



presented by
Cyclery

Eastern Ontario Cyclocross Series #7

November 10, 2019

Morning (Men)

18.37 km, 1st lap 2.60 km, 6 more laps of 2.63 km, winner: 51:42 - 21.32 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	457	WESTDAL, John		Ottawa	Master C	76199	51:41.88		21.32	7:07.87	7:25.23	7:24.90	7:24.74	7:28.58	7:28.99	7:21.57
2	113	MCGINNES, Matthew	Little Belgium Bike Gang	Ottawa	Master B	76199	51:41.91	0:01.02	21.32	7:07.87	7:25.23	7:24.90	7:24.74	7:28.58	7:28.99	7:21.57
3	103	HAWKES, Craig	The Cyclery	Ottawa	Master B	76155	51:55.38	0:13.49	21.23	7:02.63	7:30.67	7:24.66	7:25.49	7:31.25	7:30.40	7:30.28
4	118	LABELLE, Sebastien	Little Belgium Bike Gang	Ottawa	Master B	76373	52:46.80	1:04.92	20.88	7:07.36	7:26.60	7:27.32	7:30.94	7:44.74	7:46.66	7:43.18
5	290	WOODFORD, Theodore	TrekHyperthreads Racing	Ottawa	U19 JrM	75566	54:31.32	2:49.43	20.21	7:11.92	7:42.94	7:54.37	7:52.64	8:10.17	7:57.88	7:41.40
6	129	DANIELS, Stephen	Ottawa Bicycle Club	Ottawa	Master B	75988	54:46.26	3:04.37	20.12	7:26.61	7:45.54	7:54.19	7:54.08	7:57.79	7:51.41	7:56.63
7	106	BERGERON, Etienne		Ottawa	Master B	81379	54:51.26	3:09.37	20.08	7:30.63	7:49.57	7:53.49	7:54.82	7:54.97	7:59.64	7:48.14
8	104	DEVEER, Craig	The Cyclery	Ottawa	Master B	76136	55:22.26	3:40.37	19.90	7:25.95	7:52.93	8:08.28	8:07.54	7:59.55	7:53.83	7:54.17
9	297	NG, William	Chelsea Nordiq	Ottawa	U19 JrM	76765	55:29.26	3:47.37	19.86	8:05.78	7:54.89	7:53.60	7:55.76	7:56.41	7:56.42	7:46.40
10	495	ABRAHAM, Mike		Ottawa	Master C	CP19-3063	55:43.26	4:01.37	19.78	7:47.33	7:58.18	7:58.88	8:12.24	7:53.74	7:54.89	7:58.00
11	465	WOODFORD, Michael	Ride with Rendall p/b Biemme	Ottawa	Master C	76362	56:22.26	4:40.37	19.55	8:03.22	7:59.91	7:55.78	7:57.59	8:02.94	8:15.77	8:07.05
12	117	SMITH, Ewan	Ottawa Bicycle Club	Ottawa	Master B	77095	56:26.76	4:44.87	19.52	7:56.25	8:00.81	8:03.87	8:07.68	8:09.13	8:10.16	7:58.85
13	293	LAROCHELLE, Mathis	club espoir triathlon	Gatineau	U19 JrM	CP19-2970	56:27.26	4:45.37	19.52	7:48.52	8:07.08	8:02.38	8:06.36	8:10.04	8:11.05	8:01.81
14	130	DAZ, Rodrigo	euro-sports	Ottawa	Master B	76148	56:37.26	4:55.37	19.46	8:05.89	8:00.20	7:53.45	8:09.98	8:04.54	8:10.69	8:12.49
15	121	ASSELSTINE, Michael	Nine2FivePro Cycling Team	Ottawa	Master B	76346	56:38.26	4:56.37	19.46	7:42.65	8:05.77	8:12.98	8:08.13	8:09.06	8:09.84	8:09.83
16	104	BURSEY, Stephen	GearHeads Cycling Club	Pembroke	Master B	76406	56:39.26	4:57.37	19.45	7:53.69	8:02.20	8:03.30	8:04.00	8:11.25	8:10.37	8:14.45
17	110	HISCOCKS, Mark	Nine2FivePro Cycling Team	Orleans	Master B	76395	57:42.51	6:00.62	19.10	7:48.45	8:06.63	8:07.39	8:25.02	8:30.08	8:36.36	8:08.58
18	144	METSARANTA, Juha		Ottawa	Master B	76499	57:45.54	6:03.66	19.08	8:16.02	8:13.59	8:09.24	8:24.16	8:12.09	8:19.28	8:11.16
19	378	SCHUCK, Peter	Ride with Rendall p/b Biemme	Ottawa	Master D	76204	57:57.07	6:15.19	19.02	7:59.49	8:12.31	8:12.92	8:13.11	8:13.81	8:27.02	8:38.41
20	467	CHARLES, David	Tekné Cycle Club	Richmond	Master C	76557	58:01.39	6:19.51	18.99	8:20.62	8:15.26	8:19.78	8:15.57	8:15.28	8:17.54	8:13.34
21	473	VIALARET, Jean-Christophe	euro-sports	Ottawa	Master C	75918	58:06.46	6:24.57	18.97	7:55.61	8:30.67	8:11.48	8:19.54	8:18.78	8:25.77	8:24.61
22	150	VARNEY, Justin	The Cyclery	Gatineau	Master B	51920	58:12.31	6:30.42	18.93	7:46.92	8:11.15	8:22.01	8:26.19	8:48.80	8:14.88	8:22.36
23	107	JONES, David	Tekné Cycle Club	Ottawa	Master B	CP19-1305	58:17.42	6:35.54	18.91	7:48.55	8:15.68	8:20.27	8:24.70	8:33.55	8:31.73	8:22.95
24	53	DUARTE, Filipe	Les Couisses O' De L'Ouaouais:Ottawa Bicycle Club	Gatineau	U15 Boys	CP19-3001	58:19.90	6:38.01	18.89	7:41.49	8:07.28	8:08.83	8:58.14	8:24.32	8:30.58	8:29.25
25	123	JONES, David	Ottawa Bicycle Club	Ottawa	Master B	76346	58:29.69	6:48.41	18.84	8:26.73	8:23.32	8:11.43	8:19.83	8:21.00	8:24.82	8:22.55
26	138	CLARE, John	Cyclelogik Racing	Ottawa	Master B	CP19-3044	58:37.76	6:55.88	18.80	8:08.55	8:15.63	8:19.09	8:27.11	8:25.84	8:35.50	8:26.04
27	489	LACROIX, Guy		Chelsea	Master C	53111	58:47.66	7:05.78	18.74	8:22.48	8:11.72	8:21.60	8:22.34	8:30.34	8:31.10	8:28.10
28	490	AVERY, Mike		Kingston	Master C	76526	58:59.60	7:17.71	18.68	7:49.99	8:20.12	8:23.40	8:45.60	8:45.12	8:30.36	8:25.01
29	375	COWAN, Norman	Bushlukah	Carp	Master D	CP19-1113	59:03.79	7:21.91	18.66	8:16.77	8:17.42	8:24.83	8:23.13	8:31.91	8:32.07	8:35.56
30	392	BROOKS, Owen	S&S Racing:Ottawa Bicycle Club	Nepean	U17	76018	59:19.21	7:37.33	18.58	8:37.71	8:29.03	8:20.16	8:18.11	8:28.16	8:38.20	8:26.34
31	485	CYR, Bruno	Skinouk VDM	Gatineau	Master C	52745	59:27.57	7:45.69	18.53	8:25.31	8:22.70	8:25.96	8:31.06	8:28.81	8:38.34	8:35.40
32	488	GIBSON, Scott	euro-sports	Winchester	Master C	75648	59:34.18	7:52.30	18.50	8:10.65	8:31.93	8:32.47	8:32.94	8:31.76	8:37.56	8:36.86
33	105	LASKA, Mike	euro-sports	Carp	Master B	CP19-0799	59:37.46	7:55.58	18.48	8:48.79	8:22.42	8:25.76	8:29.48	8:36.11	8:30.79	8:24.10
34	382	FITZMAURICE, Danny		Ottawa	Master D	CP19-3015	59:49.29	8:06.41	18.43	8:18.94	8:19.16	8:24.27	8:42.38	8:42.36	8:42.70	8:38.49
35	481	RODGER, Randall		Nepean	Master C	CP19-3037	59:48.77	8:06.88	18.43	8:51.10	8:27.80	8:22.83	8:33.45	8:36.32	8:30.29	8:26.97
36	125	VAUGHAN, Brad		Nepean	Master B	CP19-1990	1:00:04.88	8:23.00	18.34	8:28.16	8:28.66	8:29.69	8:30.70	8:41.59	8:42.82	8:43.28
37	50	TERRIS, Noah	Skinouk VDM	Gatineau	U15 Boys	51954	1:00:05.14	8:23.25	18.34	8:20.28	8:24.51	8:28.61	8:33.79	8:43.76	9:00.84	8:33.36
38	51	CLARE, Evan	Cyclelogik Racing	Ottawa	U15 Boys	CP19-2911	1:00:13.78	8:31.89	18.30	8:24.32	8:29.61	8:36.93	8:36.49	8:48.89	8:36.88	8:40.67
39	466	CARRIERE, Charles	Cycles Outouais pb/Giant	Ottawa	Master C	61939	1:01:48.56	-1 lap	18.23	8:32.87	8:22.53	8:29.05	8:39.95	8:48.22	9:05.94	
40	47	DANIELS, Robin	Ottawa Bicycle Club	Ottawa	U15 Boys	75989	1:01:48.56	-1 lap	18.23	8:25.31	8:22.53	8:29.05	8:35.92	8:51.08	9:05.80	
41	450	ALLEN, Rob		Cornwall	Master C	CP19-0029	52:13.05	-1 lap	18.09	8:24.85	8:25.33	8:32.66	8:51.90	8:58.20	9:00.11	
42	461	SOLAR, Christopher		Ottawa	Master C	CP19-2347	52:15.48	-1 lap	18.07	8:54.65	8:33.34	8:41.69	8:39.44	8:41.68	8:44.69	
43	359	HOFERK, Zan	Ottawa Bicycle Club	Ottawa	U17	CP19-2895	52:18.27	-1 lap	18.06	8:47.51	8:48.52	8:40.83	8:33.41	8:47.13	8:40.88	
44	131	SKAFEL, Paul	The Cyclery	Ottawa	Master B	76447	52:50.23	-1 lap	17.87	8:34.28	8:33.17	8:39.61	9:01.09	9:01.31	9:00.78	
45	295	DENIGRIS, Nathan	Rebec and Kroes Cycle and Sport	Ottawa	U19 JrM	77074	53:09.85	-1 lap	17.76	8:47.41	8:52.12	8:41.02	8:52.73	8:51.98	9:04.58	
46	724	BRULE, Terry		Gatineau	Master B	CP19-2390	53:13.93	-1 lap	17.74	9:08.31	8:42.95	8:46.57	8:52.09	9:00.18	8:43.83	
47	354	CHAGNON, Julien	Skinouk VDM	Ottawa	U17	76345	53:44.78	-1 lap	17.57	8:43.78	8:37.91	8:49.30	9:00.07	9:23.33	9:10.39	
48	496	NG, Matthew		Ottawa	Master C	76166	53:46.96	-1 lap	17.56	9:07.50	8:44.34	8:58.86	8:51.55	9:09.90	9:06.81	
49	470	LARSON, Eric	Ride with Rendall p/b Biemme	Ottawa	Master C	76398	53:49.40	-1 lap	17.55	8:31.83	8:51.89	9:01.51	9:09.57	9:13.84	9:00.75	
50	492	BROOKS, James	Tekné Cycle Club	Ottawa	Master C	75931	53:55.23	-1 lap	17.51	8:41.16	8:53.72	9:04.19	9:07.79	9:12.84	8:55.53	
51	474	NEWTON, Jack	euro-sports	Ottawa	Master C	CP19-1138	54:02.35	-1 lap	17.48	9:09.88	9:06.60	9:01.62	8:55.89	8:55.88	8:52.48	
52	484	SINCENNES, Andre	The Cyclery	Ottawa	Master C	CP19-3045	54:37.85	-1 lap	17.29	8:53.16	8:58.86	9:03.78	9:12.47	9:20.61	9:08.96	
53	120	LAW, Craig	Little Belgium Bike Gang	Ottawa	Master B	CP19-2964	54:50.26	-1 lap	17.22	9:16.89	9:04.31	9:10.45	9:02.88	9:31.01	8:44.91	
54	119	MCCANENEY, Paul		Manotick	Master B	CP19-2974	55:04.26	-1 lap	17.15	9:18.64	9:04.40	9:11.02	9:19.17	9:13.75	8:57.27	
55	139	CLARK, Jeff	Ottawa Bicycle Club	Carleton Place	Master B	CP19-1838	55:09.26	-1 lap	17.12	8:45.78	9:11.00	9:20.40	9:33.18	9:25.65	8:53.24	
56	357	FAIRHEAD, Thomas	Ottawa Bicycle Club	Ottawa	U17	CP19-1166	56:04.26	-1 lap	16.84	8:51.19	8:47.35	8:41.11	8:56.16	1:00:82	1:03:94	
57	483	VAN DIEPEN, Rene		Ottawa	Master C	76199	56:06.26	-1 lap	16.83	9:11.95	8:53.40	9:57.11	9:08.75	9:48.20	9:06.84	
58	719	DITTMANN, Paul		Ottawa	Master C	CP19-3112	56:36.26	-1 lap	16.68	9:45.59	9:15.64	9:15.56	9:24.40	9:25.22	9:29.85	
59	126	KELLY, Pat	Tekné Cycle Club	Ottawa	Master B	CP19-2104	57:25.44	-1 lap	16.45	9:32.54	9:26.78	9:28.35	9:37.97	9:43.21	9:36.60	
60	451	LEBLANC, Pierre	Cornwall Cycle Club	Casselman	Master C	75472	57:50.05	-1 lap	16.33	9:47.04	9:20.34	9:30.08	9:39.16	9:51.07	9:42.37	
61	43	HISCOCKS, Lucas	Nine2FivePro Cycling Team	Orleans	U15 Boys	CP19-2717	58:37.96	-1 lap	16.11	9:22.09	9:41.91	9:34.95				



Eastern Ontario Cyclocross Series #7

November 10, 2019

Under 15 Boys (Men)

18.37 km, 1st lap 2.60 km, 6 more laps of 2.63 km, winner: 58:20 - 18.89 km/h

Pos	Bib Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	53 DUARTE, Filipe	Les Cuisses Or De L?Ouiaouais:Ottawa Bicycle Club	Gatineau	U15 Boys	CP19-3001	58:19.90		18.89	7:41.49	8:07.28	8:08.83	8:58.14	8:24.32	8:30.58	8:29.25
2	50 TERRIS, Noah	Skinouk VDM	Gatineau	U15 Boys	51954	1:00:05.14	1'45.24"	18.34	8:20.28	8:24.51	8:28.61	8:33.79	8:43.76	9:00.84	8:33.36
3	51 CLARE, Evan	Cyclelogik Racing	Ottawa	U15 Boys	CP19-2911	1:00:13.78	1'53.88"	18.30	8:24.32	8:29.61	8:36.93	8:36.49	8:48.89	8:36.88	8:40.67
4	47 DANIELS, Robin	Ottawa Bicycle Club	Ottawa	U15 Boys	75989	51:48.69	-1 lap	18.23	8:25.31	8:22.53	8:28.05	8:35.92	8:51.08	9:05.80	
5	43 HISCOCKS, Lucas	Nine2FivePro Cycling Team	Orleans	U15 Boys	CP19-2717	58:37.96	-1 lap	16.11	9:22.09	9:41.91	9:34.95	10:09.06	10:16.06	9:33.89	
6	55 VANDERZON, Noah		Carp	U15 Boys	eocx55	1:00:09.84	-1 lap	15.70	10:06.50	10:29.02	10:15.67	9:56.17	9:47.83	9:34.65	
7	44 ROSCOE, Coll		Ottawa	U15 Boys	eocx44	1:00:43.33	-2 laps	12.96	11:35.92	12:02.26	12:10.24	12:26.75	12:28.15		
DNF	48 MCGUIRE, Trey	Tekné Cycle Club	Ottawa	U15 Boys	77027			15.56	10:01.67						



Eastern Ontario Cyclocross Series #7

November 10, 2019

Under 17 Boys (Men)

18.37 km, 1st lap 2.60 km, 6 more laps of 2.63 km, winner: 59:19 - 18.58 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	352	BROOKS, Owen	S&S Racing:Ottawa Bicycle Club	Nepean	U17	76018	59:19.21		18.58	8:37.71	8:29.03	8:20.67	8:18.11	8:29.16	8:38.20	8:26.34
2	359	HOFEREK, Zari	Ottawa Bicycle Club	Ottawa	U17	CP19-2895	52:18.27	-1 lap	18.06	8:47.51	8:48.52	8:40.83	8:33.41	8:47.13	8:40.88	
3	354	CHAGNON, Julien	Skinouk VDM	Ottawa	U17	76345	53:44.78	-1 lap	17.57	8:43.78	8:37.91	8:49.30	9:00.07	9:23.33	9:10.39	
4	357	FAIRHEAD, Thomas	Ottawa Bicycle Club	Ottawa	U17	CP19-1166	56:04.26	-1 lap	16.84	8:51.19	8:47.35	8:41.11	8:56.16	10:08.82	10:39.64	



Eastern Ontario Cyclocross Series #7

November 10, 2019

Master B 40-49 (Men)

18.37 km, 1st lap 2.60 km, 6 more laps of 2.63 km, winner: 51:43 - 21.31 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	113	MCINNES, Matthew	Little Belgium Bike Gang	Ottawa	Master B	76287	51:42.91		21.31	7:12.66	7:21.91	7:24.24	7:22.57	7:27.06	7:30.25	7:24.23
2	103	HAWKES, Craig	The Cyclery	Ottawa	Master B	76155	51:55.38	0'12.47"	21.23	7:02.63	7:30.67	7:24.66	7:25.49	7:31.25	7:30.40	7:30.28
3	118	LABELLE, Sebastien	Little Belgium Bike Gang	Ottawa	Master B	76373	52:46.80	1'03.90"	20.88	7:07.36	7:26.60	7:27.32	7:30.94	7:44.74	7:46.66	7:43.18
4	129	DANIELS, Stephen	Ottawa Bicycle Club	Ottawa	Master B	75988	54:46.26	3'03.35"	20.12	7:26.61	7:45.54	7:54.19	7:54.08	7:57.79	7:51.41	7:56.63
5	106	BERGERON, Etienne		Cantley	Master B	51379	54:51.26	3'08.35"	20.09	7:30.63	7:49.57	7:53.49	7:54.82	7:54.97	7:59.64	7:48.14
6	104	DEVEER, Craig	The Cyclery	Ottawa	Master B	76136	55:22.26	3'39.35"	19.90	7:25.95	7:52.93	8:08.28	8:07.54	7:59.55	7:53.83	7:54.17
7	117	SMITH, Ewan	Ottawa Bicycle Club	Ottawa	Master B	77095	56:26.76	4'43.85"	19.52	7:56.25	8:00.81	8:03.87	8:07.68	8:09.13	8:10.16	7:58.85
8	130	DIAZ, Rodrigo	euro-sports	Ottawa	Master B	76146	56:37.26	4'54.35"	19.46	8:05.89	8:00.20	7:53.45	8:09.98	8:04.54	8:10.69	8:12.49
9	121	ASSELSTINE, Michael	Nine2FivePro Cycling Team	Ottawa	Master B	76346	56:38.26	4'55.35"	19.46	7:42.65	8:05.77	8:12.98	8:08.13	8:09.06	8:09.84	8:09.83
10	134	BURSEY, Stephen	GearHeads Cycling Club	Pembroke	Master B	76406	56:39.26	4'56.35"	19.45	7:53.69	8:02.20	8:03.30	8:04.00	8:11.25	8:10.37	8:14.45
11	110	HISCOCKS, Mark	Nine2FivePro Cycling Team	Orleans	Master B	76395	57:42.51	5'59.60"	19.10	7:48.45	8:06.63	8:07.39	8:25.02	8:30.08	8:36.36	8:08.58
12	144	METSARANTA, Juha		Ottawa	Master B	76499	57:45.54	6'02.64"	19.08	8:16.02	8:13.59	8:09.24	8:24.16	8:12.09	8:19.28	8:11.16
13	150	VARNEY, Justin	The Cyclery	Gatineau	Master B	51920	58:12.31	6'29.40"	18.93	7:46.92	8:11.15	8:22.01	8:26.19	8:48.80	8:14.88	8:22.36
14	107	JONES, David	Tekné Cycle Club	Ottawa	Master B	CP19-1305	58:17.42	6'34.52"	18.91	7:48.55	8:15.68	8:20.27	8:24.70	8:33.55	8:31.73	8:22.95
15	123	JONES, David	Ottawa Bicycle Club	Ottawa	Master B	CP19-1431	58:29.69	6'46.79"	18.84	8:26.73	8:23.32	8:11.43	8:19.83	8:21.00	8:24.82	8:22.55
16	138	CLARE, John	Cyclelogik Racing	Ottawa	Master B	CP19-3044	58:37.76	6'54.86"	18.80	8:08.55	8:15.63	8:19.09	8:27.11	8:25.84	8:35.50	8:26.04
17	105	LASKA, Mike	euro-sports	Carp	Master B	CP19-0799	59:37.46	7'54.56"	18.48	8:48.79	8:22.42	8:25.76	8:29.48	8:36.11	8:30.79	8:24.10
18	125	VAUGHAN, Brad		Nepean	Master B	CP19-1990	1:00:04.88	8'21.98"	18.34	8:28.16	8:28.66	8:29.69	8:30.70	8:41.59	8:42.82	8:43.28
19	131	SKAFEL, Paul	The Cyclery	Ottawa	Master B	76447	52:50.23	-1 lap	17.87	8:34.28	8:33.17	8:39.61	9:01.09	9:01.31	9:00.78	
20	724	BRULE, Terry		Gatineau	Master B	CP19-2390	53:13.93	-1 lap	17.74	9:08.31	8:42.95	8:46.57	8:52.09	9:00.18	8:43.83	
21	120	LAW, Craig	Little Belgium Bike Gang	Ottawa	Master B	CP19-2964	54:50.26	-1 lap	17.22	9:16.69	9:04.31	9:10.45	9:02.88	9:31.01	8:44.91	
22	119	MCANENEY, Paul		Manotick	Master B	CP19-2974	55:04.26	-1 lap	17.15	9:18.64	9:04.40	9:11.02	9:19.17	9:13.75	8:57.27	
23	139	CLARK, Jeff	Ottawa Bicycle Club	Carleton Place	Master B	CP19-1838	55:09.26	-1 lap	17.12	8:45.78	9:11.00	9:20.40	9:33.18	9:25.65	8:53.24	
24	126	KELLY, Pat	Tekné Cycle Club	Ottawa	Master B	CP19-2104	57:25.44	-1 lap	16.45	9:32.54	9:26.78	9:28.35	9:37.97	9:43.21	9:36.60	
25	132	THISTLE, Mark		Kanata	Master B	77069	59:08.98	-1 lap	15.97	9:49.53	9:36.48	9:51.40	9:50.79	10:06.97	9:53.80	
26	723	VANDERZON, David		Carp	Master B	CP19-3083	1:00:09.57	-1 lap	15.70	9:45.42	9:51.97	9:57.51	10:12.65	10:15.31	10:06.71	
27	115	ROSCOE, James		Ottawa	Master B	CP19-3002	56:26.26	-2 laps	13.94	10:27.66	10:58.92	11:15.80	11:48.46	11:55.42		



Eastern Ontario Cyclocross Series #7

November 10, 2019

Master C 50-59 (Men)

18.37 km, 1st lap 2.60 km, 6 more laps of 2.63 km, winner: 51:42 - 21.32 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	457	WESTDAL, John		Ottawa	Master C	76199	51:41.88		21.32	7:07.87	7:25.23	7:24.90	7:24.74	7:28.58	7:28.99	7:21.57
2	495	ABRAHAM, Mike		Ottawa	Master C	CP19-3063	55:43.26	4'01.37"	19.78	7:47.33	7:58.18	7:58.88	8:12.24	7:53.74	7:54.89	7:58.00
3	455	WOODFORD, Michael	Ride with Rendall p/b Biemme	Ottawa	Master C	76352	56:22.26	4'40.37"	19.55	8:03.22	7:59.91	7:55.78	7:57.59	8:02.94	8:15.77	8:07.05
4	467	CHARLES, David	Tekné Cycle Club	Richmond	Master C	75657	58:01.39	6'19.51"	18.99	8:20.62	8:15.26	8:19.78	8:18.57	8:16.28	8:17.54	8:13.34
5	473	VIALARET, Jean-Christophe	euro-sports	Ottawa	Master C	75918	58:06.46	6'24.57"	18.97	7:55.61	8:30.67	8:11.48	8:19.54	8:18.78	8:25.77	8:24.61
6	489	LACROIX, Guy		Chelsea	Master C	53111	58:47.66	7'05.78"	18.74	8:22.48	8:11.72	8:21.60	8:22.34	8:30.34	8:31.10	8:28.10
7	490	AVERY, Mike		Kingston	Master C	76526	58:59.60	7'17.71"	18.68	7:49.99	8:20.12	8:23.40	8:45.60	8:45.12	8:30.36	8:25.01
8	485	CYR, Bruno	Skinouk VDM	Gatineau	Master C	52745	59:27.57	7'45.69"	18.53	8:25.31	8:22.70	8:25.96	8:31.06	8:28.81	8:38.34	8:35.40
9	488	GIBSON, Scott	euro-sports	Winchester	Master C	75648	59:34.18	7'52.30"	18.50	8:10.65	8:31.93	8:32.47	8:32.94	8:31.76	8:37.56	8:36.86
10	481	RODGER, Randal		Nepean	Master C	CP19-3037	59:48.77	8'06.88"	18.43	8:51.10	8:27.80	8:22.83	8:33.45	8:36.32	8:30.29	8:26.97
11	466	CARRIERE, Charles	Cycles Outaouais pb/Giant	Gatineau	Master C	51839	51:48.56	-1 lap	18.23	8:32.87	8:22.53	8:28.05	8:30.95	8:48.22	9:05.94	
12	450	ALLEN, Rob		Cornwall	Master C	CP19-0029	52:13.05	-1 lap	18.09	8:24.85	8:25.33	8:32.66	8:51.90	8:58.20	9:00.11	
13	461	SOLAR, Christopher		Ottawa	Master C	CP19-2347	52:15.48	-1 lap	18.07	8:54.65	8:33.34	8:41.69	8:39.44	8:41.68	8:44.69	
14	496	NG, Matthew		Ottawa	Master C	76766	53:46.96	-1 lap	17.56	9:07.50	8:44.34	8:58.86	8:51.55	9:09.90	8:54.81	
15	470	LARSON, Eric	Ride with Rendall p/b Biemme	Ottawa	Master C	76398	53:49.40	-1 lap	17.55	8:31.83	8:51.89	9:01.51	9:09.57	9:13.84	9:00.75	
16	492	BROOKS, James	Tekné Cycle Club	Ottawa	Master C	75931	53:55.23	-1 lap	17.51	8:41.16	8:53.72	9:04.19	9:07.79	9:12.84	8:55.53	
17	474	NEWTON, Jack	euro-sports	Ottawa	Master C	CP19-1138	54:02.35	-1 lap	17.48	9:09.88	9:06.60	9:01.62	8:55.89	8:55.88	8:52.48	
18	484	SINCENNES, Andre	The Cyclery	Ottawa	Master C	CP19-3045	54:37.85	-1 lap	17.29	8:53.16	8:58.86	9:03.78	9:12.47	9:20.61	9:08.96	
19	483	VAN DIEPEN, Rene		Ottawa	Master C	CP19-3041	56:06.26	-1 lap	16.83	9:11.95	8:53.40	9:57.11	9:08.75	9:48.20	9:06.84	
20	719	DITTMANN, Paul		Ottawa	Master C	CP19-3112	56:36.26	-1 lap	16.68	9:45.59	9:15.64	9:15.56	9:24.40	9:25.22	9:29.85	
21	451	LEBLANC, Pierre	Cornwall Cycle Club	Casselman	Master C	75472	57:50.05	-1 lap	16.33	9:47.04	9:20.34	9:30.08	9:39.16	9:51.07	9:42.37	
22	465	HOBSON, Ian		Ottawa	Master C	CP19-3007	52:33.86	-2 laps	14.97	9:56.83	10:43.32	10:40.55	10:37.33	10:35.82		
23	494	WYNIA, Bernie	Ottawa Bicycle Club	Ottawa	Master C	CP19-1087	54:42.26	-2 laps	14.38	10:22.63	11:09.15	11:02.91	11:07.15	11:00.42		
24	460	DOUGLAS, Greg	Ottawa Bicycle Club	Nepean	Master C	CP19-0082	20:43.09	-5 laps	15.14	10:36.29	10:06.81					
DNF	458	SARAVANAMUTTO, Malcolm	Cyclelogik Racing	Ottawa	Master C	CP19-2918			18.82	7:57.59	8:27.19	8:38.35				
DNF	472	CORNICK, Steven	Ottawa Bicycle Club	Ottawa	Master C	75196			15.10	10:35.98	10:10.54					
DNS	482	SLOBODIAN, Joey	euro-sports	Stittsville	Master C	75752										



Eastern Ontario Cyclocross Series #7

November 10, 2019

Master D 60-69 (Men)

18.37 km, 1st lap 2.60 km, 6 more laps of 2.63 km, winner: 57:57 - 19.02 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	378	SCHUCK, Peter	Ride with Rendall p/b Biemme	Ottawa	Master D	76204	57:57.07		19.02	7:59.49	8:12.31	8:12.92	8:13.11	8:13.81	8:27.02	8:38.41
2	375	COWAN, Norman	Bushtukah	Carp	Master D	CP19-1113	59:03.79	1'06.72"	18.66	8:18.77	8:17.42	8:24.93	8:23.13	8:31.91	8:32.07	8:35.56
3	382	FITZMAURICE, Danny		Ottawa	Master D	CP19-3015	59:48.29	1'51.22"	18.43	8:18.94	8:19.16	8:24.27	8:42.38	8:42.36	8:42.70	8:38.49
4	381	AUSTEN, Ian	Mariposa Cycle Racing Team	Ottawa	Master D	75655	54:21.32	-2 laps	14.47	10:22.67	10:50.36	10:56.69	11:12.87	10:58.73		
5	380	BRUGGER, Marcel	Ride with Rendall p/b Biemme	Ottawa	Master D	CP19-2202	58:55.50	-2 laps	13.35	11:02.68	12:00.69	12:08.37	11:55.62	11:48.15		



Eastern Ontario Cyclocross Series #7

November 10, 2019

Master E 70+ (Men)

13.11 km, 1st lap 2.60 km, 4 more laps of 2.63 km, winner: 55:11 - 14.26 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	74	WOODS, Bob	Ottawa Bicycle Club	Almonte	Master E	75593	55:11.26		14.26	10:37.60	11:01.86	11:12.62	11:09.24	11:09.93
2	73	FLAVELL, Dave	Ottawa Bicycle Club	Ottawa	Master E	CP19-2726	56:34.26	1'23.00"	13.91	11:20.25	11:24.43	11:19.55	11:17.92	11:12.11
3	77	HUMPHREYS, Les	Almonte TT Series	Almonte	Master E	CP19-0307	57:04.82	1'53.56"	13.78	11:47.12	11:27.84	11:12.49	11:25.55	11:11.81
4	76	MCAUSLAN, David		Carleton Place	Master E	CP19-3092	59:10.90	3'59.65"	13.29	13:17.21	11:27.92	11:18.02	11:36.79	11:30.96
5	75	PHILLIPS, Ron	Ottawa Bicycle Club	Ottawa	Master E	CP19-0154	1:03:48.06	8'36.81"	12.33	12:23.07	12:48.47	12:36.28	12:46.39	13:13.85



Eastern Ontario Cyclocross Series #7

November 10, 2019

U19 (Junior) (Men)

18.37 km, 1st lap 2.60 km, 6 more laps of 2.63 km, winner: 54:31 - 20.21 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	290	WOODFORD, Theodore	Trek/Hyperthreads Racing	Ottawa	U19 JrM	75656	54:31.32		20.21	7:11.92	7:42.94	7:54.37	7:52.64	8:10.17	7:57.88	7:41.40
2	297	NG, William	Chelsea Nordiq	Ottawa	U19 JrM	76765	55:29.26	0'57.94"	19.86	8:05.78	7:54.89	7:53.60	7:55.76	7:56.41	7:56.42	7:46.40
3	293	LAROCHELLE, Mathis	club espoir triathlon	Gatineau	U19 JrM	CP19-2970	56:27.26	1'55.94"	19.52	7:48.52	8:07.08	8:02.38	8:06.36	8:10.04	8:11.05	8:01.81
4	295	DENIGRIS, Nathan	Rebec and Kroes Cycle and Sport	Ottawa	U19 JrM	77074	53:09.85	-1 lap	17.76	8:47.41	8:52.12	8:41.02	8:52.73	8:51.98	9:04.58	
DNF	292	MCGUIRE, Taegan	Ride with Rendall p/b Biemme	Ottawa	U19 JrM	75979			19.60	7:24.99	7:50.17	8:11.03	8:39.73			



Eastern Ontario Cyclocross Series #7

November 10, 2019

Novice (Men)

15.74 km, 1st lap 2.60 km, 5 more laps of 2.63 km, winner: 1:00:54 - 15.51 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	91	MOHAMMADI, Carl		Ottawa	Novice	CP19-3006	1:00:54.48		15.51	9:43.29	9:57.22	10:23.32	10:13.21	10:13.15	10:24.28