



Eastern Ontario Cyclocross Series #6

November 03, 2019

Women (Women)

12.16 km, 1st lap 1.30 km, 5 more laps of 2.17 km, winner: 47:34 - 15.34 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	31	WENDLAND, Jodi	The Cyclery	Ottawa	Senior	76431	47:34		15.34	4:26	8:28	8:42	8:46	8:32	8:41
2	33	STEPHENSON, Jennifer	Nine2FivePro Cycling Team	Ottawa	Senior	75346	48:04	0'30"	15.18	4:26	8:34	8:23	8:48	8:59	8:53
3	704	LAMANTIA, Valérie		Montréal	Senior	54535	52:05	4'31"	14.01	4:45	9:05	9:15	9:32	9:42	9:46
4	187	HARRISON, Suzanne	euro-sports	Ottawa	Master C	75525	52:30	4'56"	13.90	4:36	9:25	9:29	9:37	9:39	9:45
5	229	SHAW, Amanda	The Cyclery	Ottawa	Master B	CP19-2864	53:40	6'05"	13.60	4:39	9:24	9:39	9:58	9:57	10:03
6	40	FLYNN, Emily	LA Sweat	Winchester	Senior	75183	53:54	6'19"	13.54	4:34	10:08	10:09	9:29	9:57	9:38
7	185	ALLEN, Valery		Cornwall	Master C	CP19-0028	54:00	6'25"	13.51	5:01	9:52	9:45	9:50	9:53	9:39
8	38	ROBERTS, Véronique	euro-sports	Gatineau	Senior	CP19-3059	55:48	8'13"	13.08	5:17	9:47	9:42	9:55	10:26	10:41
9	37	MESSIER, Jill	West Quebec Wheelers	Gatineau	Senior	52464	56:29	8'55"	12.92	5:06	10:04	10:09	10:32	10:29	10:08
10	35	SLOBODIAN, Alexandra		Stittsville	Senior	CP19-2884	56:49	9'14"	12.84	4:27	9:55	12:40	9:32	9:58	10:17
11	371	MEYER, Lisa	euro-sports	Ottawa	Master D	75869	57:36	10'02"	12.67	5:25	10:21	10:12	10:15	10:34	10:49
12	195	ADAMS, Jen	RentABike	Ottawa	Master C	CP19-0356	47:49	-1 lap	12.53	4:44	10:11	11:52	10:27	10:35	
13	212	GRIEVE, Natalie		Kanata	Master B	CP19-1829	48:28	-1 lap	12.36	5:18	10:20	10:42	10:53	11:15	
14	34	LAFLECHE, Emily	euro-sports	Kanata	Senior	75843	49:09	-1 lap	12.19	5:14	10:42	11:10	11:06	10:56	
15	81	KENWELL, Carley		Nepean	Master A	CP19-1991	49:27	-1 lap	12.12	5:37	10:39	10:59	11:16	10:55	
16	210	TKALEC, Heather	euro-sports	Ottawa	Master B	75800	51:29	-1 lap	11.64	5:34	10:58	11:23	11:28	12:05	
17	280	MAINE, Chloe		Ottawa	U19 JrF	CP19-2968	52:09	-1 lap	11.49	5:36	10:59	11:28	11:59	12:07	
18	218	ROCHON, Marie-Helene	Miss Wheels	Gatineau	Master B	CP19-2972	52:23	-1 lap	11.44	5:54	11:00	11:27	11:53	12:08	
19	67	ALLAN, Claire	Ottawa Bicycle Club	Ottawa	U15 Girls	CP19-1259	53:11	-1 lap	11.27	6:03	11:17	11:37	13:10	11:04	
20	96	GRIEVE, Mia	Ride with Rendall p/b Biemme	Kanata	U17	76621	53:40	-1 lap	11.17	5:21	11:20	11:53	12:26	12:40	
21	189	HORTON, Christine		Chelsea	Master C	51120	54:24	-1 lap	11.02	6:08	11:48	11:52	12:16	12:20	
22	94	LYONNAIS, Claudia	Ride with Rendall p/b Biemme	Gatineau	U17	52670	56:17	-1 lap	10.65	6:17	12:05	12:41	12:34	12:41	
23	204	BEREZNAI, Claudia		Ottawa	Master B	CP19-3000	56:42	-1 lap	10.57	6:26	11:59	12:28	12:55	12:53	
24	192	MORITZ, Andrea		Ottawa	Master C	CP19-3039	57:15	-1 lap	10.47	6:31	12:24	12:51	12:57	12:32	
25	36	O'CONNOR, Emily	Ottawa Bicycle Club	Ottawa	Senior	CP19-1710	58:07	-1 lap	10.31	6:37	12:04	12:44	13:25	13:16	
26	99	MCNAUGHTAN, Abigail		Ottawa	U17	CP19-3074	59:19	-1 lap	10.10	6:05	12:31	13:06	14:17	13:20	
27	221	ALBERS, Christina	Ottawa Bicycle Club	Ottawa	Master B	CP19-2914	1:00:40	-1 lap	9.88	6:40	13:06	13:25	13:55	13:34	
28	97	KELLY, Sara-Ann	Tekné Cycle Club	Ottawa	U17	CP19-3057	1:01:15	-1 lap	9.79	6:04	13:21	13:40	13:34	14:35	
29	66	WESTDAL, Ciara	Ottawa Bicycle Club	Ottawa	U15 Girls	CP19-1080	42:25	-2 laps	11.06	6:03	11:17	11:37	13:28		
30	98	DUNN, Alaina		Richmond	U17	CP19-3076	49:21	-2 laps	9.50	6:21	14:02	14:12	14:47		
31	191	SLOBODIAN, Angela	Ottawa Bicycle Club	Stittsville	Master C	CP19-0574	51:21	-2 laps	9.13	7:14	13:57	14:55	15:16		
32	186	BOUCHER, Lucie	Ottawa Bicycle Club	Gatineau	Master C	CP19-0192	56:47	-2 laps	8.26	7:34	15:20	16:40	17:13		
DNF	32	TARDIF, Magalie	OBC Junior Racing Team	Gatineau	Senior	CP19-0193			11.65	5:52	12:01				



Eastern Ontario Cyclocross Series #6

November 03, 2019

Master A 30-39 (Women)

9.99 km, 1st lap 1.30 km, 4 more laps of 2.17 km, winner: 49:27 - 12.12 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	81	KENWELL, Carley		Nepean	Master A	CP19-1991	49:27		12.12	5:37	10:39	10:59	11:16	10:55



Eastern Ontario Cyclocross Series #6

November 03, 2019

U19 (Junior) (Women)

9.99 km, 1st lap 1.30 km, 4 more laps of 2.17 km, winner: 52:09 - 11.49 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	280	MAINE, Chloe		Ottawa	U19 JrF	CP19-2968	52:09		11.49	5:36	10:59	11:28	11:59	12:07



Eastern Ontario Cyclocross Series #6

November 03, 2019

Master B 40-49 (Women)

12.16 km, 1st lap 1.30 km, 5 more laps of 2.17 km, winner: 53:40 - 13.60 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	229	SHAW, Amanda	The Cyclery	Ottawa	Master B	CP19-2864	53:40		13.60	4:39	9:24	9:39	9:58	9:57	10:03
2	212	GRIEVE, Natalie		Kanata	Master B	CP19-1829	48:28	-1 lap	12.36	5:18	10:20	10:42	10:53	11:15	
3	210	TKALEC, Heather	euro-sports	Ottawa	Master B	75800	51:29	-1 lap	11.64	5:34	10:58	11:23	11:28	12:05	
4	218	ROCHON, Marie-Helene	Miss Wheels	Gatineau	Master B	CP19-2972	52:23	-1 lap	11.44	5:54	11:00	11:27	11:53	12:08	
5	204	BEREZNAI, Claudia		Ottawa	Master B	CP19-3000	56:42	-1 lap	10.57	6:26	11:59	12:28	12:55	12:53	
6	221	ALBERS, Christina	Ottawa Bicycle Club	Ottawa	Master B	CP19-2914	1:00:40	-1 lap	9.88	6:40	13:06	13:25	13:55	13:34	



Eastern Ontario Cyclocross Series #6

November 03, 2019

Senior (Women)

12.16 km, 1st lap 1.30 km, 5 more laps of 2.17 km, winner: 47:34 - 15.34 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	31	WENDLAND, Jodi	The Cyclery	Ottawa	Senior	76431	47:34		15.34	4:26	8:28	8:42	8:46	8:32	8:41
2	33	STEPHENSON, Jennifer	Nine2FivePro Cycling Team	Ottawa	Senior	75346	48:04	0'30"	15.18	4:26	8:34	8:23	8:48	8:59	8:53
3	704	LAMANTIA, Valérie		Montréal	Senior	54535	52:05	4'31"	14.01	4:45	9:05	9:15	9:32	9:42	9:46
4	40	FLYNN, Emily	LA Sweat	Winchester	Senior	75183	53:54	6'19"	13.54	4:34	10:08	10:09	9:29	9:57	9:38
5	38	ROBERTS, Véronique	euro-sports	Gatineau	Senior	CP19-3059	55:48	8'13"	13.08	5:17	9:47	9:42	9:55	10:26	10:41
6	37	MESSIER, Jill	West Quebec Wheelers	Gatineau	Senior	52464	56:29	8'55"	12.92	5:06	10:04	10:09	10:32	10:29	10:08
7	35	SLOBODIAN, Alexandra		Stittsville	Senior	CP19-2884	56:49	9'14"	12.84	4:27	9:55	12:40	9:32	9:58	10:17
8	34	LAFLECHE, Emily	euro-sports	Kanata	Senior	75843	49:09	-1 lap	12.19	5:14	10:42	11:10	11:06	10:56	
9	36	O'CONNOR, Emily	Ottawa Bicycle Club	Ottawa	Senior	CP19-1710	58:07	-1 lap	10.31	6:37	12:04	12:44	13:25	13:16	
DNF	32	TARDIF, Magalie	OBC Junior Racing Team	Gatineau	Senior	CP19-0193			11.65	5:52	12:01				



Eastern Ontario Cyclocross Series #6

November 03, 2019

Master C 50-59 (Women)

12.16 km, 1st lap 1.30 km, 5 more laps of 2.17 km, winner: 52:30 - 13.90 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	187	HARRISON, Suzanne	euro-sports	Ottawa	Master C	75525	52:30		13.90	4:36	9:25	9:29	9:37	9:39	9:45
2	185	ALLEN, Valery		Cornwall	Master C	CP19-0028	54:00	1'29"	13.51	5:01	9:52	9:45	9:50	9:53	9:39
3	195	ADAMS, Jen	RentABike	Ottawa	Master C	CP19-0356	47:49	-1 lap	12.53	4:44	10:11	11:52	10:27	10:35	
4	189	HORTON, Christine		Chelsea	Master C	51120	54:24	-1 lap	11.02	6:08	11:48	11:52	12:16	12:20	
5	192	MORITZ, Andrea		Ottawa	Master C	CP19-3039	57:15	-1 lap	10.47	6:31	12:24	12:51	12:57	12:32	
6	191	SLOBODIAN, Angela	Ottawa Bicycle Club	Stittsville	Master C	CP19-0574	51:21	-2 laps	9.13	7:14	13:57	14:55	15:16		
7	186	BOUCHER, Lucie	Ottawa Bicycle Club	Gatineau	Master C	CP19-0192	56:47	-2 laps	8.26	7:34	15:20	16:40	17:13		



Eastern Ontario Cyclocross Series #6

November 03, 2019

Under 15 Girls (Women)

9.99 km, 1st lap 1.30 km, 4 more laps of 2.17 km, winner: 53:11 - 11.27 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	67	ALLAN, Claire	Ottawa Bicycle Club	Ottawa	U15 Girls	CP19-1259	53:11		11.27	6:03	11:17	11:37	13:10	11:04
2	66	WESTDAL, Ciara	Ottawa Bicycle Club	Ottawa	U15 Girls	CP19-1080	42:25	-1 lap	11.06	6:03	11:17	11:37	13:28	



Eastern Ontario Cyclocross Series #6

November 03, 2019

Master D 60+ (Women)

12.16 km, 1st lap 1.30 km, 5 more laps of 2.17 km, winner: 57:36 - 12.67 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	371	MEYER, Lisa	euro-sports	Ottawa	Master D	75869	57:36		12.67	5:25	10:21	10:12	10:15	10:34	10:49



Eastern Ontario Cyclocross Series #6

November 03, 2019

Under 17 Girls (Women)

9.99 km, 1st lap 1.30 km, 4 more laps of 2.17 km, winner: 53:40 - 11.17 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	96	GRIEVE, Mia	Ride with Rendall p/b Biemme	Kanata	U17	76621	53:40		11.17	5:21	11:20	11:53	12:26	12:40
2	94	LYONNAIS, Claudia	Ride with Rendall p/b Biemme	Gatineau	U17	52670	56:17	2'37"	10.65	6:17	12:05	12:41	12:34	12:41
3	99	MCNAUGHTAN, Abigail		Ottawa	U17	CP19-3074	59:19	5'38"	10.10	6:05	12:31	13:06	14:17	13:20
4	97	KELLY, Sara-Ann	Tekné Cycle Club	Ottawa	U17	CP19-3057	1:01:15	7'34"	9.79	6:04	13:21	13:40	13:34	14:35
5	98	DUNN, Alaina		Richmond	U17	CP19-3076	49:21	-1 lap	9.50	6:21	14:02	14:12	14:47	