



# Eastern Ontario Cyclocross Series #6 November 03, 2019

Morning (Men)

14.03 km, 1st lap 1.00 km, 6 more laps of 2.17 km, winner: 48:44 - 17.28 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	716	PLAMONDON, Joel	Espoirs Elite Primeau Vélo	Montreal	U19 JrM	52939	48:43.78		17.28	3:42.15	7:17.41	7:16.32	7:24.48	7:30.16	7:37.19	7:56.07
2	713	BOUVETTE, Steve	Veloselect Racing Team	Lachine	Master C	51990	49:10.59	0:26.80*	17.12	3:36.00	7:18.69	7:26.86	7:30.10	7:41.34	7:43.39	7:54.21
3	457	WESTDAL, John		Ottawa	Master C	76199	50:11.00	1:27.21*	16.78	3:43.95	7:26.39	7:23.60	7:46.65	7:51.60	8:02.21	7:56.58
4	113	MCCINNES, Matthew	Little Belgium Bike Gang	Ottawa	Master B	76287	50:14.81	1:31.03*	16.76	3:52.40	7:21.87	7:33.99	7:36.14	7:51.99	7:59.44	7:58.99
5	118	LABELLE, Sebastien	Little Belgium Bike Gang	Ottawa	Master B	76373	51:04.72	2:20.93*	16.49	3:47.15	7:22.92	7:42.66	7:46.19	8:07.08	8:03.53	8:15.19
6	103	HAWKES, Craig	The Cyclery	Ottawa	Master B	76155	52:14.34	3:30.55*	16.12	3:44.37	7:27.18	7:45.07	7:50.94	8:21.06	8:29.24	8:36.48
7	714	FEE, John	The Cyclery	Ottawa	Master B	76156	52:36.10	3:52.32*	16.01	3:39.04	7:45.77	8:11.19	8:13.32	8:09.32	8:23.34	8:14.12
8	297	NG, William	Chelsea Nordiq	Ottawa	U19 JrM	76165	53:22.72	4:38.94*	15.78	4:15.43	7:57.67	8:13.38	7:56.07	8:17.21	8:25.61	8:17.35
9	150	VARNEY, Justin	The Cyclery	Gatineau	Master B	76190	54:36.40	5:52.62*	15.42	4:07.72	8:19.96	8:15.60	8:21.22	8:23.02	8:30.37	8:38.52
10	130	DIAZ, Rodrigo	euro-sports	Ottawa	Master B	76146	54:56.37	6:12.59*	15.33	3:55.46	8:22.03	8:18.84	8:28.00	8:38.49	8:43.38	8:30.18
11	293	LAROCHELLE, Mathis	club espoir triathlon	Gatineau	U19 JrM	CP19-2970	54:56.69	6:12.90*	15.33	4:06.99	8:05.58	8:27.00	8:38.12	8:35.95	8:40.61	8:22.45
12	127	WALLNER, Kristjan	Ottawa Bicycle Club	Ottawa	Master B	CP19-1645	54:57.92	6:14.13*	15.32	4:08.46	8:21.34	8:30.06	8:28.49	8:35.05	8:29.15	8:25.37
13	106	BERGERON, Etienne	Canlyle	Ottawa	Master B	51379	55:29.25	6:45.46*	15.18	4:02.12	8:24.73	8:15.26	8:38.07	8:53.90	8:41.59	8:32.29
14	121	ASSELSTINE, Michael	Nine2FivePro Cycling Team	Ottawa	Master B	76346	56:32.18	6:48.40*	15.16	4:04.38	8:13.46	8:25.09	8:36.83	8:41.87	8:47.26	8:44.28
15	495	ABRAHAM, Mike		Ottawa	Master C	CP19-3063	55:51.44	7:07.65*	15.08	4:04.89	8:08.15	8:20.95	8:35.06	8:43.90	9:01.00	8:57.49
16	144	METSARANTA, Juha		Ottawa	Master B	76499	56:25.09	7:41.30*	14.93	4:25.47	8:35.52	8:26.35	8:37.85	8:48.40	8:41.40	8:50.10
17	378	SCHUCK, Peter	Ride with Rendall p/b Biemme	Ottawa	Master D	76204	56:31.25	7:47.47*	14.90	4:14.49	8:20.81	8:19.83	8:51.58	8:43.74	8:55.48	9:05.32
18	493	VARNEY, Gregory	The Cyclery	Ottawa	Master C	75772	56:35.51	7:51.73*	14.88	4:20.02	8:26.42	8:29.87	8:41.92	8:50.19	8:48.40	8:58.70
19	459	MALLORY, Kevin		Ottawa	Master C	CP19-2999	56:39.71	7:55.93*	14.86	4:17.19	8:14.28	8:26.55	8:51.19	8:52.75	9:02.26	8:55.49
20	715	PLAMONDON, Gerald	Espoirs de Laval Primeau Vélo	Montreal	Master C	53124	56:52.37	8:08.59*	14.81	4:27.76	8:48.64	8:30.43	8:40.89	8:38.19	8:47.06	8:59.40
21	490	AVERY, Mike		Kingston	Master C	76526	57:08.44	8:24.65*	14.74	3:57.58	8:14.18	9:04.15	9:13.10	8:54.65	8:42.44	9:02.34
22	467	CHARLES, David	Tekné Cycle Club	Richmond	Master C	75657	57:38.77	8:54.99*	14.61	4:12.27	8:03.83	8:22.72	9:53.90	9:06.06	8:43.02	9:16.98
23	110	HISCOCKS, Mark	Nine2FivePro Cycling Team	Orleans	Master B	76395	58:25.18	9:41.39*	14.41	4:06.77	8:20.59	8:47.95	9:00.84	9:06.45	9:02.61	9:59.96
24	382	FITZMAURICE, Danny		Ottawa	Master D	CP19-3015	48:54.94		-1 lap	14:55	4:14.95	8:27.19	8:57.23	8:59.52	9:04.25	9:11.80
25	123	JONES, David	Ottawa Bicycle Club	Ottawa	Master B	CP19-1431	48:56.26		-1 lap	14:41	4:14.76	8:42.73	9:08.07	9:10.85	9:10.61	
26	375	COWAN, Norman	Bushtukah	Carp	Master D	CP19-1113	49:35.65		-1 lap	14:35	4:20.26	8:47.83	8:46.73	8:59.50	9:15.44	9:25.89
27	488	GIBSON, Scott	euro-sports	Winchester	Master C	75648	49:38.00		-1 lap	14:34	4:20.51	9:29.49	8:39.66	8:52.33	8:55.55	9:20.47
28	489	LACROIX, Guy		Chelsea	Master C	53111	49:47.31		-1 lap	14:29	4:26.44	8:45.62	8:58.48	9:06.06	9:13.95	9:16.76
29	486	BORRENS, Jim		Ottawa	Master C	CP19-3038	50:04.14		-1 lap	14:21	4:39.26	8:48.66	8:42.91	9:02.39	9:25.13	9:25.79
30	52	DESJARDINS, Julien	Skinouk VDM	Gatineau	U15 Boys	51770	50:09.05		-1 lap	14:19	4:43.47	8:52.76	9:12.41	8:51.97	9:07.90	9:20.53
31	135	CANN, Stephen	Top Speed Racing	Ottawa	Master B	CP19-1435	51:17.72		-1 lap	13:87	4:33.33	8:50.24	8:58.82	9:45.90	9:36.84	9:32.59
32	147	DUARTE, Tiago	Tekné Cycle Club	Gatineau	Master B	51659	51:23.30		-1 lap	13:85	4:23.82	8:57.21	9:06.40	9:12.32	9:45.66	9:57.88
33	139	CLARK, Jeff	Ottawa Bicycle Club	Carleton Place	Master B	CP19-1838	51:23.64		-1 lap	13:85	4:39.22	8:55.18	9:07.40	9:20.12	9:59.16	9:22.56
34	450	ALLEN, Rob		Corwall	Master C	CP19-0029	51:33.89		-1 lap	13:80	4:47.23	8:53.94	9:19.85	9:19.22	9:36.26	9:37.38
35	125	VAUGHAN, Brad		Nepean	Master B	CP19-1990	51:46.87		-1 lap	13:74	4:46.44	9:08.61	9:17.94	9:20.79	9:29.21	9:43.88
36	717	DESBIENS, Martin	Rouleurs - Polo Vélo	Ottawa	Master C	53022	51:56.88		-1 lap	13:70	4:46.01	9:19.84	9:10.61	9:25.87	9:39.48	9:35.07
37	474	NEWTON, Jack	euro-sports	Ottawa	Master C	CP19-1138	51:57.51		-1 lap	13:70	4:42.70	9:30.42	9:20.16	9:22.05	9:32.17	9:30.02
38	131	SKAFEL, Paul	The Cyclery	Ottawa	Master B	76447	52:10.32		-1 lap	13:64	4:32.66	8:55.42	9:16.98	9:29.88	9:57.82	9:57.55
39	359	HOFEREK, Zari	Ottawa Bicycle Club	Ottawa	U17	CP19-2895	52:24.20		-1 lap	13:58	4:34.02	8:41.73	8:43.64	9:03.23	9:15.68	12:05.89
40	119	MCANENEY, Paul		Manotick	Master B	CP19-2974	52:39.02		-1 lap	13:52	4:54.50	9:20.85	9:19.93	9:22.56	9:51.08	9:50.10
41	461	SOLAR, Christopher		Ottawa	Master C	CP19-2347	52:53.17		-1 lap	13:46	4:56.59	9:21.09	9:26.22	9:38.11	9:36.76	9:53.38
42	475	SHANTZ, David	euro-sports	Chelsea	Master C	52217	53:23.62		-1 lap	13:33	4:43.67	9:17.54	9:24.67	9:55.29	10:03.64	9:58.80
43	496	NG, Matthew		Ottawa	Master C	76766	53:42.45		-1 lap	13:25	4:55.63	9:28.49	9:30.15	9:43.40	10:03.67	10:01.12
44	483	VAN DIEPEN, Rene		Ottawa	Master C	CP19-3041	53:55.45		-1 lap	13:20	4:59.48	9:28.23	9:25.28	10:01.57	10:01.15	9:59.75
45	710	MCNEELY, Scott	euro-sports	Kingston	Master C	CP19-3096	54:44.06		-1 lap	13:00	4:49.86	9:35.37	9:37.52	10:00.79	10:17.79	10:22.72
46	122	SHERMAN, Joby		Ottawa	Master B	CP19-1440	55:24.62		-1 lap	12:84	5:12.79	9:46.10	10:02.92	9:55.13	10:18.02	10:09.67
47	487	MANUKIAN, Sevak	Ottawa Bicycle Club	Ottawa	Master C	CP19-0814	55:49.07		-1 lap	12:75	4:54.55	9:50.85	10:04.04	10:19.12	10:41.30	9:59.22
48	456	SPEELMAN, Chris	Ottawa Bicycle Club	Ottawa	Master C	CP19-0653	56:26.56		-1 lap	12:51	5:11.86	10:03.56	10:03.87	10:21.07	10:30.97	10:45.53
49	132	THISTLE, Mark		Kanata	Master B	77069	57:11.95		-1 lap	12:44	4:57.19	9:49.84	10:07.23	10:31.72	10:34.66	11:11.30
50	479	WHERRETT, Chris		Ottawa	Master C	CP19-1443	57:14.87		-1 lap	12:43	5:12.00	9:49.68	10:02.60	10:26.28	10:59.82	10:44.50
51	451	LEBLANC, Pierre	Corwall Cycle Club	Casselman	Master C	75472	57:32.12		-1 lap	12:37	5:01.42	9:55.76	10:19.78	10:32.93	10:40.09	11:02.13
52	126	KELLY, Pat	Tekné Cycle Club	Ottawa	Master B	CP19-2104	58:02.35		-1 lap	12:26	5:08.15	10:03.84	10:35.47	10:32.19	11:00.20	10:44.51
53	148	LEOFAS, Jake	Nine2FivePro Cycling Team	Orleans	Master B	CP19-1368	58:16.39		-1 lap	12:21	4:42.17	10:42.46	10:40.66	10:23.73	10:55.81	10:51.56
54	472	CORNICK, Steven	Ottawa Bicycle Club	Ottawa	Master C	75196	58:50.27		-1 lap	12:10	5:31.19	10:08.92	10:23.54	10:41.60	11:09.96	10:55.06
55	703	DITTMANN, Paul		Ottawa	Master C	CP19-3112	59:07.97		-1 lap	12:04	5:10.34	10:26.15	10:21.14	10:38.15	11:17.01	11:15.18
56	43	HISCOCKS, Lucas	Nine2FivePro Cycling Team	Orleans	U15 Boys	CP19-2717	59:28.61		-1 lap	11:97	5:13.75	10:12.47	10:42.63	10:55.50	11:33.02	10:51.26
57	124	PANICO, Giacomo		Ottawa	Master B	CP19-1441	49:05.80	-2 laps	11:84	5:10.26	10:37.28	10:48.67	11:03.01	11:26.57		
58	476	BROUILLARD, Enc	Strokens CC	Ottawa	Master C	CP19-2698	50:54.70	-2 laps	11:42	5:29.51	10:20.02	11:16.26	11:47.20	12:01.71		
59	102	AMSELLEM, David	Skinouk VDM	Gatineau	U17	52449	51:19.87	-2 laps	11:33	5:08.50	11:00.59	11:33.56	11:33.22	12:04.00		
60	295	DENIGRIS, Nathan	Rebec and Kroes Cycle and Sport	Ottawa	U19 JrM	77074	51:37.56	-2 laps	11:26	5:34.67	10:55.56	11:18.63	11:28.57	12:20.14		
61	137	THOMAS, Matthw	Ottawa Bicycle Club	Ottawa	Master B	76883	51:40.08	-2 laps	11:25	5:28.04	10:58.23	11:18.76	11:51.40	12:03.65		
62	460	DOUGLAS, Greg	Ottawa Bicycle Club	Nepean	Master C	CP19-0082	52:14.30	-2 laps	11:13	5:43.90	12:15.78	10:54.10	11:35.49	11:45.02		
63	385	KIERNAN, Steven		Ottawa	Master D	CP19-3084	52:44.11	-2 laps	11:02	5:32.71	11:13.45	11:42.47	11:54.91	12:20.57		
64	465	HOBSON, Ian		Ottawa	Master C	CP19-3007	52:47.50	-2 laps	11:01	5:28.99	11:34.45	12:02.61	11:58.36	11:43.18		
65	386	FORBES, Jim		Ottawa	Master D	75203	53:13.22	-2 laps	10:92	5:48.76	11:12.54	11:42.03	12:09.57	12:20.31		
66	381	AUSTEN, Ian	Mariposa Cycle Racing Team	Ottawa	Master D	75655	54:28.18	-2 laps	10:67	5:42.42	12:07.04	11:58.44	12:09.87	12:30.41		
67	73	FLAVELL, Dave	Ottawa Bicycle Club	Ottawa	Master E	CP19-2726	57:46.01	-2 laps	10:06	6:17.86	12:29.85	12:31.71	13:19.34	13:07.25		
68	494	WYNIA, Bernie	Ottawa Bicycle Club	Ottawa	Master C	CP19-1087	58:05.24	-2 laps	10:01	6:08.83	12:17.02	13:27.58	13:17.36	12:54.45		
69	74	WOODS, Bob	Ottawa Bicycle Club	Almonte	Master E	75993	59:14.26	-2 laps	9:81	6:11.51	12:59.32	13:11.27	13:36.05	13:16.10		
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# Eastern Ontario Cyclocross Series #6

November 03, 2019

Under 15 Boys (Men)

11.86 km, 1st lap 1.00 km, 5 more laps of 2.17 km, winner: 50:09 - 14.19 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	52	DESJARDINS, Julien	Skinouk VDM	Gatineau	U15 Boys	51770	50:09.05		14.19	4:43.47	8:52.76	9:12.41	8:51.97	9:07.90	9:20.53
2	43	HISCOCKS, Lucas	Nine2FivePro Cycling Team	Orleans	U15 Boys	CP19-2717	59:28.61	9'19.56"	11.97	5:13.75	10:12.47	10:42.63	10:55.50	11:33.02	10:51.26



# Eastern Ontario Cyclocross Series #6

November 03, 2019

Under 17 Boys (Men)

11.86 km, 1st lap 1.00 km, 5 more laps of 2.17 km, winner: 52:24 - 13.58 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	359	HOFEREK, Zari	Ottawa Bicycle Club	Ottawa	U17	CP19-2895	52:24.20		13.58	4:34.02	8:41.73	8:43.64	9:03.23	9:15.68	12:05.89
2	702	AMSELLEM, David	Skinouk VDM	Gatineau	U17	52449	51:19.87	-1 lap	11.33	5:08.50	11:00.59	11:33.56	11:33.22	12:04.00	



# Eastern Ontario Cyclocross Series #6

November 03, 2019

Master B 40-49 (Men)

14.03 km, 1st lap 1.00 km, 6 more laps of 2.17 km, winner: 50:15 - 16.76 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	113	MCINNES, Matthew	Little Belgium Bike Gang	Ottawa	Master B	76287	50:14.81		16.76	3:52.40	7:21.87	7:33.99	7:36.14	7:51.99	7:59.44	7:58.99
2	118	LABELLE, Sebastien	Little Belgium Bike Gang	Ottawa	Master B	76373	51:04.72	0'49.90"	16.49	3:47.15	7:22.92	7:42.66	7:46.19	8:07.08	8:03.53	8:15.19
3	103	HAWKES, Craig	The Cyclery	Ottawa	Master B	76155	52:14.34	1'59.52"	16.12	3:44.37	7:27.18	7:45.07	7:50.94	8:21.06	8:29.24	8:36.48
4	714	FEE, John	The Cyclery	Ottawa	Master B	76156	52:36.10	2'21.29"	16.01	3:39.04	7:45.77	8:11.19	8:13.32	8:09.32	8:23.34	8:14.12
5	150	VARNEY, Justin	The Cyclery	Gatineau	Master B	51920	54:36.40	4'21.59"	15.42	4:07.72	8:19.96	8:15.60	8:21.22	8:23.02	8:30.37	8:38.52
6	130	DIAZ, Rodrigo	euro-sports	Ottawa	Master B	76146	54:56.37	4'41.56"	15.33	3:55.46	8:22.03	8:18.84	8:28.00	8:38.49	8:43.38	8:30.18
7	127	WALLNER, Kristjan	Ottawa Bicycle Club	Ottawa	Master B	CP19-1645	54:57.92	4'43.10"	15.32	4:08.46	8:21.34	8:30.06	8:28.49	8:35.05	8:29.15	8:25.37
8	106	BERGERON, Etienne		Cantley	Master B	51379	55:29.25	5'14.43"	15.18	4:02.12	8:24.73	8:15.25	8:39.07	8:53.90	8:41.89	8:32.29
9	121	ASSELSTINE, Michael	Nine2FivePro Cycling Team	Ottawa	Master B	76346	55:32.18	5'17.37"	15.16	4:04.39	8:13.46	8:25.09	8:35.83	8:41.87	8:47.26	8:44.28
10	144	METSARANTA, Juha		Ottawa	Master B	76499	56:25.09	6'10.27"	14.93	4:25.47	8:35.52	8:26.35	8:37.85	8:48.40	8:41.40	8:50.10
11	110	HISCOCKS, Mark	Nine2FivePro Cycling Team	Orleans	Master B	76395	58:25.18	8'10.36"	14.41	4:06.77	8:20.59	8:47.95	9:00.84	9:06.45	9:02.61	9:59.96
12	123	JONES, David	Ottawa Bicycle Club	Ottawa	Master B	CP19-1431	49:26.03	-1 lap	14.40	4:32.01	8:41.76	8:42.73	9:08.07	9:10.85	9:10.61	
13	135	CANN, Stephen	Top Speed Racing	Ottawa	Master B	CP19-1435	51:17.72	-1 lap	13.87	4:33.33	8:50.24	8:58.82	9:45.90	9:36.84	9:32.59	
14	147	DUARTE, Tiago	Tekné Cycle Club	Gatineau	Master B	51659	51:23.30	-1 lap	13.85	4:23.82	8:57.21	9:06.40	9:12.32	9:45.66	9:57.88	
15	139	CLARK, Jeff	Ottawa Bicycle Club	Carleton Place	Master B	CP19-1838	51:23.64	-1 lap	13.85	4:39.22	8:55.18	9:07.40	9:20.12	9:59.16	9:22.56	
16	125	VAUGHAN, Brad		Nepean	Master B	CP19-1990	51:46.87	-1 lap	13.74	4:46.44	9:08.61	9:17.94	9:20.79	9:29.21	9:43.88	
17	131	SKAFEL, Paul	The Cyclery	Ottawa	Master B	76447	52:10.32	-1 lap	13.64	4:32.66	8:55.42	9:16.98	9:29.88	9:57.82	9:57.55	
18	119	MCANENEY, Paul		Manotick	Master B	CP19-2974	52:39.02	-1 lap	13.52	4:54.50	9:20.85	9:19.93	9:22.56	9:51.08	9:50.10	
19	122	SHERMAN, Joby	euro-sports	Ottawa	Master B	CP19-1440	55:24.62	-1 lap	12.84	5:12.79	9:46.10	10:02.92	9:55.13	10:18.02	10:09.67	
20	132	THISTLE, Mark		Kanata	Master B	77069	57:11.95	-1 lap	12.44	4:57.19	9:49.84	10:07.23	10:31.72	10:34.66	11:11.30	
21	126	KELLY, Pat	Tekné Cycle Club	Ottawa	Master B	CP19-2104	58:02.35	-1 lap	12.26	5:08.15	10:03.84	10:33.47	10:32.19	11:00.20	10:44.51	
22	148	CLEOFAS, Jake	Nine2FivePro Cycling Team	Orleans	Master B	CP19-1368	58:16.39	-1 lap	12.21	4:42.17	10:42.46	10:40.66	10:23.73	10:55.81	10:51.56	
23	124	PANICO, Giacomo		Ottawa	Master B	CP19-1441	49:05.80	-2 laps	11.84	5:10.26	10:37.28	10:48.67	11:03.01	11:26.57		
24	137	THOMAS, Matthyw	Ottawa Bicycle Club	Ottawa	Master B	76883	51:40.08	-2 laps	11.25	5:28.04	10:58.23	11:18.76	11:51.40	12:03.65		
25	108	MCKINNON, Eric	Cornwall Cycle Club	Alexandria	Master B	76893	45:43.84	-3 laps	9.86	6:34.52	12:12.24	13:08.96	13:48.13			
DNF	114	CHARRON, Martin	Rouleurs - Polo Vélo	Ottawa	Master B	CP19-1325			14.33	4:00.41	8:03.32	8:13.82	11:11.30			



# Eastern Ontario Cyclocross Series #6

November 03, 2019

Master C 50-59 (Men)

14.03 km, 1st lap 1.00 km, 6 more laps of 2.17 km, winner: 49:11 - 17.12 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	713	BOUVETTE, Steve	Veloselect Racing Team	Lachine	Master C	51990	49:10.59		17.12	3:36.00	7:18.69	7:26.86	7:30.10	7:41.34	7:43.39	7:54.21
2	457	WESTDAL, John		Ottawa	Master C	76199	50:11.00	1'00.41"	16.78	3:43.95	7:26.39	7:23.60	7:46.65	7:51.60	8:02.21	7:56.58
3	495	ABRAHAM, Mike		Ottawa	Master C	CP19-3063	55:51.44	6'40.85"	15.08	4:04.89	8:08.15	8:20.95	8:35.06	8:43.90	9:01.00	8:57.49
4	493	VARNEY, Gregory	The Cyclery	Ottawa	Master C	75772	56:35.51	7'24.93"	14.88	4:20.02	8:26.42	8:29.87	8:41.92	8:50.19	8:48.40	8:58.70
5	459	MALLORY, Kevin		Ottawa	Master C	CP19-2999	56:39.71	7'29.13"	14.86	4:17.19	8:14.28	8:26.55	8:51.19	8:52.75	9:02.26	8:55.49
6	715	PLAMONDON, Gerald	Espoirs de Laval Primeau Vélo	Montreal	Master C	53124	56:52.37	7'41.79"	14.81	4:27.76	8:48.64	8:30.43	8:40.89	8:38.19	8:47.06	8:59.40
7	490	AVERY, Mike		Kingston	Master C	76526	57:08.44	7'57.85"	14.74	3:57.58	8:14.18	9:04.15	9:13.10	8:54.65	8:42.44	9:02.34
8	467	CHARLES, David	Tekné Cycle Club	Richmond	Master C	75657	57:38.77	8'28.19"	14.61	4:12.27	8:03.83	8:22.72	9:53.90	9:06.06	8:43.02	9:16.98
9	488	GIBSON, Scott	euro-sports	Winchester	Master C	75648	49:38.00	-1 lap	14.34	4:20.51	9:29.49	8:39.66	8:52.33	8:55.55	9:20.47	
10	489	LACROIX, Guy		Chelsea	Master C	53111	49:47.31	-1 lap	14.29	4:26.44	8:45.62	8:58.48	9:06.06	9:13.95	9:16.76	
11	486	BORRENS, Jim		Ottawa	Master C	CP19-3038	50:04.14	-1 lap	14.21	4:39.26	8:48.66	8:42.91	9:02.39	9:25.13	9:25.79	
12	450	ALLEN, Rob		Cornwall	Master C	CP19-0029	51:33.89	-1 lap	13.80	4:47.23	8:53.94	9:19.85	9:19.22	9:36.26	9:37.38	
13	717	DESBIENS, Martin	Rouleurs - Polo Vélo	Gatineau	Master C	53022	51:56.88	-1 lap	13.70	4:46.01	9:19.84	9:10.61	9:25.87	9:39.48	9:35.07	
14	474	NEWTON, Jack	euro-sports	Ottawa	Master C	CP19-1138	51:57.51	-1 lap	13.70	4:42.70	9:30.42	9:20.16	9:22.05	9:32.17	9:30.02	
15	461	SOLAR, Christopher		Ottawa	Master C	CP19-2347	52:53.17	-1 lap	13.46	4:56.59	9:21.09	9:26.22	9:39.11	9:36.76	9:53.38	
16	475	SHANTZ, David	euro-sports	Chelsea	Master C	52217	53:23.62	-1 lap	13.33	4:43.67	9:17.54	9:24.67	9:55.29	10:03.64	9:58.80	
17	496	NG, Matthew		Ottawa	Master C	76766	53:42.45	-1 lap	13.25	4:55.63	9:28.49	9:30.15	9:43.40	10:03.67	10:01.12	
18	483	VAN DIEPEN, Rene		Ottawa	Master C	CP19-3041	53:55.45	-1 lap	13.20	4:59.48	9:28.23	9:25.28	10:01.57	10:01.15	9:59.75	
19	710	MCNEELY, Scott		Kingston	Master C	CP19-3096	54:44.06	-1 lap	13.00	4:49.86	9:35.37	9:37.52	10:00.79	10:17.79	10:22.72	
20	487	MANJIKIAN, Sevak	Ottawa Bicycle Club	Ottawa	Master C	CP19-0814	55:49.07	-1 lap	12.75	4:54.55	9:50.85	10:04.04	10:19.12	10:41.30	9:59.22	
21	456	SPEELMAN, Chris	Ottawa Bicycle Club	Ottawa	Master C	CP19-0653	56:54.12	-1 lap	12.51	5:11.66	10:03.06	10:03.87	10:21.05	10:30.97	10:43.53	
22	479	WHERRETT, Chris		Ottawa	Master C	CP19-1443	57:14.87	-1 lap	12.43	5:12.00	9:49.68	10:02.60	10:26.28	10:59.82	10:44.50	
23	451	LEBLANC, Pierre	Cornwall Cycle Club	Casselman	Master C	75472	57:32.12	-1 lap	12.37	5:01.42	9:55.76	10:19.78	10:32.93	10:40.09	11:02.13	
24	472	CORNICK, Steven	Ottawa Bicycle Club	Ottawa	Master C	75196	58:50.27	-1 lap	12.10	5:31.19	10:08.92	10:23.54	10:41.60	11:09.96	10:55.06	
25	703	DITTMANN, Paul		Ottawa	Master C	CP19-3112	59:07.97	-1 lap	12.04	5:10.34	10:26.15	10:21.14	10:38.15	11:17.01	11:15.18	
26	476	BROUILLARD, Eric	Stokers CC	Ottawa	Master C	CP19-2698	50:54.70	-2 laps	11.42	5:29.51	10:20.02	11:16.26	11:47.20	12:01.71		
27	460	DOUGLAS, Greg	Ottawa Bicycle Club	Nepean	Master C	CP19-0082	52:14.30	-2 laps	11.13	5:43.90	12:15.78	10:54.10	11:35.49	11:45.02		
28	465	HOBSON, Ian		Ottawa	Master C	CP19-3007	52:47.50	-2 laps	11.01	5:28.89	11:34.45	12:02.61	11:58.36	11:43.18		
29	494	WYNIA, Bernie	Ottawa Bicycle Club	Ottawa	Master C	CP19-1087	58:05.24	-2 laps	10.01	6:08.83	12:17.02	13:27.58	13:17.36	12:54.45		
30	470	LARSON, Eric	Ride with Rendall p/b Biemme	Ottawa	Master C	76398	51:54.73	-4 laps	6.18	4:19.91	9:59.94	37:34.88				
DNF	452	LEROUX, Thomas	Cornwall Cycle Club	Cornwall	Master C	75154			11.30	5:25.23	10:44.13	12:13.64				
DNF	458	SARAVANAMUTTO, Malcolm	Cyclelogik Racing	Ottawa	Master C	CP19-2918			15.42	4:03.03	8:09.16	8:13.37	8:49.83			



# Eastern Ontario Cyclocross Series #6

November 03, 2019

Master D 60-69 (Men)

14.03 km, 1st lap 1.00 km, 6 more laps of 2.17 km, winner: 56:31 - 14.90 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	378	SCHUCK, Peter	Ride with Rendall p/b Biemme	Ottawa	Master D	76204	56:31.25		14.90	4:14.49	8:20.81	8:19.83	8:51.58	8:43.74	8:55.48	9:05.32
2	382	FITZMAURICE, Danny		Ottawa	Master D	CP19-3015	48:54.94	-1 lap	14.55	4:14.95	8:27.19	8:57.23	8:59.52	9:04.25	9:11.80	
3	375	COWAN, Norman	Bushtukah	Carp	Master D	CP19-1113	49:35.65	-1 lap	14.35	4:20.26	8:47.83	8:46.73	8:59.50	9:15.44	9:25.89	
4	385	KIERNAN, Steven		Ottawa	Master D	CP19-3084	52:44.11	-2 laps	11.02	5:32.71	11:13.45	11:42.47	11:54.91	12:20.57		
5	386	FORBES, Jim		Belleville	Master D	75203	53:13.22	-2 laps	10.92	5:48.76	11:12.54	11:42.03	12:09.57	12:20.31		
6	381	AUSTEN, Ian	Mariposa Cycle Racing Team	Ottawa	Master D	75655	54:28.18	-2 laps	10.67	5:42.42	12:07.04	11:58.44	12:09.87	12:30.41		



# Eastern Ontario Cyclocross Series #6

November 03, 2019

Master E 70+ (Men)

9.69 km, 1st lap 1.00 km, 4 more laps of 2.17 km, winner: 57:46 - 10.06 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	73	FLAVELL, Dave	Ottawa Bicycle Club	Ottawa	Master E	CP19-2726	57:46.01		10.06	6:17.86	12:29.85	12:31.71	13:19.34	13:07.25
2	74	WOODS, Bob	Ottawa Bicycle Club	Almonte	Master E	75593	59:14.26	1'28.25"	9.81	6:11.51	12:59.32	13:11.27	13:36.05	13:16.10
3	76	MCAUSLAN, David		Carleton Place	Master E	CP19-3092	59:22.71	1'36.71"	9.79	6:27.52	12:30.06	13:07.21	13:45.78	13:32.14
4	77	HUMPHREYS, Les	Almonte TT Series	Almonte	Master E	CP19-0307	49:44.42	-1 lap	9.07	7:50.68	14:01.67	13:53.99	13:58.08	
5	75	PHILLIPS, Ron	Ottawa Bicycle Club	Ottawa	Master E	CP19-0154	51:52.39	-1 lap	8.69	7:22.63	14:07.80	14:46.18	15:35.79	



# Eastern Ontario Cyclocross Series #6

November 03, 2019

U19 (Junior) (Men)

14.03 km, 1st lap 1.00 km, 6 more laps of 2.17 km, winner: 48:44 - 17.28 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	716	PLAMONDON, Joel	Espoirs Elite Primeau Vélo	Montreal	U19 JrM	52939	48:43.78		17.28	3:42.15	7:17.41	7:16.32	7:24.48	7:30.16	7:37.19	7:56.07
2	297	NG, William	Chelsea Nordiq	Ottawa	U19 JrM	76765	53:22.72	4'38.94"	15.78	4:15.43	7:57.67	8:13.38	7:56.07	8:17.21	8:25.61	8:17.35
3	293	LAROCHELLE, Mathis	club espoir triathlon	Gatineau	U19 JrM	CP19-2970	54:56.69	6'12.90"	15.33	4:06.99	8:05.58	8:27.00	8:38.12	8:35.95	8:40.61	8:22.45
4	295	DENIGRIS, Nathan	Rebec and Kroes Cycle and Sport	Ottawa	U19 JrM	77074	51:37.56	-2 laps	11.26	5:34.67	10:55.56	11:18.63	11:28.57	12:20.14		





Eastern Ontario Cyclocross Series #6  
November 03, 2019  
Novice (Men)

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4
DNF	21	AMIOT-SAVARD, Raphael	Sporting Life	Ottawa	Novice	76798			17.27	3:45.19	7:26.92	7:17.85	7:36.62