



Eastern Ontario Cyclocross Series #5

October 20, 2019

Senior+MasterA (Open)

21.41 km, 1st lap 0.30 km, 9 more laps of 2.35 km, winner: 58:08 - 22.09 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10
1	23	ST JOHN, Derrick	Trek/Hyperthreads Racing	Gatineau	Senior	51922	58:07.94		22.09	0:47.84	6:18.59	6:21.45	6:16.80	6:15.23	6:21.98	6:26.79	6:24.54	6:29.86	6:24.85
2	3	MCNEELY, Evan	Ride with Rendall p/b Biemme	Ottawa	Senior	76679	59:21.40	1'13.46"	21.64	0:47.58	6:23.76	6:19.61	6:14.68	6:15.54	6:32.84	6:37.60	6:38.26	6:40.92	6:50.61
3	6	PROULX, Steve	Cyclery Racing	Gatineau	Senior	51921	1:01:15.23	3'07.29"	20.97	0:48.20	6:36.79	6:37.14	6:40.41	6:41.38	6:46.54	6:47.91	6:46.83	6:51.46	6:38.56
4	1	VAN DEN HAM, Doug	Nine2FivePro Cycling Team	Ottawa	Senior	75873	1:01:16.38	3'08.45"	20.96	0:49.73	6:36.18	6:39.14	6:37.06	6:42.58	6:47.49	6:46.79	6:46.84	6:52.15	6:38.42
5	85	SURCH, Matt	Tekné Cycle Club	Ottawa	Senior	76597	1:01:20.27	3'12.34"	20.94	0:48.68	6:39.23	6:36.30	6:39.34	6:40.37	6:50.36	6:45.69	6:46.50	6:51.22	6:42.57
6	253	ROULEAU, Eric	Scott-RackUltra	Gatineau	Master A	51179	1:02:31.50	4'23.57"	20.54	0:49.24	6:38.17	6:49.90	6:46.20	6:48.38	6:47.11	6:55.55	6:57.18	6:55.16	7:04.60
7	266	TURK, Arno	Ottawa Bicycle Club	Ottawa	Master A	CP19-1047	1:03:16.17	5'08.24"	20.30	0:50.39	6:34.53	6:40.71	6:46.38	6:53.26	6:59.58	6:58.74	7:03.36	7:11.44	7:17.79
8	11	PURIFICATI, Justin	Ride with Rendall p/b Biemme	Ottawa	Senior	76354	1:03:47.65	5'39.71"	20.13	0:51.10	6:42.90	7:07.00	7:01.50	6:23.50	7:42.00	7:06.84	6:53.16	6:58.75	7:00.90
9	263	LEES, Andrew	Nine2FivePro Cycling Team	Ottawa	Master A	75793	1:03:49.20	5'41.27"	20.12	0:55.04	7:00.43	7:03.44	7:03.97	6:55.67	6:59.76	6:54.48	6:56.62	7:00.69	6:59.11
10	21	AMIOT-SAVARD, Raphael	Sporting Life	Ottawa	Senior	76798	1:03:54.92	5'46.98"	20.09	0:59.71	6:56.81	6:54.98	7:04.07	6:56.09	7:05.37	6:59.70	7:02.29	7:04.50	6:51.41
11	254	LAFONTAINE, Bruno	La French Connexion	Gatineau	Master A	CP19-2720	1:03:56.03	5'48.10"	20.09	0:53.16	6:57.99	7:00.22	7:00.67	7:00.39	7:05.65	6:58.29	7:02.44	7:03.08	6:54.14
12	13	BOUDREAU, Marc	The Cyclery	Ottawa	Senior	76367	1:04:07.01	5'59.08"	20.03	0:50.52	6:50.35	7:02.07	7:02.33	7:04.89	7:06.93	6:59.87	7:00.25	7:04.37	7:05.43
13	14	OMURA, Tommy	Trek/Hyperthreads Racing	Ottawa	Senior	CP19-0864	1:04:35.79	6'27.85"	19.88	0:53.91	6:55.36	6:58.30	7:02.91	7:01.88	7:05.88	6:59.55	7:10.12	7:21.58	7:06.29
14	20	FILLION, Aaron		Ottawa	Senior	76871	1:04:37.13	6'29.19"	19.88	0:54.46	6:59.93	7:02.15	7:03.44	7:08.75	6:59.68	7:00.77	7:09.76	7:10.32	7:07.88
15	256	MCGUIRE, James	Tekné Cycle Club	Ottawa	Master A	75978	1:05:37.15	7'29.21"	19.57	0:54.92	6:52.20	7:06.60	7:03.04	6:54.02	7:05.33	7:03.66	7:07.79	7:48.70	7:40.89
16	698	BOUVETTE, Steve	Veloselect Racing Team	Lachine	OutOfCat	51190	58:08.40	-1 lap	19.67	0:54.97	6:57.24	7:03.47	7:19.18	7:04.35	7:09.59	7:18.70	7:12.89	7:08.00	
17	9	WARD, Colin		Ottawa	Senior	CP19-2859	58:43.12	-1 lap	19.48	0:53.65	6:59.06	7:04.95	7:10.98	7:22.67	7:20.30	7:21.35	7:17.85	7:12.31	
18	262	TREGUNNO, Peter	Ottawa Bicycle Club	Ottawa	Master A	76062	58:58.25	-1 lap	19.39	0:55.05	7:02.33	7:00.70	7:13.24	7:20.10	7:20.37	7:21.43	7:21.25	7:23.79	
19	86	MICHAUD, Lucas	Centre du Vélo La Shop	Gatineau	Senior	53767	59:01.15	-1 lap	19.38	0:55.72	6:59.50	7:10.32	7:15.05	7:16.21	7:21.77	7:14.39	7:21.64	7:26.56	
20	245	BONE, Jared	Ottawa Bicycle Club	Ottawa	Master A	76188	59:24.81	-1 lap	19.25	0:55.90	7:09.75	7:14.32	7:18.95	7:17.68	7:13.78	7:26.70	7:25.77	7:21.95	
21	10	PETEPIECE, Simon	Tekné Cycle Club	Ottawa	Senior	CP19-1070	1:00:13.13	-1 lap	18.99	0:57.58	7:08.59	7:01.22	7:10.91	7:29.85	7:27.63	7:36.16	7:35.46	7:45.73	
22	680	RITCHIE, Jimi	Frontenac Cycle	Inverary	Senior	76560	1:00:35.69	-1 lap	18.87	0:58.14	7:03.05	7:05.69	7:27.30	7:38.96	7:39.88	7:23.39	7:36.21	7:43.09	
23	267	HUNT, Corey	Privateer	Ottawa	Master A	CP19-2924	1:01:20.23	-1 lap	18.64	0:56.53	7:23.08	7:32.95	7:35.55	7:35.25	7:33.96	7:30.42	7:53.35	7:19.15	
24	252	BROWN, Andrew	Tekné Cycle Club	Ottawa	Master A	76039	1:01:23.56	-1 lap	18.63	0:59.38	7:24.39	7:29.40	7:22.99	7:37.49	7:56.91	7:36.73	7:37.37	7:18.91	
25	250	EL-GHAZAL, Imad	Rebec and Kroes Cycle and Sport	Ottawa	Master A	77063	1:01:25.42	-1 lap	18.62	0:53.64	7:27.36	7:24.00	7:30.00	7:34.00	7:32.89	7:32.11	7:56.00	7:35.42	
26	241	DUGUAY, Jean-Philippe		Ottawa	Master A	CP19-2996	1:01:29.89	-1 lap	18.60	1:00.40	7:12.77	7:30.57	7:38.76	7:39.51	7:32.89	7:37.93	7:45.01	7:32.07	
27	268	BELLINGER, Colin		Ottawa	Master A	76551	1:03:40.17	-1 lap	17.96	1:03.78	7:36.44	7:47.88	7:58.11	7:58.37	7:53.24	7:50.34	7:46.75	7:45.26	
28	249	KULAS, Mark	euro-sports	Pembroke	Master A	CP19-2036	1:04:31.60	-1 lap	17.72	1:01.76	7:44.77	7:47.40	7:47.68	7:53.17	8:01.46	8:10.81	8:00.31	8:04.23	
29	269	MOGGRIDGE, Jason		Ottawa	Master A	CP19-1653	1:04:45.96	-1 lap	17.66	1:07.26	7:55.59	7:53.66	8:02.95	8:04.63	7:55.29	7:58.91	7:55.69	7:51.98	
30	25	WEIR, David	Nine2FivePro Cycling Team	Ottawa	Senior	76319	1:05:38.16	-1 lap	17.42	1:02.21	7:43.28	8:08.66	8:17.64	8:19.63	8:00.94	8:00.36	8:06.29	7:59.15	
31	243	STEWART, Ian	euro-sports	Ottawa	Master A	75854	1:05:58.26	-1 lap	17.33	0:58.41	7:51.64	8:05.12	8:06.62	8:05.66	8:03.50	8:15.83	8:13.18	8:18.30	
32	18	THERON, Stuart	613 Cycling	Ottawa	Senior	CP19-2727	58:17.94	-2 laps	17.20	1:06.52	7:48.11	8:11.03	8:07.30	8:12.67	8:17.86	8:12.41	8:22.04		
33	24	SPICER, Patrick		Ottawa	Senior	CP19-2983	58:20.77	-2 laps	17.19	0:58.63	7:21.99	9:08.58	7:44.10	7:58.00	8:12.36	8:26.18	8:30.93		
34	17	MADRAZO-FIGUEROA, Marcus	Rebec and Kroes Cycle and Sport	Ottawa	Senior	77065	58:42.68	-2 laps	17.08	1:04.23	7:47.31	8:09.15	8:02.61	8:16.16	8:22.95	8:31.02	8:29.24		
35	270	EMERY, Scott	Tekné Cycle Club	Ottawa	Master A	75757	58:52.11	-2 laps	17.04	1:04.38	7:47.72	8:09.06	8:15.38	8:20.50	8:24.95	8:11.09	8:39.04		
36	19	HARVEY RIDOUT, Fraser	Ottawa Bicycle Club	Ottawa	Senior	CP19-2728	59:06.06	-2 laps	16.97	1:05.90	7:46.81	8:09.34	8:10.72	8:07.42	8:24.24	8:46.94	8:34.67		
37	78	ROBERTS, Joshua	Ottawa Bicycle Club	Ottawa	Senior	CP19-2713	59:16.91	-2 laps	16.92	1:05.31	8:10.52	7:57.89	8:13.58	8:24.84	8:31.51	8:25.54	8:27.72		
38	240	COUTURIER, David	Ottawa Bicycle Club	Cantley	Master A	CP19-0019	1:00:01.78	-2 laps	16.71	1:05.25	8:06.10	8:02.14	8:28.28	8:30.91	8:36.51	8:35.03	8:37.56		
39	16	KOURAKIS, Adam		Orléans	Senior	CP19-3046	1:00:35.31	-2 laps	16.55	1:01.05	8:14.72	8:13.23	8:15.27	8:37.27	8:31.47	8:41.29	9:01.01		
40	242	JARVIS, Ian	Rebec and Kroes Cycle and Sport	Ottawa	Master A	CP19-2986	1:01:35.94	-2 laps	16.28	1:02.83	8:11.99	8:30.89	8:51.86	8:56.73	8:47.58	8:44.47	8:29.59		
41	258	FAIRHEAD, Todd	Tekné Cycle Club	Ottawa	Master A	76003	1:01:36.82	-2 laps	16.28	0:52.42	6:47.29	7:59.97	8:00.89	17:34.19	6:40.26	6:43.54	6:58.25		
42	79	CAIRNS, George	Ottawa Bicycle Club	Ottawa	Senior	CP19-1574	1:06:07.66	-2 laps	15.17	1:07.60	8:33.43	9:01.68	9:22.51	9:36.99	9:55.60	9:04.86	9:24.99		
43	31	WENDLAND, Jodi	The Cyclery	Ottawa	OutOfCat	76431	31:31.52	-5 laps	18.42	1:03.15	7:35.11	7:33.33	7:34.93	7:45.00					
DNF	294	VIALARET, Damien	Ride with Rendall p/b Biemme	Ottawa	Senior	75917			18.74	0:53.63	6:52.70	8:12.26							
DNF	265	VIEIRA, Mike		Ottawa	Master A	CP19-3064			19.13	0:56.46									



Eastern Ontario Cyclocross Series #5

October 20, 2019

Senior (Men)

21.41 km, 1st lap 0.30 km, 9 more laps of 2.35 km, winner: 58:08 - 22.09 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10
1	23	ST JOHN, Derrick	Trek/Hyperthreads Racing	Gatineau	Senior	51922	58:07.94		22.09	0:47.84	6:18.59	6:21.45	6:16.80	6:15.23	6:21.98	6:26.79	6:24.54	6:29.86	6:24.85
2	3	MCNEELY, Evan	Ride with Rendall p/b Biemme	Ottawa	Senior	76679	59:21.40	1'13.46"	21.64	0:47.58	6:23.76	6:19.61	6:14.68	6:15.54	6:32.84	6:37.60	6:38.26	6:40.92	6:50.61
3	6	PROULX, Steve	Cyclery Racing	Gatineau	Senior	51921	1:01:15.23	3'07.29"	20.97	0:48.20	6:36.79	6:37.14	6:40.41	6:41.38	6:46.54	6:47.91	6:46.83	6:51.46	6:38.56
4	1	VAN DEN HAM, Doug	Nine2FivePro Cycling Team	Ottawa	Senior	75873	1:01:16.38	3'08.45"	20.96	0:49.73	6:36.18	6:39.14	6:37.06	6:42.58	6:47.49	6:46.79	6:46.84	6:52.15	6:38.42
5	85	SURCH, Matt	Tekné Cycle Club	Ottawa	Senior	76597	1:01:20.27	3'12.34"	20.94	0:48.68	6:39.23	6:36.30	6:39.34	6:40.37	6:50.36	6:45.69	6:46.50	6:51.22	6:42.57
6	11	PURIFICATI, Justin	Ride with Rendall p/b Biemme	Ottawa	Senior	76354	1:03:47.65	5'39.71"	20.13	0:51.10	6:42.90	7:07.00	7:01.50	6:23.50	7:42.00	7:06.84	6:53.16	6:58.75	7:00.90
7	21	AMIOT-SAVARD, Raphael	Sporting Life	Ottawa	Senior	76798	1:03:54.92	5'46.98"	20.09	0:59.71	6:56.81	6:54.98	7:04.07	6:56.09	7:05.37	6:59.70	7:02.29	7:04.50	6:51.41
8	13	BOUDREAU, Marc	The Cyclery	Ottawa	Senior	76367	1:04:07.01	5'59.08"	20.03	0:50.52	6:50.35	7:02.07	7:02.33	7:04.89	7:06.93	6:59.87	7:00.25	7:04.37	7:05.43
9	14	OMURA, Tommy	Trek/Hyperthreads Racing	Ottawa	Senior	CP19-0864	1:04:35.79	6'27.85"	19.88	0:53.91	6:55.36	6:58.30	7:02.91	7:01.88	7:05.88	6:59.55	7:10.12	7:21.58	7:06.29
10	20	FILLION, Aaron		Ottawa	Senior	76871	1:04:37.13	6'29.19"	19.88	0:54.46	6:59.93	7:02.15	7:03.44	7:08.75	6:59.68	7:00.77	7:09.76	7:10.32	7:07.88
11	9	WARD, Colin		Ottawa	Senior	CP19-2859	58:43.12	-1 lap	19.48	0:53.65	6:59.06	7:04.95	7:10.98	7:22.67	7:20.30	7:21.35	7:17.85	7:12.31	
12	86	MICHAUD, Lucas	Centre du Vélo La Shop	Gatineau	Senior	53767	59:01.15	-1 lap	19.38	0:55.72	6:59.50	7:10.32	7:15.05	7:16.21	7:21.77	7:14.39	7:21.64	7:26.56	
13	10	PETEPICÉ, Simon	Tekné Cycle Club	Ottawa	Senior	CP19-1070	1:00:13.13	-1 lap	18.99	0:57.58	7:08.59	7:01.22	7:10.91	7:29.85	7:27.63	7:36.16	7:35.46	7:45.73	
14	680	RITCHIE, Jimi	Frontenac Cycle	Inverary	Senior	76560	1:00:35.69	-1 lap	18.87	0:58.14	7:03.05	7:05.69	7:27.30	7:38.96	7:39.88	7:23.39	7:36.21	7:43.09	
15	25	WEIR, David	Nine2FivePro Cycling Team	Ottawa	Senior	76319	1:05:38.16	-1 lap	17.42	1:02.21	7:43.28	8:08.66	8:17.64	8:19.63	8:00.94	8:00.36	8:06.29	7:59.15	
16	18	THERON, Stuart	613 Cycling	Ottawa	Senior	CP19-2727	58:17.94	-2 laps	17.20	1:06.52	7:48.11	8:11.03	8:07.30	8:12.67	8:17.86	8:12.41	8:22.04		
17	24	SPICER, Patrick		Ottawa	Senior	CP19-2983	58:20.77	-2 laps	17.19	0:58.63	7:21.99	9:08.58	7:44.10	7:58.00	8:12.36	8:26.18	8:30.93		
18	17	MADRAZO-FIGUEROA, Marcus	Rebec and Kroes Cycle and Sport	Ottawa	Senior	77065	58:42.68	-2 laps	17.08	1:04.23	7:47.31	8:09.15	8:02.61	8:16.16	8:22.95	8:31.02	8:29.24		
19	19	HARVEY RIDOUT, Fraser	Ottawa Bicycle Club	Ottawa	Senior	CP19-2728	59:06.06	-2 laps	16.97	1:05.90	7:46.81	8:09.34	8:10.72	8:07.42	8:24.24	8:46.94	8:34.67		
20	78	ROBERTS, Joshua	Ottawa Bicycle Club	Ottawa	Senior	CP19-2713	59:16.91	-2 laps	16.92	1:05.31	8:10.52	7:57.89	8:13.58	8:24.84	8:31.51	8:25.54	8:27.72		
21	16	KOURAKIS, Adam		Orléans	Senior	CP19-3046	1:00:35.31	-2 laps	16.55	1:01.05	8:14.72	8:13.23	8:15.27	8:37.27	8:31.47	8:41.29	9:01.01		
22	79	CAIRNS, George	Ottawa Bicycle Club	Ottawa	Senior	CP19-1574	1:06:07.66	-2 laps	15.17	1:07.60	8:33.43	9:01.68	9:22.51	9:36.99	9:55.60	9:04.86	9:24.99		
DNF	294	VIALARET, Damien	Ride with Rendall p/b Biemme	Ottawa	Senior	75917			18.74	0:53.63	6:52.70	8:12.26							



Eastern Ontario Cyclocross Series #5

October 20, 2019

Master A 30-39 (Men)

21.41 km, 1st lap 0.30 km, 9 more laps of 2.35 km, winner: 1:02:32 - 20.54 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10
1	253	ROULEAU, Eric	Scott-RackUltra	Gatineau	Master A	51179	1:02:31.50		20.54	0:49.24	6:38.17	6:49.90	6:46.20	6:48.38	6:47.11	6:55.55	6:57.18	6:55.16	7:04.60
2	266	TURK, Arno	Ottawa Bicycle Club	Ottawa	Master A	CP19-1047	1:03:16.17	0'44.67"	20.30	0:50.39	6:34.53	6:40.71	6:46.38	6:53.26	6:59.58	6:58.74	7:03.36	7:11.44	7:17.79
3	263	LEES, Andrew	Nine2FivePro Cycling Team	Ottawa	Master A	75793	1:03:49.20	1'17.70"	20.12	0:55.04	7:00.43	7:03.44	7:03.97	6:55.67	6:59.76	6:54.48	6:56.62	7:00.69	6:59.11
4	254	LAFONTAINE, Bruno	La French Connexion	Gatineau	Master A	CP19-2720	1:03:56.03	1'24.53"	20.09	0:53.16	6:57.99	7:00.22	7:00.67	7:00.39	7:05.65	6:58.29	7:02.44	7:03.08	6:54.14
5	256	MCGUIRE, James	Tekné Cycle Club	Ottawa	Master A	75978	1:05:37.15	3'05.64"	19.57	0:54.92	6:52.20	7:06.60	7:03.04	6:54.02	7:05.33	7:03.66	7:07.79	7:48.70	7:40.89
6	262	TREGUNNO, Peter	Ottawa Bicycle Club	Ottawa	Master A	76062	58:58.25	-1 lap	19.39	0:55.05	7:02.33	7:00.70	7:13.24	7:20.10	7:20.37	7:21.43	7:21.25	7:23.79	
7	245	BONE, Jared	Ottawa Bicycle Club	Ottawa	Master A	76188	59:24.81	-1 lap	19.25	0:55.90	7:09.75	7:14.32	7:18.95	7:17.68	7:13.78	7:26.70	7:25.77	7:21.95	
8	267	HUNT, Corey	Privateer	Ottawa	Master A	CP19-2924	1:01:20.23	-1 lap	18.64	0:56.53	7:23.08	7:32.95	7:35.55	7:35.25	7:33.96	7:30.42	7:53.35	7:19.15	
9	252	BROWN, Andrew	Tekné Cycle Club	Ottawa	Master A	76039	1:01:23.56	-1 lap	18.63	0:59.38	7:24.39	7:29.40	7:22.99	7:37.49	7:56.91	7:36.73	7:37.37	7:18.91	
10	250	EL-GHAZAL, Imad	Rebec and Kroes Cycle and Sport	Ottawa	Master A	77063	1:01:25.42	-1 lap	18.62	0:53.64	7:27.36	7:24.00	7:30.00	7:34.00	7:32.89	7:32.11	7:56.00	7:35.42	
11	241	DUGUAY, Jean-Philippe		Ottawa	Master A	CP19-2996	1:01:29.89	-1 lap	18.60	1:00.40	7:12.77	7:30.57	7:38.76	7:39.51	7:32.89	7:37.93	7:45.01	7:32.07	
12	268	BELLINGER, Colin		Ottawa	Master A	76551	1:03:40.17	-1 lap	17.96	1:03.78	7:36.44	7:47.88	7:58.11	7:58.37	7:53.24	7:50.34	7:46.75	7:45.26	
13	249	KULAS, Mark	euro-sports	Pembroke	Master A	CP19-2036	1:04:31.60	-1 lap	17.72	1:01.76	7:44.77	7:47.40	7:47.68	7:53.17	8:01.46	8:10.81	8:00.31	8:04.23	
14	269	MOGGRIDGE, Jason		Ottawa	Master A	CP19-1653	1:04:45.96	-1 lap	17.66	1:07.26	7:55.59	7:53.66	8:02.95	8:04.63	7:55.29	7:58.91	7:55.69	7:51.98	
15	243	STEWART, Ian	euro-sports	Ottawa	Master A	75854	1:05:58.26	-1 lap	17.33	0:58.41	7:51.64	8:05.12	8:06.62	8:05.66	8:03.50	8:15.83	8:13.18	8:18.30	
16	270	EMERY, Scott	Tekné Cycle Club	Ottawa	Master A	75757	58:52.11	-2 laps	17.04	1:04.38	7:47.72	8:09.06	8:15.38	8:20.50	8:24.95	8:11.09	8:39.04		
17	240	COUTURIER, David	Ottawa Bicycle Club	Cantley	Master A	CP19-0019	1:00:01.78	-2 laps	16.71	1:05.25	8:06.10	8:02.14	8:28.28	8:30.91	8:36.51	8:35.03	8:37.56		
18	242	JARVIS, Ian	Rebec and Kroes Cycle and Sport	Ottawa	Master A	CP19-2986	1:01:35.94	-2 laps	16.28	1:02.83	8:11.99	8:30.89	8:51.86	8:56.73	8:47.58	8:44.47	8:29.59		
19	258	FAIRHEAD, Todd	Tekné Cycle Club	Ottawa	Master A	76003	1:01:36.82	-2 laps	16.28	0:52.42	6:47.29	7:59.97	8:00.89	17:34.19	6:40.26	6:43.54	6:58.25		
DNF	265	VIEIRA, Mike		Ottawa	Master A	CP19-3064			19.13	0:56.46									



Eastern Ontario Cyclocross Series #5

October 20, 2019

Out of Category (Open)

19.06 km, 1st lap 0.30 km, 8 more laps of 2.35 km, winner: 58:08 - 19.67 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9
1	698	BOUVETTE, Steve	Veloselect Racing Team	Lachine	OutOfCat	51990	58:08.40		19.67	0:54.97	6:57.24	7:03.47	7:19.18	7:04.35	7:09.59	7:18.70	7:12.89	7:08.00
2	31	WENDLAND, Jodi	The Cyclery	Ottawa	OutOfCat	76431	31:31.52	-4 laps	18.42	1:03.15	7:35.11	7:33.33	7:34.93	7:45.00				