



Eastern Ontario Cyclocross Series #7

November 10, 2019

Women (Women)

14.50 km, 1st lap 2.30 km, 5 more laps of 2.44 km, winner: 48:59 - 17.77 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	31	WENDLAND, Jodi	The Cyclery	Ottawa	Senior	76431	48:58.78		17.77	7:52.37	7:59.97	8:08.71	8:09.36	8:28.95	8:19.42
2	33	STEPHENSON, Jennifer	Nine2FivePro Cycling Team	Ottawa	Senior	75346	50:16.97	1'18.19"	17.31	7:52.73	8:17.24	8:26.44	8:28.22	8:39.43	8:32.92
3	35	SLOBODIAN, Alexandra		Stittsville	Senior	CP19-2884	51:09.12	2'10.34"	17.01	8:25.87	8:29.16	8:44.73	8:35.99	8:28.81	8:24.56
4	220	BERTHIAUME, Alicia	GearHeads Cycling Club	Pembroke	Master B	76405	51:55.45	2'56.67"	16.76	8:02.85	8:26.86	8:54.33	8:52.45	8:42.31	8:56.64
5	187	HARRISON, Suzanne	euro-sports	Ottawa	Master C	75525	52:37.58	3'38.80"	16.54	8:28.31	8:46.51	8:52.57	8:47.73	8:50.98	8:51.47
6	222	SZIGETI, Naomi	Cyclelogik Racing	Ottawa	Master B	CP19-3043	52:46.87	3'48.10"	16.49	8:32.23	8:44.06	8:47.98	8:57.19	8:55.15	8:50.27
7	201	FICKER, Christine	euro-sports	Carp	Master B	76008	53:30.26	4'31.48"	16.27	8:34.24	8:56.06	8:53.26	8:57.66	9:07.92	9:01.13
8	38	ROBERTS, Véronique	euro-sports	Gatineau	Senior	CP19-3059	53:31.43	4'32.66"	16.26	8:56.58	8:47.16	8:50.86	8:59.91	8:52.41	9:04.52
9	229	SHAW, Amanda	The Cyclery	Ottawa	Master B	CP19-2864	54:28.79	5'30.01"	15.97	8:25.46	9:03.24	9:21.04	9:17.10	9:08.37	9:13.58
10	216	EDWARDS, Stephanie	Ottawa Bicycle Club	Ottawa	Master B	CP19-0782	54:32.39	5'33.61"	15.96	8:51.39	8:59.20	9:02.62	9:09.55	9:19.51	9:10.13
11	185	ALLEN, Valery		Cornwall	Master C	CP19-0028	54:47.95	5'49.17"	15.88	8:43.96	8:57.18	9:24.94	9:14.21	9:17.80	9:09.86
12	722	BERNARD, Sophie	First Draft p/b Mercedes-Benz Oakville	Milton	Senior	75485	56:02.36	7'03.59"	15.53	8:44.81	8:56.33	8:54.21	9:23.19	9:40.82	10:23.02
13	195	ADAMS, Jen	RentABike	Ottawa	Master C	CP19-0356	57:10.98	8'12.20"	15.22	9:03.16	9:29.89	9:33.95	9:39.23	9:41.22	9:43.53
14	720	CANUEL, Karol-Ann	Boels Dolmans Cycling Team	Amos	Senior	50077	57:33.35	8'34.58"	15.12	9:34.99	9:35.03	9:29.99	9:24.58	9:44.88	9:43.88
15	81	KENWELL, Carley		Nepean	Master A	CP19-1991	58:03.05	9'04.27"	14.99	9:18.51	9:46.89	9:40.28	9:55.30	9:47.48	9:34.58
16	34	LAFLECHE, Emily	euro-sports	Kanata	Senior	75843	58:04.32	9'05.55"	14.99	9:15.74	9:59.58	9:44.84	9:58.00	9:33.86	9:32.30
17	64	SMITH, Ella	Ottawa Bicycle Club	Ottawa	U15 Girls	76283	58:53.41	9'54.64"	14.78	9:06.06	9:38.36	9:49.20	9:53.49	10:01.15	10:25.16
18	193	MORRIS, Susan	Ottawa Bicycle Club	Ottawa	Master C	CP19-0334	49:14.97	-1 lap	14.70	9:32.20	9:44.73	9:55.38	9:58.72	10:03.94	
19	207	BROOKS, Melissa	Ottawa Bicycle Club	Nepean	Master B	CP19-0853	49:36.08	-1 lap	14.59	9:29.24	10:07.43	10:01.22	9:59.49	9:58.70	
20	218	ROCHON, Marie-Helene	Miss Wheels	Gatineau	Master B	CP19-2972	50:26.57	-1 lap	14.35	9:55.25	9:51.34	10:13.93	10:18.49	10:07.56	
21	95	HESS, Annika	Ottawa Bicycle Club	Ottawa	U17	CP19-0733	50:37.42	-1 lap	14.30	9:56.71	10:12.09	10:18.67	10:07.75	10:02.19	
22	63	BROOKS, Charlotte	S&S Racing:Ottawa Bicycle Club	Nepean	U15 Girls	76020	50:46.75	-1 lap	14.25	10:04.18	10:00.10	10:18.79	10:09.47	10:14.22	
23	189	HORTON, Christine		Chelsea	Master C	51120	50:50.89	-1 lap	14.24	9:46.58	10:08.77	10:15.17	10:28.51	10:11.86	
24	99	MCNAUGHTAN, Abigail		Ottawa	U17	CP19-3074	54:18.70	-1 lap	13.33	10:34.51	11:04.09	11:03.69	10:50.20	10:46.22	
25	60	HAWKES, Elizabeth	The Cyclery	Ottawa	U15 Girls	CP19-1003	55:12.10	-1 lap	13.11	10:21.30	11:03.01	11:05.91	11:20.18	11:21.71	
26	98	DUNN, Alaina		Richmond	U17	CP19-3076	57:16.21	-1 lap	12.64	10:02.95	11:50.43	11:50.54	11:43.00	11:49.29	
27	221	ALBERS, Christina	Ottawa Bicycle Club	Ottawa	Master B	CP19-2914	57:27.04	-1 lap	12.60	11:16.35	11:46.92	11:26.94	11:36.21	11:20.63	
28	200	DEVEER, Helena		Ottawa	Master B	CP19-0965	1:00:00.03	-1 lap	12.06	11:15.78	11:46.37	12:52.36	12:15.77	11:49.75	
29	83	DUARTE, Roberta		Gatineau	Master A	CP19-3065	1:00:00.84	-1 lap	12.06	11:29.32	11:46.44	12:38.70	12:13.56	11:52.81	
30	97	KELLY, Sara-Ann	Tekné Cycle Club	Ottawa	U17	CP19-3057	49:41.39	-2 laps	11.62	11:21.10	12:37.65	12:53.65	12:48.98		
DNF	208	TESSIER, Sonia	Rebec and Kroes Cycle and Sport	Gatineau	Master B	51692			17.15	8:01.28	8:33.75				



Eastern Ontario Cyclocross Series #7

November 10, 2019

Master A 30-39 (Women)

14.50 km, 1st lap 2.30 km, 5 more laps of 2.44 km, winner: 58:03 - 14.99 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	81	KENWELL, Carley		Nepean	Master A	CP19-1991	58:03.05		14.99	9:18.51	9:46.89	9:40.28	9:55.30	9:47.48	9:34.58
2	83	DUARTE, Roberta		Gatineau	Master A	CP19-3065	1:00:00.84	-1 lap	12.06	11:29.32	11:46.44	12:38.70	12:13.56	11:52.81	



Eastern Ontario Cyclocross Series #7

November 10, 2019

Master B 40-49 (Women)

14.50 km, 1st lap 2.30 km, 5 more laps of 2.44 km, winner: 51:55 - 16.76 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	220	BERTHIAUME, Alicia	GearHeads Cycling Club	Pembroke	Master B	76405	51:55.45		16.76	8:02.85	8:26.86	8:54.33	8:52.45	8:42.31	8:56.64
2	222	SZIGETI, Naomi	Cyclelogik Racing	Ottawa	Master B	CP19-3043	52:46.87	0'51.43"	16.49	8:32.23	8:44.06	8:47.98	8:57.19	8:55.15	8:50.27
3	201	FICKER, Christine	euro-sports	Carp	Master B	76008	53:30.26	1'34.81"	16.27	8:34.24	8:56.06	8:53.26	8:57.66	9:07.92	9:01.13
4	229	SHAW, Amanda	The Cyclery	Ottawa	Master B	CP19-2864	54:28.79	2'33.34"	15.97	8:25.46	9:03.24	9:21.04	9:17.10	9:08.37	9:13.58
5	216	EDWARDS, Stephanie	Ottawa Bicycle Club	Ottawa	Master B	CP19-0782	54:32.39	2'36.94"	15.96	8:51.39	8:59.20	9:02.62	9:09.55	9:19.51	9:10.13
6	207	BROOKS, Melissa	Ottawa Bicycle Club	Nepean	Master B	CP19-0853	49:36.08	-1 lap	14.59	9:29.24	10:07.43	10:01.22	9:59.49	9:58.70	
7	218	ROCHON, Marie-Helene	Miss Wheels	Gatineau	Master B	CP19-2972	50:26.57	-1 lap	14.35	9:55.25	9:51.34	10:13.93	10:18.49	10:07.56	
8	221	ALBERS, Christina	Ottawa Bicycle Club	Ottawa	Master B	CP19-2914	57:27.04	-1 lap	12.60	11:16.35	11:46.92	11:26.94	11:36.21	11:20.63	
9	200	DEVEER, Helena		Ottawa	Master B	CP19-0965	1:00:00.03	-1 lap	12.06	11:15.78	11:46.37	12:52.36	12:15.77	11:49.75	
DNF	208	TESSIER, Sonia	Rebec and Kroes Cycle and Sport	Gatineau	Master B	51692			17.15	8:01.28	8:33.75				



Eastern Ontario Cyclocross Series #7

November 10, 2019

Senior (Women)

14.50 km, 1st lap 2.30 km, 5 more laps of 2.44 km, winner: 48:59 - 17.77 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	31	WENDLAND, Jodi	The Cyclery	Ottawa	Senior	76431	48:58.78		17.77	7:52.37	7:59.97	8:08.71	8:09.36	8:28.95	8:19.42
2	33	STEPHENSON, Jennifer	Nine2FivePro Cycling Team	Ottawa	Senior	75346	50:16.97	1'18.19"	17.31	7:52.73	8:17.24	8:26.44	8:28.22	8:39.43	8:32.92
3	35	SLOBODIAN, Alexandra		Stittsville	Senior	CP19-2884	51:09.12	2'10.34"	17.01	8:25.87	8:29.16	8:44.73	8:35.99	8:28.81	8:24.56
4	38	ROBERTS, Véronique	euro-sports	Gatineau	Senior	CP19-3059	53:31.43	4'32.66"	16.26	8:56.58	8:47.16	8:50.86	8:59.91	8:52.41	9:04.52
5	722	BERNARD, Sophie	First Draft p/b Mercedes-Benz Oakville	Milton	Senior	75485	56:02.36	7'03.59"	15.53	8:44.81	8:56.33	8:54.21	9:23.19	9:40.82	10:23.02
6	720	CANUEL, Karol-Ann	Boels Dolmans Cycling Team	Amos	Senior	50077	57:33.35	8'34.58"	15.12	9:34.99	9:35.03	9:29.99	9:24.58	9:44.88	9:43.88
7	34	LAFLECHE, Emily	euro-sports	Kanata	Senior	75843	58:04.32	9'05.55"	14.99	9:15.74	9:59.58	9:44.84	9:58.00	9:33.86	9:32.30



Eastern Ontario Cyclocross Series #7

November 10, 2019

Master C 50-59 (Women)

14.50 km, 1st lap 2.30 km, 5 more laps of 2.44 km, winner: 52:38 - 16.54 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	187	HARRISON, Suzanne	euro-sports	Ottawa	Master C	75525	52:37.58		16.54	8:28.31	8:46.51	8:52.57	8:47.73	8:50.98	8:51.47
2	185	ALLEN, Valery		Cornwall	Master C	CP19-0028	54:47.95	2'10.37"	15.88	8:43.96	8:57.18	9:24.94	9:14.21	9:17.80	9:09.86
3	195	ADAMS, Jen	RentABike	Ottawa	Master C	CP19-0356	57:10.98	4'33.40"	15.22	9:03.16	9:29.89	9:33.95	9:39.23	9:41.22	9:43.53
4	193	MORRIS, Susan	Ottawa Bicycle Club	Ottawa	Master C	CP19-0334	49:14.97	-1 lap	14.70	9:32.20	9:44.73	9:55.38	9:58.72	10:03.94	
5	189	HORTON, Christine		Chelsea	Master C	51120	50:50.89	-1 lap	14.24	9:46.58	10:08.77	10:15.17	10:28.51	10:11.86	



Eastern Ontario Cyclocross Series #7

November 10, 2019

Under 15 Girls (Women)

14.50 km, 1st lap 2.30 km, 5 more laps of 2.44 km, winner: 58:53 - 14.78 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	64	SMITH, Ella	Ottawa Bicycle Club	Ottawa	U15 Girls	76283	58:53.41		14.78	9:06.06	9:38.36	9:49.20	9:53.49	10:01.15	10:25.16
2	63	BROOKS, Charlotte	S&S Racing:Ottawa Bicycle Club	Nepean	U15 Girls	76020	50:46.75	-1 lap	14.25	10:04.18	10:00.10	10:18.79	10:09.47	10:14.22	
3	60	HAWKES, Elizabeth	The Cyclery	Ottawa	U15 Girls	CP19-1003	55:12.10	-1 lap	13.11	10:21.30	11:03.01	11:05.91	11:20.18	11:21.71	



Eastern Ontario Cyclocross Series #7

November 10, 2019

Under 17 Girls (Women)

12.06 km, 1st lap 2.30 km, 4 more laps of 2.44 km, winner: 50:37 - 14.30 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	95	HESS, Annika	Ottawa Bicycle Club	Ottawa	U17	CP19-0733	50:37.42		14.30	9:56.71	10:12.09	10:18.67	10:07.75	10:02.19
2	99	MCNAUGHTAN, Abigail		Ottawa	U17	CP19-3074	54:18.70	3'41.29"	13.33	10:34.51	11:04.09	11:03.69	10:50.20	10:46.22
3	98	DUNN, Alaina		Richmond	U17	CP19-3076	57:16.21	6'38.80"	12.64	10:02.95	11:50.43	11:50.54	11:43.00	11:49.29
4	97	KELLY, Sara-Ann	Tekné Cycle Club	Ottawa	U17	CP19-3057	49:41.39	-1 lap	11.62	11:21.10	12:37.65	12:53.65	12:48.98	