:40.23	6:51.55	6:45.39	6:40.58	6:43.46	6:43.18	6:37.67
2	112	SABATINO, Simon	CC Maraudeurs	Montreal	Master A		1:00:45.68	-1 lap	22.10	5:41.77	6:39.43	6:51.44	6:47.70	6:54.25	6:57.35	6:59.86	6:57.61	6:56.27	
3	116	SCHIEMANN, Neil		Ottawa	Master A	CP21-02107	1:01:02.00	-1 lap	22.00	5:40.76	6:46.42	6:48.26	6:47.49	6:52.14	6:55.10	6:59.16	6:58.23	7:14.44	
4	113	DUGUAY, Jean-Philippe		Orleans	Master A	CP21-02555	1:01:41.22	-1 lap	21.76	5:55.16	6:44.58	7:01.54	6:49.47	6:56.46	6:56.37	7:00.52	7:08.70	7:08.42	
5	104	WOODFORD, Michael	Ride with Rendall p/b Biemme	Ottawa	Master A	74435	1:02:18.33	-1 lap	21.55	5:48.48	6:52.31	7:02.26	6:57.72	7:03.53	7:04.42	7:04.91	7:06.64	7:18.05	
6	120	BEMROSE, Robby		Ottawa	Master A	74775	1:04:10.75	-1 lap	20.92	6:14.09	7:03.16	7:16.53	7:17.63	7:07.75	7:08.43	7:16.71	7:25.98	7:20.47	
7	179	FITZMAURICE, Danny		Ottawa	Master A	CP21-02554	1:04:37.29	-1 lap	20.78	6:12.25	7:09.97	7:14.38	7:14.62	7:14.99	7:14.46	7:31.01	7:30.50	7:15.09	
8	101	DEDO, Carey	GearHeads Cycling Club	Pembroke	Master A	CP21-02407	1:05:14.61	-1 lap	20.58	6:21.65	7:15.47	7:19.99	7:16.65	7:12.26	7:19.75	7:26.01	7:30.79	7:32.04	
9	107	WALLNER, Kristjan	Ottawa Bicycle Club	Ottawa	Master A	CP21-00769	1:05:27.54	-1 lap	20.51	6:02.84	7:12.24	7:17.12	7:21.06	7:55.17	7:30.49	7:26.33	7:31.05	7:11.24	
10	114	WILMOTT, Daniel	613 Cycling	Ottawa	Master A	CP21-00813	1:05:28.63	-1 lap	20.50	6:11.07	7:17.09	7:22.55	7:27.08	7:39.48	7:25.01	7:28.96	7:26.56	7:10.84	
11	106	WITOLLA, Robert		Ottawa	Master A	CP21-02545	1:06:58.97	-1 lap	20.04	6:18.36	7:14.82	7:21.57	7:28.99	7:34.87	7:34.62	7:38.05	7:58.87	7:48.82	
12	119	ROBERTS, Joshua		Ottawa	Master A	CP21-02607	1:01:15.31	-3 laps	17.00	7:09.75	8:38.32	8:57.71	9:15.32	8:49.66	8:56.88	9:27.66			
13	111	WHITE, Jack	613 Cycling	Nepean	Master A	CP21-01005	1:05:03.22	-4 laps	13.69	8:22.77	10:43.00	10:50.89	11:36.56	11:39.91	11:50.09				