



# Eastern Ontario Cyclocross Series # 7

November 11, 2018

Women (Women)

12.37 km, 1st lap 2.20 km, 4 more laps of 2.54 km, winner: 45:39 - 16.25 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	50	WENDLAND, Jodi	The Cyclery	Ottawa	Senior	75214	45:39.30		16.25	7:08.29	9:28.54	9:36.62	9:42.96	9:42.89
2	181	STEPHENSON, Jennifer		Ottawa	Master B	CP02685	46:33.59	0'54.29"	15.94	7:09.84	9:37.33	9:47.38	10:00.06	9:58.98
3	17	HARRISON, Suzanne		Ottawa	Master C	CP02825	47:47.04	2'07.75"	15.53	7:16.50	10:01.45	10:12.44	10:07.25	10:09.41
4	42	PLOUFFE, Maude	OBC Junior Racing Team	Gatineau	U19 Junior	CP00912	48:09.29	2'29.99"	15.41	7:12.28	10:12.17	10:33.71	10:13.01	9:58.11
5	187	ROBERTS, Véronique	euro-sports	Gatineau	Senior	54451	51:23.36	5'44.07"	14.44	8:20.30	10:39.76	10:41.94	10:38.61	11:02.75
6	107	MEYER, Lisa	euro-sports	Ottawa	Master C	CP01488	51:48.21	6'08.92"	14.32	8:03.46	10:46.17	10:51.02	11:07.17	11:00.40
7	295	BOURGON, Veronik		Gatineau	Master A	CP03042	51:52.64	6'13.35"	14.30	8:04.89	10:47.85	10:54.98	11:03.85	11:01.08
8	160	ADAMS, Jen	Ottawa Bicycle Club	Ottawa	Master C	CP00541	51:58.94	6'19.65"	14.28	8:02.82	11:00.89	10:53.58	11:07.07	10:54.59
9	6	FICKER, Christine	euro-sports	Carp	Master B	CP00527	52:11.52	6'32.23"	14.22	7:53.56	10:57.32	10:57.73	11:13.43	11:09.50
10	34	KONANTZ, Patricia	Ride with Rendall p/b Biemme	Chelsea	Master D	51136	52:42.77	7'03.47"	14.08	8:20.68	11:02.02	10:58.35	11:12.37	11:09.34
11	118	COLES, Nicola	euro-sports	Nepean	Senior	75635	52:52.14	7'12.85"	14.04	7:15.52	10:01.90	13:39.02	10:43.13	11:12.57
12	94	TKALEC, Heather	euro-sports	Ottawa	Master B	75195	53:07.38	7'28.08"	13.97	8:41.72	11:12.17	10:53.14	11:12.06	11:08.29
13	144	MORRIS, Susan	Ottawa Bicycle Club	Ottawa	Master C	CP00332	53:25.42	7'46.12"	13.89	8:12.51	11:00.06	11:12.36	11:22.97	11:37.52
14	40	ALLEN, Valery	Cornwall Cycle Club	Cornwall	Master B	CP00289	54:30.23	8'50.93"	13.62	8:30.16	11:21.33	11:40.70	11:25.49	11:32.56
15	7	CHAMPAGNE, Maryse	Les Rouleurs - Polo Vélo	Gatineau	Master A	51089	54:31.45	8'52.16"	13.61	8:28.12	11:05.66	11:39.63	11:35.69	11:42.36
16	259	DOYLE, Kelly		Ottawa	Master A	CP03017	54:58.23	9'18.94"	13.50	8:43.50	11:43.80	11:39.85	11:25.75	11:25.33
17	523	GAGNE, Christiane	Cycle Vélo Outaouais	Montréal	Master B	54367	55:07.51	9'28.22"	13.46	8:38.12	11:45.07	11:50.85	11:25.88	11:27.60
18	22	MCKENNA, Tammy	The Cyclery	Stittsville	Master B	CP00900	56:12.61	10'33.31"	13.20	8:58.84	12:36.86	11:36.19	11:45.45	11:15.26
19	239	ROCHON, Marie-Helene	La French Connexion	Gatineau	Master B	CP03013	56:39.70	11'00.40"	13.10	8:47.89	12:10.38	11:53.77	11:50.50	11:57.15
20	248	LAFLECHE, Emily	euro-sports	Kanata	Senior	CP02427	57:17.02	11'37.73"	12.95	8:52.22	11:59.19	11:53.89	12:01.76	12:29.96
21	44	BEAUCHAMP, Angela	euro-sports	Ottawa	Master B	75129	57:32.74	11'53.45"	12.90	9:01.51	11:59.26	12:06.32	12:15.61	12:10.04
22	505	WINEGARDEN, Anneke		Ottawa	Senior	12237	57:42.00	12'02.71"	12.86	8:35.57	11:40.13	12:03.48	12:40.33	12:42.49
23	19	MAINE, Chloe		Ottawa	U17	CP02826	46:35.45	-1 lap	12.65	9:02.52	12:10.72	12:31.76	12:50.45	
24	314	DURNING, Nancy		Ottawa	Master B	CP03095	47:02.37	-1 lap	12.53	9:54.21	12:12.72	12:21.37	12:34.07	
25	506	COURTEMANCHE, Cindy		Ottawa	Master C	CP03123	47:15.63	-1 lap	12.47	9:33.08	12:24.73	12:49.49	12:28.33	
26	21	BAKKER, Lauryn	The Cyclery	Stittsville	U17	75292	47:27.35	-1 lap	12.42	8:58.30	12:57.49	12:58.58	12:32.98	
27	164	HIGGS, Sharolyn	The Cyclery	Orleans	Master B	CP02879	47:35.34	-1 lap	12.39	9:26.15	12:32.05	12:57.38	12:39.76	
28	49	DRAPEAU, Blanche	Ottawa Bicycle Club	Gatineau	Master D	CP00772	47:49.41	-1 lap	12.33	9:05.93	12:42.18	12:46.54	13:14.75	
29	511	LYONNAIS, Claudia	Skinouk-VDM	Gatineau	U17	50762	48:38.62	-1 lap	12.12	9:08.18	12:55.97	13:36.59	12:57.89	
30	520	PLAMONDON, Solene	Espoirs de Laval Primeau Vélo	Montreal	U15	51271	49:06.43	-1 lap	12.01	9:43.74	13:14.20	13:38.84	12:29.65	



# Eastern Ontario Cyclocross Series # 7

November 11, 2018

Women (Women)

12.37 km, 1st lap 2.20 km, 4 more laps of 2.54 km, winner: 45:39 - 16.25 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
31	313	BEREZNAI, Claudia	Skinouk-VDM	Ottawa	Master B	ecx4313	49:35.98	-1 lap	11.89	10:30.79	13:11.59	13:13.07	12:40.54	
32	516	MCNEELY, Paige		Kingston	Senior	CP03121	51:03.56	-1 lap	11.55	9:57.37	13:41.64	13:33.05	13:51.50	
33	64	KUKURUDZ, Annika	Ottawa Bicycle Club	Ottawa	U15	CP01064	51:18.68	-1 lap	11.49	9:48.46	13:19.54	13:48.22	14:22.45	
34	72	TARDIF, Magalie	OBC Junior Racing Team	Gatineau	U19 Junior	50496	53:10.63	-1 lap	11.09	10:08.70	14:00.93	14:22.17	14:38.83	
35	70	JACQUES, Sylvie	euro-sports	Ottawa	Master B	76023	55:06.89	-1 lap	10.70	11:08.76	15:27.01	14:05.61	14:25.50	
36	122	MORRIS, Rachel		Ottawa	U19 Junior	CP02933	55:49.94	-1 lap	10.56	11:39.02	15:11.59	15:07.77	13:51.56	
37	263	DUARTE, Roberta		Gatineau	Master A	CP03011	56:22.68	-1 lap	10.46	10:58.92	14:59.08	15:03.24	15:21.45	
38	140	SLOBODIAN, Angela	Ottawa Bicycle Club	Stittsville	Master C	CP00198	56:38.85	-1 lap	10.41	11:32.37	15:00.20	15:05.34	15:00.94	
39	183	HAWKES, Elizabeth	The Cyclery	Ottawa	U15	CP02904	56:43.76	-1 lap	10.39	11:16.07	14:38.40	15:04.53	15:44.75	
40	309	BEREZNAI, Josefina	Skinouk-VDM	Ottawa	U15	CP03079	57:48.11	-1 lap	10.20	10:39.70	15:21.04	16:36.76	15:10.61	
41	85	HIGGINS, Kerina		Ottawa	U15	CP02898	39:57.68	-2 laps	10.94	9:53.89	14:44.67	15:19.12		
42	247	BOUCHER, Lucie	Ottawa Bicycle Club	Gatineau	Master C	CP00285	48:32.27	-2 laps	9.00	12:20.77	17:04.50	19:07.01		
DNF	246	CROOKS, Caitlin		Ottawa	Master B	CP02928			13.99	8:11.54	11:07.84	11:31.42	11:18.44	
DNF	220	HARRINGTON, Jaime	Ottawa Bicycle Club	Ottawa	U15	CP00717			12.77	8:51.03	13:25.65			



# Eastern Ontario Cyclocross Series # 7

November 11, 2018

Master A 30-39 (Women)

12.37 km, 1st lap 2.20 km, 4 more laps of 2.54 km, winner: 51:53 - 14.30 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	295	BOURGON, Veronik		Gatineau	Master A	CP03042	51:52.64		14.30	8:04.89	10:47.85	10:54.98	11:03.85	11:01.08
2	7	CHAMPAGNE, Maryse	Les Rouleurs - Polo Vélo	Gatineau	Master A	51089	54:31.45	2'38.81"	13.61	8:28.12	11:05.66	11:39.63	11:35.69	11:42.36
3	259	DOYLE, Kelly		Ottawa	Master A	CP03017	54:58.23	3'05.59"	13.50	8:43.50	11:43.80	11:39.85	11:25.75	11:25.33
4	263	DUARTE, Roberta		Gatineau	Master A	CP03011	56:22.68	-1 lap	10.46	10:58.92	14:59.08	15:03.24	15:21.45	



# Eastern Ontario Cyclocross Series # 7

November 11, 2018

U19 (Junior) (Women)

12.37 km, 1st lap 2.20 km, 4 more laps of 2.54 km, winner: 48:09 - 15.41 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	42	PLOUFFE, Maude	OBC Junior Racing Team	Gatineau	U19 Junior	CP00912	48:09.29		15.41	7:12.28	10:12.17	10:33.71	10:13.01	9:58.11
2	72	TARDIF, Magalie	OBC Junior Racing Team	Gatineau	U19 Junior	50496	53:10.63	-1 lap	11.09	10:08.70	14:00.93	14:22.17	14:38.83	
3	122	MORRIS, Rachel		Ottawa	U19 Junior	CP02933	55:49.94	-1 lap	10.56	11:39.02	15:11.59	15:07.77	13:51.56	



# Eastern Ontario Cyclocross Series # 7

November 11, 2018

Master B 40-49 (Women)

12.37 km, 1st lap 2.20 km, 4 more laps of 2.54 km, winner: 46:34 - 15.94 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	181	STEPHENSON, Jennifer		Ottawa	Master B	CP02685	46:33.59		15.94	7:09.84	9:37.33	9:47.38	10:00.06	9:58.98
2	6	FICKER, Christine	euro-sports	Carp	Master B	CP00527	52:11.52	5'37.94"	14.22	7:53.56	10:57.32	10:57.73	11:13.43	11:09.50
3	94	TKALEC, Heather	euro-sports	Ottawa	Master B	75195	53:07.38	6'33.79"	13.97	8:41.72	11:12.17	10:53.14	11:12.06	11:08.29
4	40	ALLEN, Valery	Cornwall Cycle Club	Cornwall	Master B	CP00289	54:30.23	7'56.64"	13.62	8:30.16	11:21.33	11:40.70	11:25.49	11:32.56
5	523	GAGNE, Christiane	Cycle Vélo Outaouais	Montréal	Master B	54367	55:07.51	8'33.93"	13.46	8:38.12	11:45.07	11:50.85	11:25.88	11:27.60
6	22	MCKENNA, Tammy	The Cyclery	Stittsville	Master B	CP00900	56:12.61	9'39.02"	13.20	8:58.84	12:36.86	11:36.19	11:45.45	11:15.26
7	239	ROCHON, Marie-Helene	La French Connexion	Gatineau	Master B	CP03013	56:39.70	10'06.11"	13.10	8:47.89	12:10.38	11:53.77	11:50.50	11:57.15
8	44	BEAUCHAMP, Angela	euro-sports	Ottawa	Master B	75129	57:32.74	10'59.16"	12.90	9:01.51	11:59.26	12:06.32	12:15.61	12:10.04
9	314	DURNING, Nancy		Ottawa	Master B	CP03095	47:02.37	-1 lap	12.53	9:54.21	12:12.72	12:21.37	12:34.07	
10	164	HIGGS, Sharolyn	The Cyclery	Orleans	Master B	CP02879	47:35.34	-1 lap	12.39	9:26.15	12:32.05	12:57.38	12:39.76	
11	313	BEREZNAI, Claudia	Skinouk-VDM	Ottawa	Master B	ecx4313	49:35.98	-1 lap	11.89	10:30.79	13:11.59	13:13.07	12:40.54	
12	70	JACQUES, Sylvie	euro-sports	Ottawa	Master B	76023	55:06.89	-1 lap	10.70	11:08.76	15:27.01	14:05.61	14:25.50	
DNF	246	CROOKS, Caitlin		Ottawa	Master B	CP02928			13.99	8:11.54	11:07.84	11:31.42	11:18.44	



# Eastern Ontario Cyclocross Series # 7

November 11, 2018

Senior (Women)

12.37 km, 1st lap 2.20 km, 4 more laps of 2.54 km, winner: 45:39 - 16.25 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	50	WENDLAND, Jodi	The Cyclery	Ottawa	Senior	75214	45:39.30		16.25	7:08.29	9:28.54	9:36.62	9:42.96	9:42.89
2	187	ROBERTS, Véronique	euro-sports	Gatineau	Senior	54451	51:23.36	5'44.07"	14.44	8:20.30	10:39.76	10:41.94	10:38.61	11:02.75
3	118	COLES, Nicola	euro-sports	Nepean	Senior	75635	52:52.14	7'12.85"	14.04	7:15.52	10:01.90	13:39.02	10:43.13	11:12.57
4	248	LAFLECHE, Emily	euro-sports	Kanata	Senior	CP02427	57:17.02	11'37.73"	12.95	8:52.22	11:59.19	11:53.89	12:01.76	12:29.96
5	505	WINEGARDEN, Anneke		Ottawa	Senior	12237	57:42.00	12'02.71"	12.86	8:35.57	11:40.13	12:03.48	12:40.33	12:42.49
6	516	MCNEELY, Paige		Kingston	Senior	CP03121	51:03.56	-1 lap	11.55	9:57.37	13:41.64	13:33.05	13:51.50	



# Eastern Ontario Cyclocross Series # 7

November 11, 2018

Master C 50-59 (Women)

12.37 km, 1st lap 2.20 km, 4 more laps of 2.54 km, winner: 47:47 - 15.53 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	17	HARRISON, Suzanne		Ottawa	Master C	CP02825	47:47.04		15.53	7:16.50	10:01.45	10:12.44	10:07.25	10:09.41
2	107	MEYER, Lisa	euro-sports	Ottawa	Master C	CP01488	51:48.21	4'01.17"	14.32	8:03.46	10:46.17	10:51.02	11:07.17	11:00.40
3	160	ADAMS, Jen	Ottawa Bicycle Club	Ottawa	Master C	CP00541	51:58.94	4'11.90"	14.28	8:02.82	11:00.89	10:53.58	11:07.07	10:54.59
4	144	MORRIS, Susan	Ottawa Bicycle Club	Ottawa	Master C	CP00332	53:25.42	5'38.37"	13.89	8:12.51	11:00.06	11:12.36	11:22.97	11:37.52
5	506	COURTEMANCHE, Cindy		Ottawa	Master C	CP03123	47:15.63	-1 lap	12.47	9:33.08	12:24.73	12:49.49	12:28.33	
6	140	SLOBODIAN, Angela	Ottawa Bicycle Club	Stittsville	Master C	CP00198	56:38.85	-1 lap	10.41	11:32.37	15:00.20	15:05.34	15:00.94	
7	247	BOUCHER, Lucie	Ottawa Bicycle Club	Gatineau	Master C	CP00285	48:32.27	-2 laps	9.00	12:20.77	17:04.50	19:07.01		



# Eastern Ontario Cyclocross Series # 7

November 11, 2018

Under 15 Girls (Women)

9.83 km, 1st lap 2.20 km, 3 more laps of 2.54 km, winner: 49:06 - 12.01 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4
1	520	PLAMONDON, Solene	Espoirs de Laval Primeau Vélo	Montreal	U15	51271	49:06.43		12.01	9:43.74	13:14.20	13:38.84	12:29.65
2	64	KUKURUDZ, Annika	Ottawa Bicycle Club	Ottawa	U15	CP01064	51:18.68	2'12.24"	11.49	9:48.46	13:19.54	13:48.22	14:22.45
3	183	HAWKES, Elizabeth	The Cyclery	Ottawa	U15	CP02904	56:43.76	7'37.32"	10.39	11:16.07	14:38.40	15:04.53	15:44.75
4	309	BEREZNAI, Josefine	Skinouk-VDM	Ottawa	U15	CP03079	57:48.11	8'41.68"	10.20	10:39.70	15:21.04	16:36.76	15:10.61
5	85	HIGGINS, Kerina		Ottawa	U15	CP02898	39:57.68	-1 lap	10.94	9:53.89	14:44.67	15:19.12	
DNF	220	HARRINGTON, Jaime	Ottawa Bicycle Club	Ottawa	U15	CP00717			12.77	8:51.03	13:25.65		





# Eastern Ontario Cyclocross Series # 7

November 11, 2018

Master D 60+ (Women)

12.37 km, 1st lap 2.20 km, 4 more laps of 2.54 km, winner: 52:43 - 14.08 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	34	KONANTZ, Patricia	Ride with Rendall p/b Biemme	Chelsea	Master D	51136	52:42.77		14.08	8:20.68	11:02.02	10:58.35	11:12.37	11:09.34
2	49	DRAPEAU, Blanche	Ottawa Bicycle Club	Gatineau	Master D	CP00772	47:49.41	-1 lap	12.33	9:05.93	12:42.18	12:46.54	13:14.75	



# Eastern Ontario Cyclocross Series # 7

November 11, 2018

Under 17 Girls (Women)

9.83 km, 1st lap 2.20 km, 3 more laps of 2.54 km, winner: 46:35 - 12.65 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4
1	19	MAINE, Chloe		Ottawa	U17	CP02826	46:35.45		12.65	9:02.52	12:10.72	12:31.76	12:50.45
2	21	BAKKER, Lauryn	The Cyclery	Stittsville	U17	75292	47:27.35	0'51.89"	12.42	8:58.30	12:57.49	12:58.58	12:32.98
3	511	LYONNAIS, Claudia	Skinouk-VDM	Gatineau	U17	50762	48:38.62	2'03.17"	12.12	9:08.18	12:55.97	13:36.59	12:57.89