



Eastern Ontario Cyclocross Series #1

September 30, 2018

Senior+MasterA (Men)

23.45 km, 9 laps of 2.61 km, winner: 59:37 - 23.60 km/h

Pos	Bib	Name	Team	City	Category	Gender	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9
1	159	DAL-CIN, Matteo	Rally Cycling	Ottawa	Senior Men	Men	74046	59:37.31		23.60	7:25.53	6:27.28	6:22.75	6:29.33	6:33.76	6:33.92	6:42.53	6:34.52	6:27.68
2	23	BAKKER, Osmond	Nine2FivePro Cycling Team	Stittsville	Senior Men	Men	74853	1:00:33.90	0'56.60"	23.23	7:16.94	6:35.19	6:32.93	6:37.99	6:38.57	6:37.03	6:47.58	6:46.61	6:41.07
3	275	SURCH, Matt	Tekné Cycle Club	Ottawa	Senior Men	Men	75204	1:01:25.84	1'48.53"	22.91	7:12.76	6:36.96	6:35.58	6:38.08	6:42.02	6:54.09	6:47.92	6:51.67	7:06.74
4	214	PROULX, Steve	The Cyclery	Gatineau	Senior Men	Men	51671	1:02:22.98	2'45.68"	22.56	7:14.46	6:54.52	6:47.17	6:54.67	6:56.17	6:49.48	6:53.65	6:52.29	7:00.57
5	272	RUBARTH, Max	PROBACLAC / DEVINCI	Ottawa	Senior Men	Men	75324	1:02:33.87	2'56.56"	22.49	7:23.33	6:46.02	6:53.68	6:57.09	6:59.92	6:55.68	7:00.10	6:52.32	6:45.73
6	109	VAN DEN HAM, Doug	Nine2FivePro Cycling Team	Ottawa	Master A 30-39 Men	Men	75012	1:02:42.65	3'05.34"	22.44	7:22.56	6:49.02	6:52.69	6:54.09	6:55.87	7:00.95	6:55.81	6:56.76	6:54.90
7	18	DOWNEY, Charles	Tekné Cycle Club	Gatineau	Senior Men	Men	CP01762	1:03:00.59	3'23.29"	22.33	7:51.13	6:51.85	6:55.53	6:56.71	6:54.14	6:51.41	6:51.27	6:50.07	6:58.49
8	27	BOUDREAU, Marc	The Cyclery	Ottawa	Senior Men	Men	75302	1:03:19.81	3'42.50"	22.22	7:23.11	6:59.05	6:57.15	7:03.50	7:02.26	6:55.02	6:53.29	6:55.60	7:10.84
9	43	PLOUFFE, Xavier	Bicyclettes de Hull	Gatineau	Senior Men	Men	52939	1:03:52.77	4'15.46"	22.03	7:31.11	6:52.52	6:52.85	7:06.37	7:02.54	7:01.14	7:05.03	7:00.09	7:21.13
10	108	AUSTEN, Timothy	Ride with Rendall p/b Biemme	Ottawa	Senior Men	Men	74593	1:04:04.62	4'27.31"	21.96	7:44.69	6:59.78	7:01.95	6:59.02	6:56.50	7:06.59	7:00.40	7:10.24	7:05.43
11	284	LANTHIER, Philippe	La Shop	Gatineau	Senior Men	Men	52571	1:04:04.65	4'27.34"	21.96	7:49.14	7:04.23	7:04.21	7:03.70	7:01.80	6:59.48	7:04.85	7:05.91	6:51.34
12	238	LAFONTAINE, Bruno	Trek GPL:La French Connexion	Gatineau	Master A 30-39 Men	Men	52659	1:04:37.54	5'00.23"	21.77	7:53.52	7:13.07	7:16.73	7:10.71	7:06.63	6:57.93	6:58.14	6:58.23	7:02.57
13	209	FILLION, Aaron		Ottawa	Senior Men	Men	CP02873	1:04:41.23	5'03.92"	21.75	7:52.79	7:03.93	7:13.93	7:07.37	7:07.08	6:59.84	7:09.80	7:00.81	7:05.67
14	51	MACDONALD, Warren	Nine2FivePro Cycling Team	Ottawa	Master A 30-39 Men	Men	75060	1:04:46.54	5'09.24"	21.72	7:34.89	7:07.35	7:21.99	7:12.83	7:06.89	7:09.30	7:03.00	7:03.81	7:06.49
15	225	ANDREW, Ben	euro-sports	Ottawa	Senior Men	Men	76069	1:05:23.48	5'46.18"	21.52	7:32.26	7:02.61	7:03.77	7:09.89	7:10.51	7:09.96	7:22.96	7:19.09	7:32.42
16	186	GRUBER, David	Tekné Cycle Club	Ottawa	Master A 30-39 Men	Men	75167	1:06:47.63	7'10.33"	21.07	7:55.31	7:20.10	7:26.21	7:25.14	7:21.88	7:19.80	7:18.68	7:25.64	7:14.87
17	145	SCHIEMANN, Neil		Ottawa	Senior Men	Men	CP02963	1:06:53.00	7'15.70"	21.04	8:04.27	7:26.01	7:18.19	7:20.39	7:19.59	7:19.80	7:18.74	7:25.69	7:20.30
18	241	GAUTHIER, Pierre-Yves	Tekné Cycle Club	Gatineau	Master A 30-39 Men	Men	51169	1:06:56.66	7'19.35"	21.02	7:54.03	7:12.90	7:22.45	7:25.85	7:19.74	7:28.25	7:25.26	7:24.88	7:23.30
19	276	DEDO, Carey	Gearheads	Pembroke	Master A 30-39 Men	Men	CP01751	1:00:12.96	-1 lap	20.77	8:16.17	7:34.33	7:21.98	7:23.57	7:28.30	7:25.86	7:18.79	7:23.96	
20	198	BERNARD, Christian	Tekné Cycle Club	Winchester	Senior Men	Men	75062	1:00:15.93	-1 lap	20.76	8:08.55	7:21.28	7:15.62	7:26.45	7:33.72	7:32.02	7:34.05	7:24.23	
21	125	BROWN, Andrew	Tekné Cycle Club	Ottawa	Master A 30-39 Men	Men	CP02609	1:00:16.11	-1 lap	20.75	8:09.01	7:26.33	7:24.38	7:25.77	7:22.69	7:19.99	7:36.76	7:31.19	
22	171	TREGUNNO, Peter	Ottawa Bicycle Club	Ottawa	Master A 30-39 Men	Men	74367	1:00:24.37	-1 lap	20.71	8:14.06	7:32.27	7:26.39	7:26.17	7:20.63	7:26.42	7:26.67	7:31.76	
23	158	BURSEY, Stephen	Gearheads	Pembroke	Senior Men	Men	75703	1:00:31.33	-1 lap	20.67	8:21.35	7:29.65	7:29.42	7:25.25	7:26.89	7:25.30	7:27.68	7:25.78	
24	282	WOODS, Matthew	Full Cycle/Norco	Gatineau	Master A 30-39 Men	Men	CP03031	1:00:51.65	-1 lap	20.55	8:12.27	7:33.36	7:39.82	7:29.72	7:26.28	7:39.64	7:36.92	7:13.64	
25	190	OMURA, Tommy	Ottawa Bicycle Club	Ottawa	Senior Men	Men	CP02033	1:00:54.60	-1 lap	20.54	8:19.10	7:26.96	7:44.00	7:27.24	7:24.64	7:31.33	7:37.18	7:24.16	
26	203	THERON, Stuart	613 Cycling	Beachburg	Senior Men	Men	74863	1:01:52.64	-1 lap	20.21	8:20.35	7:33.55	7:38.46	7:32.75	7:44.42	7:48.60	7:39.79	7:34.72	
27	202	MCKAY, Cody	Tekné Cycle Club	Ottawa	Senior Men	Men	75207	1:02:05.07	-1 lap	20.15	8:09.93	7:27.18	7:37.71	7:31.60	7:23.91	7:40.64	8:19.03	7:55.06	
28	504	MARCHESSAULT, David	Mariposa Cycle Racing Team	Chelsea	Master A 30-39 Men	Men	50926	1:02:47.36	-1 lap	19.92	7:55.85	7:04.19	7:23.73	7:49.82	7:21.62	10:11.98	7:29.85	7:30.33	
29	162	BETTERIDGE, Miles	Ottawa Bicycle Club:RentABike	Ottawa	Senior Men	Men	76048	1:03:29.45	-1 lap	19.70	8:25.58	7:50.38	7:43.63	8:00.03	7:55.42	8:05.07	7:45.26	7:44.09	
30	189	WEIR, David	Nine2FivePro Cycling Team	Ottawa	Senior Men	Men	74845	1:03:30.57	-1 lap	19.70	8:40.56	7:53.22	8:00.37	8:00.31	7:47.34	7:36.27	7:54.03	7:38.48	
31	61	KULAS, Mark	euro-sports	Pembroke	Master A 30-39 Men	Men	CP01596	1:03:46.14	-1 lap	19.62	8:31.39	7:42.65	7:51.32	8:09.85	8:00.38	7:51.32	7:51.65	7:47.56	
32	153	CONROY, Daniel		Ottawa	Master A 30-39 Men	Men	CP02971	1:05:05.62	-1 lap	19.22	8:41.14	8:02.97	7:54.83	8:00.18	7:58.79	8:14.71	8:12.33	8:00.66	
33	89	PENALAGAN, Arlen	Peterborough Cycling Club	Milton	Master A 30-39 Men	Men	CP02900	1:05:43.71	-1 lap	19.03	9:07.48	7:49.34	7:50.21	7:57.62	8:09.30	8:23.86	8:14.47	8:11.43	
34	267	SMART, Adam	Ottawa Bicycle Club	Ottawa	Master A 30-39 Men	Men	75175	1:06:35.26	-1 lap	18.78	9:05.81	8:12.50	8:12.09	8:06.98	8:12.38	8:18.88	8:13.24	8:13.38	
35	174	LEBLANC, Daniel	Gearheads	Pembroke	Master A 30-39 Men	Men	CP02823	1:06:58.54	-1 lap	18.68	8:47.80	8:16.42	8:21.84	8:12.19	8:14.27	8:24.25	8:26.46	8:15.31	
36	258	MEREDITH, Scott	613 Cycling	Kanata	Master A 30-39 Men	Men	CP02891	1:07:21.98	-1 lap	18.57	9:13.35	8:11.40	8:12.47	8:13.86	8:23.58	8:26.06	8:31.55	8:09.70	
37	279	LANGLOIS, Etienne		Kingston	Master A 30-39 Men	Men	NS00162	1:00:34.52	-2 laps	18.07	9:28.37	8:26.32	8:25.46	8:25.01	8:30.35	8:44.51	8:34.51		
38	266	ERVEN, Chad	euro-sports	Ottawa	Master A 30-39 Men	Men	CP03022	1:02:32.73	-2 laps	17.50	9:33.49	8:35.30	9:02.72	8:49.97	8:56.99	8:50.47	8:43.79		



Eastern Ontario Cyclocross Series #1

September 30, 2018

Senior Men (Men)

23.45 km, 9 laps of 2.61 km, winner: 59:37 - 23.60 km/h

Pos	Bib	Name	Team	City	Category	Gender	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9
1	159	DAL-CIN, Matteo	Rally Cycling	Ottawa	Senior Men	Men	74046	59:37.31		23.60	7:25.53	6:27.28	6:22.75	6:29.33	6:33.76	6:33.92	6:42.53	6:34.52	6:27.68
2	23	BAKKER, Osmond	Nine2FivePro Cycling Team	Stittsville	Senior Men	Men	74853	1:00:33.90	0'56.60"	23.23	7:16.94	6:35.19	6:32.93	6:37.99	6:38.57	6:37.03	6:47.58	6:46.61	6:41.07
3	275	SURCH, Matt	Tekné Cycle Club	Ottawa	Senior Men	Men	75204	1:01:25.84	1'48.53"	22.91	7:12.76	6:36.96	6:35.58	6:38.08	6:42.02	6:54.09	6:47.92	6:51.67	7:06.74
4	214	PROULX, Steve	The Cyclery	Gatineau	Senior Men	Men	51671	1:02:22.98	2'45.68"	22.56	7:14.46	6:54.52	6:47.17	6:54.67	6:56.17	6:49.48	6:53.65	6:52.29	7:00.57
5	272	RUBARTH, Max	PROBACLAC / DEVINCI	Ottawa	Senior Men	Men	75324	1:02:33.87	2'56.56"	22.49	7:23.33	6:46.02	6:53.68	6:57.09	6:59.92	6:55.68	7:00.10	6:52.32	6:45.73
6	18	DOWNEY, Charles	Tekné Cycle Club	Gatineau	Senior Men	Men	CP01762	1:03:00.59	3'23.29"	22.33	7:51.13	6:51.85	6:55.53	6:56.71	6:54.14	6:51.41	6:51.27	6:50.07	6:58.49
7	27	BOUDREAU, Marc	The Cyclery	Ottawa	Senior Men	Men	75302	1:03:19.81	3'42.50"	22.22	7:23.11	6:59.05	6:57.15	7:03.50	7:02.26	6:55.02	6:53.29	6:55.60	7:10.84
8	43	PLOUFFE, Xavier	Bicyclettes de Hull	Gatineau	Senior Men	Men	52939	1:03:52.77	4'15.46"	22.03	7:31.11	6:52.52	6:52.85	7:06.37	7:02.54	7:01.14	7:05.03	7:00.09	7:21.13
9	108	AUSTEN, Timothy	Ride with Rendall p/b Biemme	Ottawa	Senior Men	Men	74593	1:04:04.62	4'27.31"	21.96	7:44.69	6:59.78	7:01.95	6:59.02	6:56.50	7:06.59	7:00.40	7:10.24	7:05.43
10	284	LANTHIER, Philippe	La Shop	Gatineau	Senior Men	Men	52571	1:04:04.65	4'27.34"	21.96	7:49.14	7:04.23	7:04.21	7:03.70	7:01.80	6:59.48	7:04.85	7:05.91	6:51.34
11	209	FILLION, Aaron		Ottawa	Senior Men	Men	CP02873	1:04:41.23	5'03.92"	21.75	7:52.79	7:03.93	7:13.93	7:07.37	7:07.08	6:59.84	7:09.80	7:00.81	7:05.67
12	225	ANDREW, Ben	euro-sports	Ottawa	Senior Men	Men	76069	1:05:23.48	5'46.18"	21.52	7:32.26	7:02.61	7:03.77	7:09.89	7:10.51	7:09.96	7:22.96	7:19.09	7:32.42
13	145	SCHIEMANN, Neil		Ottawa	Senior Men	Men	CP02963	1:06:53.00	7'15.70"	21.04	8:04.27	7:26.01	7:18.19	7:20.39	7:19.59	7:19.80	7:18.74	7:25.69	7:20.30
14	198	BERNARD, Christian	Tekné Cycle Club	Winchester	Senior Men	Men	75062	1:00:15.93	-1 lap	20.76	8:08.55	7:21.28	7:15.62	7:26.45	7:33.72	7:32.02	7:34.05	7:24.23	
15	158	BURSEY, Stephen	Gearheads	Pembroke	Senior Men	Men	75703	1:00:31.33	-1 lap	20.67	8:21.35	7:29.65	7:29.42	7:25.25	7:26.89	7:25.30	7:27.68	7:25.78	
16	190	OMURA, Tommy	Ottawa Bicycle Club	Ottawa	Senior Men	Men	CP02033	1:00:54.60	-1 lap	20.54	8:19.10	7:26.96	7:44.00	7:27.24	7:24.64	7:31.33	7:37.18	7:24.16	
17	203	THERON, Stuart	613 Cycling	Beachburg	Senior Men	Men	74863	1:01:52.64	-1 lap	20.21	8:20.35	7:33.55	7:38.46	7:32.75	7:44.42	7:48.60	7:39.79	7:34.72	
18	202	MCKAY, Cody	Tekné Cycle Club	Ottawa	Senior Men	Men	75207	1:02:05.07	-1 lap	20.15	8:09.93	7:27.18	7:37.71	7:31.60	7:23.91	7:40.64	8:19.03	7:55.06	
19	162	BETTERIDGE, Miles	Ottawa Bicycle Club:RentABike	Ottawa	Senior Men	Men	76048	1:03:29.45	-1 lap	19.70	8:25.58	7:50.38	7:43.63	8:00.03	7:55.42	8:05.07	7:45.26	7:44.09	
20	189	WEIR, David	Nine2FivePro Cycling Team	Ottawa	Senior Men	Men	74845	1:03:30.57	-1 lap	19.70	8:40.56	7:53.22	8:00.37	8:00.31	7:47.34	7:36.27	7:54.03	7:38.48	



Eastern Ontario Cyclocross Series #1

September 30, 2018

Master A 30-39 Men (Men)

23.45 km, 9 laps of 2.61 km, winner: 1:02:43 - 22.44 km/h

Pos	Bib	Name	Team	City	Category	Gender	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9
1	109	VAN DEN HAM, Doug	Nine2FivePro Cycling Team	Ottawa	Master A 30-39 Men	Men	75012	1:02:42.65		22.44	7:22.56	6:49.02	6:52.69	6:54.09	6:55.87	7:00.95	6:55.81	6:56.76	6:54.90
2	238	LAFONTAINE, Bruno	Trek GPL:La French Connexion	Gatineau	Master A 30-39 Men	Men	52659	1:04:37.54	1'54.89"	21.77	7:53.52	7:13.07	7:16.73	7:10.71	7:06.63	6:57.93	6:58.14	6:58.23	7:02.57
3	51	MACDONALD, Warren	Nine2FivePro Cycling Team	Ottawa	Master A 30-39 Men	Men	75060	1:04:46.54	2'03.90"	21.72	7:34.89	7:07.35	7:21.99	7:12.83	7:06.89	7:09.30	7:03.00	7:03.81	7:06.49
4	186	GRUBER, David	Tekné Cycle Club	Ottawa	Master A 30-39 Men	Men	75167	1:06:47.63	4'04.99"	21.07	7:55.31	7:20.10	7:26.21	7:25.14	7:21.88	7:19.80	7:18.68	7:25.64	7:14.87
5	241	GAUTHIER, Pierre-Yves	Tekné Cycle Club	Gatineau	Master A 30-39 Men	Men	51169	1:06:56.66	4'14.01"	21.02	7:54.03	7:12.90	7:22.45	7:25.85	7:19.74	7:28.25	7:25.26	7:24.88	7:23.30
6	276	DEDO, Carey	Gearheads	Pembroke	Master A 30-39 Men	Men	CP01751	1:00:12.96	-1 lap	20.77	8:16.17	7:34.33	7:21.98	7:23.57	7:28.30	7:25.86	7:18.79	7:23.96	
7	125	BROWN, Andrew	Tekné Cycle Club	Ottawa	Master A 30-39 Men	Men	CP02609	1:00:16.11	-1 lap	20.75	8:09.01	7:26.33	7:24.38	7:25.77	7:22.69	7:19.99	7:36.76	7:31.19	
8	171	TREGUNNO, Peter	Ottawa Bicycle Club	Ottawa	Master A 30-39 Men	Men	74367	1:00:24.37	-1 lap	20.71	8:14.06	7:32.27	7:26.39	7:26.17	7:20.63	7:26.42	7:26.67	7:31.76	
9	282	WOODS, Matthew	Full Cycle/Norco	Gatineau	Master A 30-39 Men	Men	CP03031	1:00:51.65	-1 lap	20.55	8:12.27	7:33.36	7:39.82	7:29.72	7:26.28	7:39.64	7:36.92	7:13.64	
10	504	MARCHESSEAU, David	Mariposa Cycle Racing Team	Chelsea	Master A 30-39 Men	Men	50926	1:02:47.36	-1 lap	19.92	7:55.85	7:04.19	7:23.73	7:49.82	7:21.62	10:11.98	7:29.85	7:30.33	
11	61	KULAS, Mark	euro-sports	Pembroke	Master A 30-39 Men	Men	CP01596	1:03:46.14	-1 lap	19.62	8:31.39	7:42.65	7:51.32	8:09.85	8:00.38	7:51.32	7:51.65	7:47.56	
12	153	CONROY, Daniel		Ottawa	Master A 30-39 Men	Men	CP02971	1:05:05.62	-1 lap	19.22	8:41.14	8:02.97	7:54.83	8:00.18	7:58.79	8:14.71	8:12.33	8:00.66	
13	89	PENALAGAN, Arlen	Peterborough Cycling Club	Milton	Master A 30-39 Men	Men	CP02900	1:05:43.71	-1 lap	19.03	9:07.48	7:49.34	7:50.21	7:57.62	8:09.30	8:23.86	8:14.47	8:11.43	
14	267	SMART, Adam	Ottawa Bicycle Club	Ottawa	Master A 30-39 Men	Men	75175	1:06:35.26	-1 lap	18.78	9:05.81	8:12.50	8:12.09	8:06.98	8:12.38	8:18.88	8:13.24	8:13.38	
15	174	LEBLANC, Daniel	Gearheads	Pembroke	Master A 30-39 Men	Men	CP02823	1:06:58.54	-1 lap	18.68	8:47.80	8:16.42	8:21.84	8:12.19	8:14.27	8:24.25	8:26.46	8:15.31	
16	258	MEREDITH, Scott	613 Cycling	Kanata	Master A 30-39 Men	Men	CP02891	1:07:21.98	-1 lap	18.57	9:13.35	8:11.40	8:12.47	8:13.86	8:23.58	8:26.06	8:31.55	8:09.70	
17	279	LANGLOIS, Etienne		Kingston	Master A 30-39 Men	Men	NS00162	1:00:34.52	-2 laps	18.07	9:28.37	8:26.32	8:25.46	8:25.01	8:30.35	8:44.51	8:34.51		
18	266	ERVEN, Chad	euro-sports	Ottawa	Master A 30-39 Men	Men	CP03022	1:02:32.73	-2 laps	17.50	9:33.49	8:35.30	9:02.72	8:49.97	8:56.99	8:50.47	8:43.79		