



# Eastern Ontario Cyclocross Series #9

November 24, 2019

Women (Women)

15.98 km, 1st lap 1.75 km, 5 more laps of 2.85 km, winner: 49:00 - 19.56 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	35	SLOBODIAN, Alexandra		Stittsville	Senior	CP19-2884	49:00.38		19.56	5:07.87	8:38.97	8:37.84	8:46.42	8:50.42	8:58.85
2	33	STEPHENSON, Jennifer	Nine2FivePro Cycling Team	Ottawa	Senior	75346	49:28.60	0'28.21"	19.38	5:06.80	8:40.42	8:44.30	8:58.24	9:06.15	8:52.69
3	709	FORTIN, Émilie	Trek/Hyperthreads Racing	Ste-Dorothee	Senior	51038	51:11.99	2'11.61"	18.73	5:36.12	9:07.84	9:05.95	9:01.09	9:03.67	9:17.32
4	220	BERTHIAUME, Alicia	GearHeads Cycling Club	Pembroke	Master B	76405	52:24.69	3'24.30"	18.29	5:20.71	9:16.60	9:23.09	9:26.77	9:25.04	9:32.47
5	229	SHAW, Amanda	The Cyclery	Ottawa	Master B	CP19-2864	53:23.44	4'23.05"	17.96	5:22.83	9:17.00	9:24.65	9:47.93	9:46.70	9:44.32
6	187	HARRISON, Suzanne	euro-sports	Ottawa	Master C	75525	53:53.00	4'52.62"	17.79	5:28.90	9:30.80	9:34.60	9:42.54	9:40.95	9:55.20
7	201	FICKER, Christine	euro-sports	Carp	Master B	76008	54:13.35	5'12.96"	17.68	5:32.60	9:26.28	9:40.09	9:36.96	9:48.39	10:09.03
8	208	TESSIER, Sonia	Rebec and Kroes Cycle and Sport	Gatineau	Master B	51692	54:44.09	5'43.71"	17.52	5:41.79	9:32.74	9:39.52	10:08.67	9:57.36	9:44.01
9	40	FLYNN, Emily	LA Sweat	Winchester	Senior	75183	54:56.43	5'56.05"	17.45	5:25.33	9:35.29	10:07.27	10:02.89	9:54.90	9:50.75
10	80	O'BRIEN, Anna	The Cyclery	Ottawa	Master A	CP19-2888	55:29.92	6'29.53"	17.28	5:43.70	9:44.95	10:09.50	9:57.69	9:53.81	10:00.27
11	216	EDWARDS, Stephanie	Ottawa Bicycle Club	Ottawa	Master B	CP19-0782	55:48.75	6'48.36"	17.18	5:46.22	10:08.78	9:44.47	9:55.47	10:12.42	10:01.39
12	185	ALLEN, Valery		Cornwall	Master C	CP19-0028	56:11.45	7'11.07"	17.06	5:51.04	10:05.12	9:49.38	10:03.09	10:17.80	10:05.03
13	370	GIROUARD, Marcie	euro-sports	Ottawa	Master D	75671	56:34.24	7'33.85"	16.95	5:41.18	9:51.61	10:00.43	10:12.30	10:20.13	10:28.59
14	195	ADAMS, Jen	RentABike	Ottawa	Master C	CP19-0356	57:49.35	8'48.97"	16.58	5:40.68	10:13.19	10:17.19	10:23.65	10:32.12	10:42.52
15	193	MORRIS, Susan	Ottawa Bicycle Club	Ottawa	Master C	CP19-0334	58:26.35	9'25.96"	16.41	6:12.13	10:17.18	10:10.90	10:15.59	10:44.10	10:46.44
16	210	TKALEC, Heather	euro-sports	Ottawa	Master B	75800	59:10.12	10'09.74"	16.20	5:57.20	10:28.16	10:14.29	10:33.93	10:50.94	11:05.60
17	207	BROOKS, Melissa	Ottawa Bicycle Club	Nepean	Master B	CP19-0853	49:04.57	-1 lap	16.06	6:22.37	10:39.64	10:46.11	10:49.70	10:26.77	
18	281	BAKKER, Lauryn	The Cyclery	Stittsville	U19 JrF	CP19-3003	50:24.86	-1 lap	15.63	6:37.19	11:04.20	10:42.54	11:05.72	10:55.21	
19	206	MCKENNA, Tammy	The Cyclery	Stittsville	Master B	CP19-0738	50:26.89	-1 lap	15.62	6:54.02	10:39.85	10:49.54	10:57.87	11:05.61	
20	282	MORRIS, Rachel		Ottawa	U19 JrF	CP19-3051	53:50.94	-1 lap	14.63	7:02.40	11:52.39	11:40.47	11:44.71	11:30.99	
21	94	LYONNAIS, Claudia	Ride with Rendall p/b Biemme	Gatineau	U17	52670	54:34.71	-1 lap	14.44	6:36.24	12:08.83	11:57.45	12:01.83	11:50.36	
22	221	ALBERS, Christina	Ottawa Bicycle Club	Ottawa	Master B	CP19-2914	54:41.82	-1 lap	14.41	7:03.49	11:54.36	11:57.66	11:58.74	11:47.56	
23	39	BRYENTON, Isabelle	Trek/Hyperthreads Racing	Ottawa	Senior	75106	56:52.89	-1 lap	13.85	7:01.67	12:10.67	12:20.92	12:13.78	13:05.85	
24	190	LAMIRANDE, Josee	The Cyclery	Gatineau	Master C	CP19-1728	57:13.31	-1 lap	13.77	6:56.06	11:47.67	12:10.21	13:21.85	12:57.50	
25	97	KELLY, Sara-Ann	Tekné Cycle Club	Ottawa	U17	CP19-3057	59:11.50	-1 lap	13.31	6:48.81	13:18.02	13:21.77	13:12.89	12:30.02	
26	224	MORRISH, Melanie		Belleville	Master B	CP19-1531	59:14.07	-1 lap	13.30	7:24.14	12:43.62	13:03.66	13:06.54	12:56.11	
27	191	SLOBODIAN, Angela	Ottawa Bicycle Club	Stittsville	Master C	CP19-0574	1:02:14.03	-1 lap	12.66	7:38.30	13:03.45	13:48.38	14:01.34	13:42.56	
28	83	DUARTE, Roberta		Gatineau	Master A	CP19-3065	1:03:30.36	-1 lap	12.41	7:13.33	13:15.64	13:39.74	14:27.11	14:54.53	
DNF	99	MCNAUGHTAN, Abigail		Ottawa	U17	CP19-3074			15.25	6:28.83	11:36.13				



# Eastern Ontario Cyclocross Series #9

November 24, 2019

Master A 30-39 (Women)

15.98 km, 1st lap 1.75 km, 5 more laps of 2.85 km, winner: 55:30 - 17.28 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	80	O'BRIEN, Anna	The Cyclery	Ottawa	Master A	CP19-2888	55:29.92		17.28	5:43.70	9:44.95	10:09.50	9:57.69	9:53.81	10:00.27
2	83	DUARTE, Roberta		Gatineau	Master A	CP19-3065	1:03:30.36	-1 lap	12.41	7:13.33	13:15.64	13:39.74	14:27.11	14:54.53	



# Eastern Ontario Cyclocross Series #9

November 24, 2019

U19 (Junior) (Women)

13.13 km, 1st lap 1.75 km, 4 more laps of 2.85 km, winner: 50:25 - 15.63 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	281	BAKKER, Lauryn	The Cyclery	Stittsville	U19 JrF	CP19-3003	50:24.86		15.63	6:37.19	11:04.20	10:42.54	11:05.72	10:55.21
2	282	MORRIS, Rachel		Ottawa	U19 JrF	CP19-3051	53:50.94	3'26.08"	14.63	7:02.40	11:52.39	11:40.47	11:44.71	11:30.99



# Eastern Ontario Cyclocross Series #9

November 24, 2019

Master B 40-49 (Women)

15.98 km, 1st lap 1.75 km, 5 more laps of 2.85 km, winner: 52:25 - 18.29 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	220	BERTHIAUME, Alicia	GearHeads Cycling Club	Pembroke	Master B	76405	52:24.69		18.29	5:20.71	9:16.60	9:23.09	9:26.77	9:25.04	9:32.47
2	229	SHAW, Amanda	The Cyclery	Ottawa	Master B	CP19-2864	53:23.44	0'58.75"	17.96	5:22.83	9:17.00	9:24.65	9:47.93	9:46.70	9:44.32
3	201	FICKER, Christine	euro-sports	Carp	Master B	76008	54:13.35	1'48.66"	17.68	5:32.60	9:26.28	9:40.09	9:36.96	9:48.39	10:09.03
4	208	TESSIER, Sonia	Rebec and Kroes Cycle and Sport	Gatineau	Master B	51692	54:44.09	2'19.41"	17.52	5:41.79	9:32.74	9:39.52	10:08.67	9:57.36	9:44.01
5	216	EDWARDS, Stephanie	Ottawa Bicycle Club	Ottawa	Master B	CP19-0782	55:48.75	3'24.06"	17.18	5:46.22	10:08.78	9:44.47	9:55.47	10:12.42	10:01.39
6	210	TKALEC, Heather	euro-sports	Ottawa	Master B	75800	59:10.12	6'45.44"	16.20	5:57.20	10:28.16	10:14.29	10:33.93	10:50.94	11:05.60
7	207	BROOKS, Melissa	Ottawa Bicycle Club	Nepean	Master B	CP19-0853	49:04.57	-1 lap	16.06	6:22.37	10:39.64	10:46.11	10:49.70	10:26.77	
8	206	MCKENNA, Tammy	The Cyclery	Stittsville	Master B	CP19-0738	50:26.89	-1 lap	15.62	6:54.02	10:39.85	10:49.54	10:57.87	11:05.61	
9	221	ALBERS, Christina	Ottawa Bicycle Club	Ottawa	Master B	CP19-2914	54:41.82	-1 lap	14.41	7:03.49	11:54.36	11:57.66	11:58.74	11:47.56	
10	224	MORRISH, Melanie		Belleville	Master B	CP19-1531	59:14.07	-1 lap	13.30	7:24.14	12:43.62	13:03.66	13:06.54	12:56.11	



# Eastern Ontario Cyclocross Series #9

November 24, 2019

Senior (Women)

15.98 km, 1st lap 1.75 km, 5 more laps of 2.85 km, winner: 49:00 - 19.56 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	35	SLOBODIAN, Alexandra		Stittsville	Senior	CP19-2884	49:00.38		19.56	5:07.87	8:38.97	8:37.84	8:46.42	8:50.42	8:58.85
2	33	STEPHENSON, Jennifer	Nine2FivePro Cycling Team	Ottawa	Senior	75346	49:28.60	0'28.21"	19.38	5:06.80	8:40.42	8:44.30	8:58.24	9:06.15	8:52.69
3	709	FORTIN, Émilie	Trek/Hyperthreads Racing	Ste-Dorothee	Senior	51038	51:11.99	2'11.61"	18.73	5:36.12	9:07.84	9:05.95	9:01.09	9:03.67	9:17.32
4	40	FLYNN, Emily	LA Sweat	Winchester	Senior	75183	54:56.43	5'56.05"	17.45	5:25.33	9:35.29	10:07.27	10:02.89	9:54.90	9:50.75
5	39	BRYENTON, Isabelle	Trek/Hyperthreads Racing	Ottawa	Senior	75106	56:52.89	-1 lap	13.85	7:01.67	12:10.67	12:20.92	12:13.78	13:05.85	



# Eastern Ontario Cyclocross Series #9

November 24, 2019

Master C 50-59 (Women)

15.98 km, 1st lap 1.75 km, 5 more laps of 2.85 km, winner: 53:53 - 17.79 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	187	HARRISON, Suzanne	euro-sports	Ottawa	Master C	75525	53:53.00		17.79	5:28.90	9:30.80	9:34.60	9:42.54	9:40.95	9:55.20
2	185	ALLEN, Valery		Cornwall	Master C	CP19-0028	56:11.45	2'18.45"	17.06	5:51.04	10:05.12	9:49.38	10:03.09	10:17.80	10:05.03
3	195	ADAMS, Jen	RentABike	Ottawa	Master C	CP19-0356	57:49.35	3'56.35"	16.58	5:40.68	10:13.19	10:17.19	10:23.65	10:32.12	10:42.52
4	193	MORRIS, Susan	Ottawa Bicycle Club	Ottawa	Master C	CP19-0334	58:26.35	4'33.34"	16.41	6:12.13	10:17.18	10:10.90	10:15.59	10:44.10	10:46.44
5	190	LAMIRANDE, Josee	The Cyclery	Gatineau	Master C	CP19-1728	57:13.31	-1 lap	13.77	6:56.06	11:47.67	12:10.21	13:21.85	12:57.50	
6	191	SLOBODIAN, Angela	Ottawa Bicycle Club	Stittsville	Master C	CP19-0574	1:02:14.03	-1 lap	12.66	7:38.30	13:03.45	13:48.38	14:01.34	13:42.56	



Eastern Ontario Cyclocross Series #9

November 24, 2019

Master D 60+ (Women)

15.98 km, 1st lap 1.75 km, 5 more laps of 2.85 km, winner: 56:34 - 16.95 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	370	GIROUARD, Marcie	euro-sports	Ottawa	Master D	75671	56:34.24		16.95	5:41.18	9:51.61	10:00.43	10:12.30	10:20.13	10:28.59



# Eastern Ontario Cyclocross Series #9

November 24, 2019

Under 17 Girls (Women)

13.13 km, 1st lap 1.75 km, 4 more laps of 2.85 km, winner: 54:35 - 14.44 km/h

Pos	Bib Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	94 LYONNAIS, Claudia	Ride with Rendall p/b Biemme	Gatineau	U17	52670	54:34.71		14.44	6:36.24	12:08.83	11:57.45	12:01.83	11:50.36
2	97 KELLY, Sara-Ann	Tekné Cycle Club	Ottawa	U17	CP19-3057	59:11.50	4'36.79"	13.31	6:48.81	13:18.02	13:21.77	13:12.89	12:30.02
DNF	99 MCNAUGHTAN, Abigail		Ottawa	U17	CP19-3074			15.25	6:28.83	11:36.13			