



Eastern Ontario CX October 30, 2016 Race B

October 30, 2016

Men Race B (Men)

Pos	Bib	Name	Team	Category	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	122	REEVES, Mike	Tekne Cycle Club	Master Men B	53:38		5:13	8:07	8:03	8:03	8:07	8:09	7:56
2	38	DEVEER, Craig	TheCyclery	Master Men B	53:39	0'01"	5:14	8:04	8:06	8:07	8:04	8:08	7:57
3	125	ROULEAU, Eric	Scott rackultra	Master Men B	53:40	0'02"	5:14	8:04	8:06	8:08	8:02	8:10	7:57
4	208	GRIEVE, Richard	Tekne Cycle Club	Master Men B	53:42	0'03"	5:18	8:05	8:01	8:03	8:07	8:10	7:58
5	50	GEE, Jon	Ride with Rendall	Master Men C	54:05	0'26"	5:17	8:02	8:06	8:04	8:05	8:22	8:10
6	58	HAWKES, Craig	Cyclery Racing	Master Men B	54:12	0'34"	5:18	8:03	8:04	8:03	8:07	8:21	8:16
7	241	THOMAS, Steven	Euro-Sports	Master Men B	54:18	0'40"	5:26	8:08	8:08	8:07	8:10	8:14	8:06
8	234	SCOTT, Alistair	Cyclelogik	Master Men B	54:21	0'43"	5:23	8:12	8:08	8:08	8:10	8:14	8:06
9	65	JONES, David	Tekne Cycle Club	Master Men B	54:25	0'46"	5:21	8:15	8:07	8:08	8:10	8:14	8:09
10	150	WRIGHT, Sean	Cyclery Racing	Master Men C	54:25	0'47"	5:20	8:05	8:16	8:09	8:10	8:14	8:11
11	147	WOODFORD, Michael	Cyclelogik Racing	Master Men C	54:38	1'00"	5:22	8:14	8:08	8:06	8:10	8:19	8:20
12	99	MCGUIRE, James	Tekne Cycle Club	Master Men B	56:00	2'21"	5:16	8:09	8:06	8:20	8:38	8:42	8:50
13	100	MCILROY, William	First Capital Cycling	Master Men C	56:13	2'34"	5:24	8:21	8:25	8:27	8:32	8:36	8:28
14	146	WESTDAL, John		Master Men C	56:20	2'42"	5:18	8:05	8:21	8:30	8:42	8:44	8:40
15	195	VIALARET, Damien	Euro-sports.ca	U17 Male	56:33	2'55"	5:29	8:24	8:29	8:38	8:41	8:33	8:19
16	71	LA GRENADE, Jérémie	Bicyclette de Hull / Procycle Aylmer	U17 Male	56:36	2'58"	5:25	8:23	8:35	8:37	8:42	8:33	8:22
17	64	JOHNSTON, Jeff	Nine2FivePro.com Cycling Team	Master Men B	56:37	2'58"	5:24	8:24	8:35	8:36	8:43	8:32	8:23
18	416	LAIDMAN, Sheldon	First Capital Cycling	Master Men B	56:40	3'01"	5:32	8:24	8:25	8:39	8:41	8:35	8:24
19	95	MARTIN, David	Ottawa Bicycle Club	Master Men B	57:12	3'34"	5:54	8:36	8:29	8:28	8:30	8:39	8:37
20	63	JODOIN, Richard	Les Rouleurs de l'Outaouais - Polo Vélo	Master Men B	57:13	3'34"	5:34	8:26	8:33	8:38	8:43	8:45	8:33
21	126	RUDNICKI, Dave	West of Quebec Wheelers	Master Men C	57:13	3'35"	5:30	8:37	8:38	8:30	8:41	8:41	8:37
22	161	DIAZ, Rodrigo	Euro-Sports	Out Of Category	57:19	3'40"	5:40	8:38	8:38	8:36	8:34	8:43	8:31
23	153	BILENKEY, David	Euro-sports.ca	Master Men C	57:21	3'43"	5:30	8:25	8:39	9:14	8:34	8:34	8:26
24	30	CARRIER, Damien	EC Gatineau	Master Men B	57:26	3'47"	5:42	8:36	8:38	8:46	8:39	8:35	8:30
25	160	CLARE, John		Master Men B	57:42	4'04"	5:33	8:27	8:38	8:49	8:40	8:49	8:46
26	88	MACLEOD, Casey	euro-sports	Master Men B	57:45	4'06"	5:35	8:27	8:35	8:47	8:42	8:53	8:46
27	97	MCCUTCHEON, Drew		Master Men B	57:52	4'13"	5:44	8:34	8:39	8:34	8:34	9:10	8:37
28	249	IRWIN, Stephen	Cyclelogik Racing	Master Men C	57:57	4'19"	5:45	8:38	8:39	8:41	8:40	8:51	8:45
29	106	METSARANTA, Juha		Master Men B	58:07	4'29"	6:04	8:48	8:42	8:34	8:39	8:41	8:38
30	32	CHRISTIE, Greg	Ride with Rendall	Master Men D	58:12	4'33"	5:44	8:42	8:36	8:43	8:48	8:50	8:48



Eastern Ontario CX October 30, 2016 Race B

October 30, 2016

Men Race B (Men)

Pos	Bib	Name	Team	Category	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
31	139	VIALARET, Jean-Christophe	Euro-sports.ca	Master Men C	58:28	4'50"	5:43	8:41	8:49	8:35	8:44	8:50	9:06
32	61	HISCOCKS, Mark	Nine2FivePro	Out Of Category	58:29	4'50"	5:33	8:53	8:45	8:56	8:55	8:51	8:35
33	201	BREAULT, Michael	First Capital Cycling	Master Men C	58:30	4'52"	5:45	8:43	8:50	9:00	8:52	8:42	8:38
34	196	EDMOND, Brian	Tekne Cycle Club	Master Men B	58:31	4'52"	6:01	8:50	8:44	8:48	8:44	8:47	8:37
35	130	STEWART, Ian	Euro-Sports	Master Men C	58:36	4'57"	5:41	8:44	8:48	8:55	8:48	8:54	8:44
36	229	O'BLENES, Paul	The Cyclery	Master Men C	58:49	5'11"	5:58	8:44	8:51	8:40	8:49	8:56	8:51
37	111	OLIVE, Andrew	Euro-Sports	Master Men B	59:19	5'40"	5:20	8:32	8:42	8:36	8:52	10:23	8:54
38	224	LUNDY, Thomas	J & J Cycle / First Capital Cycling	Novice Men	59:23	5'45"	5:52	8:59	8:58	8:44	8:52	9:02	8:57
39	148	WOODFORD, Theodore	Ottawa Bicycle Club	U17 Male	59:35	5'57"	6:00	8:48	8:46	8:37	8:53	9:18	9:13
40	219	LABELLE, Sebastien		Master Men B	59:36	5'57"	6:03	8:46	8:54	8:49	9:11	8:58	8:53
41	167	FIELD, Travis	Ottawa Bicycle Club	Master Men B	59:37	5'59"	5:51	8:54	8:51	8:59	9:04	9:02	8:56
42	76	LAVIGNE, Luc	skinouk	Master Men B	59:48	6'09"	5:47	8:59	8:54	8:59	9:01	9:02	9:05
43	404	CHARRON, Martin		Novice Men	59:56	6'18"	6:41	8:45	8:51	8:52	8:54	8:59	8:55
44	176	KULAS, Mark	GearHeads	Master Men C	1:00:07	6'29"	6:05	9:04	9:00	8:57	9:01	9:03	8:57
45	120	RANGER, Frédéric	Skinouk	Master Men C	1:00:07	6'29"	5:56	8:52	8:52	8:59	9:04	9:15	9:09
46	25	BRULE, Terry	Peccos	Master Men B	1:00:16	6'37"	6:12	8:51	8:53	9:04	9:05	9:11	9:00
47	93	MARRON, John	Cyclogik Racing	Master Men B	1:00:16	6'38"	6:07	9:00	9:00	8:59	9:08	9:03	8:58
48	9	AVERY, Mike		Master Men C	1:00:21	6'42"	5:59	8:54	9:12	9:05	9:11	8:58	9:01
49	104	MCMANUS, Jamie		Master Men B	1:00:59	7'20"	6:12	8:59	9:01	9:03	9:07	9:16	9:21
50	251	ROSS, Ronald	613	Master Men C	1:01:02	7'24"	5:55	9:01	9:02	9:06	9:11	9:25	9:22
51	248	HELLARD, Rick	Zone3sports	Master Men C	1:01:11	7'33"	6:08	8:53	8:54	9:16	9:27	9:12	9:21
52	31	CHARLES, David	Tekne Cycle Club	Master Men B	1:01:16	7'38"	6:24	9:01	8:55	9:01	9:00	9:50	9:05
53	256	ARJANG, Darius		Master Men B	1:01:24	7'46"	6:19	9:18	9:12	9:12	9:18	9:07	8:57
54	244	COWAN, Norman	Bushtukah	Master Men D	1:01:28	7'49"	6:11	9:11	9:08	9:12	9:25	9:14	9:06
55	254	VARNEY, Gregory	The Cyclery	Master Men C	1:02:01	8'23"	6:39	9:21	9:19	9:06	9:16	9:12	9:07
56	425	SIMARD, Vincent	CVM design la Gatineau/Vélozophie	U17 Male	1:02:04	8'26"	5:57	9:09	9:22	9:19	9:28	9:10	9:40
57	185	MURPHY, Jason		Master Men B	1:02:08	8'29"	6:25	9:16	9:16	9:18	9:23	9:17	9:13
58	152	WRIGHT, David	euro-sports	Master Men B	1:02:16	8'37"	6:25	9:10	9:22	9:21	9:18	9:17	9:23
59	37	DANKS, Philip	Ottawa Bicycle Club	Master Men B	1:02:27	8'48"	6:16	9:09	9:10	9:26	9:22	9:30	9:35
60	409	DANIELS, Stephen		Master Men B	1:02:27	8'48"	6:22	9:12	10:32	9:08	9:07	9:02	9:03



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October 30, 2016

Men Race B (Men)

Pos	Bib	Name	Team	Category	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
61	205	CYR, Bruno	Skinouk	Master Men C	1:02:35	8'57"	6:13	9:23	9:32	9:24	9:21	9:23	9:18
62	426	SURIYUTH, Alec		Out Of Category	1:03:17	9'39"	6:23	9:16	9:27	9:24	9:36	9:26	9:45
63	92	MALLORY, Kevin		Master Men C	53:45	-1 lap	6:04	9:24	9:25	9:30	9:39	9:43	
64	223	LAW, Craig		Master Men B	53:51	-1 lap	6:50	9:24	9:20	9:26	9:32	9:20	
65	149	WOODFORD, Alexander		U15 Male	53:56	-1 lap	6:35	9:26	9:28	9:37	9:31	9:19	
66	164	ERNEWEIN, Ben		Out Of Category	54:06	-1 lap	6:26	9:27	9:35	9:35	9:36	9:27	
67	113	OMURA, Tommy	Ottawa Bicycle Club	Out Of Category	54:10	-1 lap	6:22	9:07	9:06	9:19	9:21	10:55	
68	91	MALLORY, Simon		U17 Male	54:24	-1 lap	6:00	9:30	9:40	9:41	9:45	9:49	
69	5	ARRUDA, Carlos		Master Men C	54:35	-1 lap	6:06	9:19	9:30	9:40	10:04	9:57	
70	406	COLLINS, Curtis		Master Men B	54:46	-1 lap	7:00	9:31	9:38	9:33	9:26	9:38	
71	6	ARSENEAULT, Shayne		Master Men B	54:58	-1 lap	6:22	9:39	9:36	9:54	9:43	9:43	
72	180	MCNEELY, Scott		Master Men C	55:21	-1 lap	6:43	9:35	9:50	9:41	9:42	9:51	
73	66	KILPATRICK, Sean	Carleton Place Slow Spokes	Master Men B	55:22	-1 lap	6:28	9:28	9:43	10:01	9:51	9:50	
74	60	HESS, Detlef	Ottawa Bicycle Club	Master Men D	55:29	-1 lap	6:37	9:47	9:45	9:36	9:47	9:58	
75	236	SLOBODIAN, Joey	Ottawa Bicycle Club	Master Men C	55:39	-1 lap	6:44	9:43	9:45	9:37	9:42	10:08	
76	200	BRASSINGTON, Bryan	MTB Kingston	Novice Men	55:51	-1 lap	6:48	9:50	9:45	9:52	9:52	9:43	
77	169	FORBES, Jim	Doug's Bicycle	Master Men D	56:02	-1 lap	6:52	9:55	9:50	9:47	9:53	9:46	
78	52	GRACE, Darrin	Euro-sports	Master Men C	56:07	-1 lap	7:01	10:08	9:54	9:53	9:32	9:39	
79	157	BROOKS, James	Cyclelogik Racing	Master Men B	56:09	-1 lap	6:24	9:50	9:55	9:56	10:05	9:59	
80	218	KERR, Liam		U17 Male	56:29	-1 lap	6:14	10:14	10:32	10:16	9:33	9:41	
81	109	NORMAN, Bruce	Carleton Place Slow Spokes	Master Men B	56:45	-1 lap	6:33	10:03	10:01	9:59	10:09	10:00	
82	108	NEWTON, Jack	Euro Sports	Master Men C	57:02	-1 lap	6:47	9:57	10:01	10:15	10:01	10:00	
83	41	DOUGLAS, Greg	Ottawa Bicycle Club	Master Men C	57:16	-1 lap	7:26	10:17	10:03	9:51	9:57	9:43	
84	119	RANGER, Dominique	Skinouk	U15 Male	57:25	-1 lap	6:38	9:44	10:12	10:06	10:33	10:13	
85	179	MCCLURE, Robert	Ottawa Bicycle Club	Master Men C	57:28	-1 lap	7:10	9:58	9:55	10:02	10:17	10:06	
86	85	MACDONALD, Iain	Ottawa Bicycle Club	Master Men B	57:35	-1 lap	7:16	10:19	10:02	10:02	9:57	9:59	
87	174	JACOBSON, Emil	CycleLogik Racing	Master Men C	57:50	-1 lap	6:59	10:06	10:08	10:15	10:19	10:04	
88	40	DOREGO, Jean Louis	Ottawa Bicycle Club	Master Men D	58:00	-1 lap	7:11	10:14	10:07	10:11	10:10	10:07	
89	35	CORNICK, Steven	Ottawa Bicycle Club	Master Men C	58:00	-1 lap	7:11	10:12	10:09	10:11	10:09	10:07	
90	418	MACFARLANE, Rob	Ottawa Bicycle Club	Master Men C	58:19	-1 lap	7:41	10:08	10:14	10:21	10:03	9:52	



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October 30, 2016

Men Race B (Men)

Pos	Bib	Name	Team	Category	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
91	204	CONROY, Daniel		Novice Men	58:23	-1 lap	6:43	9:53	10:17	10:29	10:36	10:24	
92	168	FIELD, Max	Ottawa Bicycle Club	U17 Male	58:53	-1 lap	6:41	10:18	10:25	10:26	10:42	10:22	
93	23	BROOKS, Owen	Skinouk VDM	U15 Male	59:12	-1 lap	6:38	9:54	10:14	10:46	10:53	10:47	
94	214	HOWARD, Steve		Master Men C	59:14	-1 lap	7:00	10:34	10:33	10:25	10:27	10:15	
95	226	MOMTAHAN, Parham	Ottawa Bicycle Club	Master Men D	59:16	-1 lap	7:06	10:16	10:16	10:20	10:47	10:30	
96	410	DAVIS, Doug	Ottawa Bicycle Club	Master Men C	1:00:12	-1 lap	7:27	10:47	10:28	10:34	10:27	10:29	
97	266	ALLAN, Luke	Ottawa Bicycle Club	U15 Male	1:00:12	-1 lap	7:37	10:24	10:20	10:38	10:41	10:32	
98	24	BRUGGER, Marcel	Ride with Rendal	Master Men C	1:00:29	-1 lap	7:08	10:49	10:17	10:39	11:10	10:25	
99	405	CLARK, Jeff	Cobourg Cycling Club	Master Men B	1:00:38	-1 lap	6:58	10:42	10:39	10:56	10:43	10:39	
100	430	YAEGER, Dave	OBC	Master Men D	1:00:45	-1 lap	7:49	10:38	10:34	10:38	10:46	10:20	
101	98	MCGUIRE, Taegan	Tekne Cycle Club	U15 Male	1:01:56	-1 lap	6:57	10:24	10:09	10:45	11:46	11:54	
102	102	MCLENNAN, Bill	Almonte Bicycle Club	Master Men C	1:01:56	-1 lap	7:20	10:47	10:58	10:57	11:03	10:52	
103	80	LEFEBVRE, Richard		Master Men B	1:03:13	-1 lap	7:03	11:03	10:59	11:12	11:25	11:32	
104	96	MCAUSLAN, David	Almonte Bicycle Club	Master Men E	1:03:19	-1 lap	7:48	11:09	11:04	11:00	11:09	11:09	
105	408	CRONEY, Rick	Cornwall Multisport Club	Master Men C	1:03:42	-1 lap	7:45	11:03	11:22	11:01	11:14	11:16	
106	203	CLARKE, Graham		Master Men D	1:04:34	-1 lap	7:14	10:38	11:01	11:10	12:33	11:57	
107	144	WESTDAL, Patrick		U15 Male	1:05:49	-1 lap	7:37	10:24	10:43	11:08	11:13	14:44	
108	423	PHILIPPE-PARENT, Gabriel	Skinook	U17 Male	54:07	-2 laps	7:29	11:26	11:47	11:39	11:46		
109	261	HAWLEY, Allan		Master Men C	54:58	-2 laps	8:00	11:43	11:49	12:04	11:24		
110	413	FEHR, Chris	270Motosports	Master Men B	55:03	-2 laps	7:42	11:49	11:52	12:06	11:33		
111	47	FLAVELL, Dave	Ottawa Bicycle Club	Master Men E	55:09	-2 laps	8:00	11:43	11:14	11:49	12:22		
112	155	BROOKS, Ben	Ottawa Bicycle Club	U17 Male	56:32	-2 laps	7:33	12:00	12:11	12:24	12:24		
113	212	HELSDON, John	Euro-sports	Master Men C	57:36	-2 laps	8:11	12:31	12:24	12:41	11:50		
114	215	HUMPHREYS, Les	Almonte Bicycle Club	Master Men E	57:47	-2 laps	8:50	14:13	13:10	11:01	10:33		
115	422	O'CONNELL, Adam		Novice Men	59:44	-2 laps	8:06	12:21	13:08	13:01	13:08		
116	246	DEMPSEY, Chad	Almonte Bike Club	Out Of Category	1:03:53	-2 laps	8:53	14:28	13:12	13:24	13:55		
DNF	151	WRIGHT, Jake	euro-sports	U17 Male	47:26		7:02	9:52	10:06	10:15	9:50		
DNF	265	KRAMER, Jacob		Out Of Category	1:05:32		7:30	14:41	12:51				



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Master Men B (Men)

Pos	Bib	Name	Team	Category	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	122	REEVES, Mike	Tekne Cycle Club	Master Men B	53:38		5:13	8:07	8:03	8:03	8:07	8:09	7:56
2	38	DEVEER, Craig	TheCyclery	Master Men B	53:39	0'01"	5:14	8:04	8:06	8:07	8:04	8:08	7:57
3	125	ROULEAU, Eric	Scott rrackultra	Master Men B	53:40	0'02"	5:14	8:04	8:06	8:08	8:02	8:10	7:57
4	208	GRIEVE, Richard	Tekne Cycle Club	Master Men B	53:42	0'03"	5:18	8:05	8:01	8:03	8:07	8:10	7:58
5	58	HAWKES, Craig	Cyclery Racing	Master Men B	54:12	0'34"	5:18	8:03	8:04	8:03	8:07	8:21	8:16
6	241	THOMAS, Steven	Euro-Sports	Master Men B	54:18	0'40"	5:26	8:08	8:08	8:07	8:10	8:14	8:06
7	234	SCOTT, Alistair	Cyclelogik	Master Men B	54:21	0'43"	5:23	8:12	8:08	8:08	8:10	8:14	8:06
8	65	JONES, David	Tekne Cycle Club	Master Men B	54:25	0'46"	5:21	8:15	8:07	8:08	8:10	8:14	8:09
9	99	MCGUIRE, James	Tekne Cycle Club	Master Men B	56:00	2'21"	5:16	8:09	8:06	8:20	8:38	8:42	8:50
10	64	JOHNSTON, Jeff	Nine2FivePro.com Cycling Team	Master Men B	56:37	2'58"	5:24	8:24	8:35	8:36	8:43	8:32	8:23
11	416	LAIDMAN, Sheldon	First Capital Cycling	Master Men B	56:40	3'01"	5:32	8:24	8:25	8:39	8:41	8:35	8:24
12	95	MARTIN, David	Ottawa Bicycle Club	Master Men B	57:12	3'34"	5:54	8:36	8:29	8:28	8:30	8:39	8:37
13	63	JODOIN, Richard	Les Rouleurs de l'Outaouais - Polo Vélo	Master Men B	57:13	3'34"	5:34	8:26	8:33	8:38	8:43	8:45	8:33
14	30	CARRIER, Damien	EC Gatineau	Master Men B	57:26	3'47"	5:42	8:36	8:38	8:46	8:39	8:35	8:30
15	160	CLARE, John		Master Men B	57:42	4'04"	5:33	8:27	8:38	8:49	8:40	8:49	8:46
16	88	MACLEOD, Casey	euro-sports	Master Men B	57:45	4'06"	5:35	8:27	8:35	8:47	8:42	8:53	8:46
17	97	MCCUTCHEON, Drew		Master Men B	57:52	4'13"	5:44	8:34	8:39	8:34	8:34	9:10	8:37
18	106	METSARANTA, Juha		Master Men B	58:07	4'29"	6:04	8:48	8:42	8:34	8:39	8:41	8:38
19	196	EDMOND, Brian	Tekne Cycle Club	Master Men B	58:31	4'52"	6:01	8:50	8:44	8:48	8:44	8:47	8:37
20	111	OLIVE, Andrew	Euro-Sports	Master Men B	59:19	5'40"	5:20	8:32	8:42	8:36	8:52	10:23	8:54
21	219	LABELLE, Sebastien		Master Men B	59:36	5'57"	6:03	8:46	8:54	8:49	9:11	8:58	8:53
22	167	FIELD, Travis	Ottawa Bicycle Club	Master Men B	59:37	5'59"	5:51	8:54	8:51	8:59	9:04	9:02	8:56
23	76	LAVIGNE, Luc	skinouk	Master Men B	59:48	6'09"	5:47	8:59	8:54	8:59	9:01	9:02	9:05
24	25	BRULE, Terry	Peccos	Master Men B	1:00:16	6'37"	6:12	8:51	8:53	9:04	9:05	9:11	9:00
25	93	MARRON, John	Cyclogik Racing	Master Men B	1:00:16	6'38"	6:07	9:00	9:00	8:59	9:08	9:03	8:58
26	104	MCMANUS, Jamie		Master Men B	1:00:59	7'20"	6:12	8:59	9:01	9:03	9:07	9:16	9:21
27	31	CHARLES, David	Tekne Cycle Club	Master Men B	1:01:16	7'38"	6:24	9:01	8:55	9:01	9:00	9:50	9:05
28	256	ARJANG, Darius		Master Men B	1:01:24	7'46"	6:19	9:18	9:12	9:12	9:18	9:07	8:57
29	185	MURPHY, Jason		Master Men B	1:02:08	8'29"	6:25	9:16	9:16	9:18	9:23	9:17	9:13
30	152	WRIGHT, David	euro-sports	Master Men B	1:02:16	8'37"	6:25	9:10	9:22	9:21	9:18	9:17	9:23



Eastern Ontario CX October 30, 2016 Race B

October 30, 2016

Master Men B (Men)

Pos	Bib	Name	Team	Category	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
31	37	DANKS, Philip	Ottawa Bicycle Club	Master Men B	1:02:27	8'48"	6:16	9:09	9:10	9:26	9:22	9:30	9:35
32	409	DANIELS, Stephen		Master Men B	1:02:27	8'48"	6:22	9:12	10:32	9:08	9:07	9:02	9:03
33	223	LAW, Craig		Master Men B	53:51	-1 lap	6:50	9:24	9:20	9:26	9:32	9:20	
34	406	COLLINS, Curtis		Master Men B	54:46	-1 lap	7:00	9:31	9:38	9:33	9:26	9:38	
35	6	ARSENEAULT, Shayne		Master Men B	54:58	-1 lap	6:22	9:39	9:36	9:54	9:43	9:43	
36	66	KILPATRICK, Sean	Carleton Place Slow Spokes	Master Men B	55:22	-1 lap	6:28	9:28	9:43	10:01	9:51	9:50	
37	157	BROOKS, James	Cyclelogik Racing	Master Men B	56:09	-1 lap	6:24	9:50	9:55	9:56	10:05	9:59	
38	109	NORMAN, Bruce	Carleton Place Slow Spokes	Master Men B	56:45	-1 lap	6:33	10:03	10:01	9:59	10:09	10:00	
39	85	MACDONALD, Iain	Ottawa Bicycle Club	Master Men B	57:35	-1 lap	7:16	10:19	10:02	10:02	9:57	9:59	
40	405	CLARK, Jeff	Cobourg Cycling Club	Master Men B	1:00:38	-1 lap	6:58	10:42	10:39	10:56	10:43	10:39	
41	80	LEFEBVRE, Richard		Master Men B	1:03:13	-1 lap	7:03	11:03	10:59	11:12	11:25	11:32	
42	413	FEHR, Chris	270Motosports	Master Men B	55:03	-2 laps	7:42	11:49	11:52	12:06	11:33		



Eastern Ontario CX October 30, 2016 Race B

October 30, 2016

Master Men C (Men)

Pos	Bib	Name	Team	Category	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	50	GEE, Jon	Ride with Rendall	Master Men C	54:05		5:17	8:02	8:06	8:04	8:05	8:22	8:10
2	150	WRIGHT, Sean	Cyclery Racing	Master Men C	54:25	0'21"	5:20	8:05	8:16	8:09	8:10	8:14	8:11
3	147	WOODFORD, Michael	Cyclelogik Racing	Master Men C	54:38	0'34"	5:22	8:14	8:08	8:06	8:10	8:19	8:20
4	100	MCILROY, William	First Capital Cycling	Master Men C	56:13	2'08"	5:24	8:21	8:25	8:27	8:32	8:36	8:28
5	146	WESTDAL, John		Master Men C	56:20	2'16"	5:18	8:05	8:21	8:30	8:42	8:44	8:40
6	126	RUDNICKI, Dave	West of Quebec Wheelers	Master Men C	57:13	3'09"	5:30	8:37	8:38	8:30	8:41	8:41	8:37
7	153	BILENKEY, David	Euro-sports.ca	Master Men C	57:21	3'17"	5:30	8:25	8:39	9:14	8:34	8:34	8:26
8	249	IRWIN, Stephen	Cyclelogik Racing	Master Men C	57:57	3'53"	5:45	8:38	8:39	8:41	8:40	8:51	8:45
9	139	VIALARET, Jean-Christophe	Euro-sports.ca	Master Men C	58:28	4'24"	5:43	8:41	8:49	8:35	8:44	8:50	9:06
10	201	BREAULT, Michael	First Capital Cycling	Master Men C	58:30	4'26"	5:45	8:43	8:50	9:00	8:52	8:42	8:38
11	130	STEWART, Ian	Euro-Sports	Master Men C	58:36	4'31"	5:41	8:44	8:48	8:55	8:48	8:54	8:44
12	229	O'BLENES, Paul	The Cyclery	Master Men C	58:49	4'45"	5:58	8:44	8:51	8:40	8:49	8:56	8:51
13	176	KULAS, Mark	GearHeads	Master Men C	1:00:07	6'03"	6:05	9:04	9:00	8:57	9:01	9:03	8:57
14	120	RANGER, Frédéric	Skinouk	Master Men C	1:00:07	6'03"	5:56	8:52	8:52	8:59	9:04	9:15	9:09
15	9	AVERY, Mike		Master Men C	1:00:21	6'16"	5:59	8:54	9:12	9:05	9:11	8:58	9:01
16	251	ROSS, Ronald	613	Master Men C	1:01:02	6'58"	5:55	9:01	9:02	9:06	9:11	9:25	9:22
17	248	HELLARD, Rick	Zone3sports	Master Men C	1:01:11	7'07"	6:08	8:53	8:54	9:16	9:27	9:12	9:21
18	254	VARNEY, Gregory	The Cyclery	Master Men C	1:02:01	7'57"	6:39	9:21	9:19	9:06	9:16	9:12	9:07
19	205	CYR, Bruno	Skinouk	Master Men C	1:02:35	8'31"	6:13	9:23	9:32	9:24	9:21	9:23	9:18
20	92	MALLORY, Kevin		Master Men C	53:45	-1 lap	6:04	9:24	9:25	9:30	9:39	9:43	
21	5	ARRUDA, Carlos		Master Men C	54:35	-1 lap	6:06	9:19	9:30	9:40	10:04	9:57	
22	180	MCNEELY, Scott		Master Men C	55:21	-1 lap	6:43	9:35	9:50	9:41	9:42	9:51	
23	236	SLOBODIAN, Joey	Ottawa Bicycle Club	Master Men C	55:39	-1 lap	6:44	9:43	9:45	9:37	9:42	10:08	
24	52	GRACE, Darrin	Euro-sports	Master Men C	56:07	-1 lap	7:01	10:08	9:54	9:53	9:32	9:39	
25	108	NEWTON, Jack	Euro Sports	Master Men C	57:02	-1 lap	6:47	9:57	10:01	10:15	10:01	10:00	
26	41	DOUGLAS, Greg	Ottawa Bicycle Club	Master Men C	57:16	-1 lap	7:26	10:17	10:03	9:51	9:57	9:43	
27	179	MCCLURE, Robert	Ottawa Bicycle Club	Master Men C	57:28	-1 lap	7:10	9:58	9:55	10:02	10:17	10:06	
28	174	JACOBSON, Emil	CycleLogik Racing	Master Men C	57:50	-1 lap	6:59	10:06	10:08	10:15	10:19	10:04	
29	35	CORNICK, Steven	Ottawa Bicycle Club	Master Men C	58:00	-1 lap	7:11	10:12	10:09	10:11	10:09	10:07	
30	418	MACFARLANE, Rob	Ottawa Bicycle Club	Master Men C	58:19	-1 lap	7:41	10:08	10:14	10:21	10:03	9:52	



Eastern Ontario CX October 30, 2016 Race B

October 30, 2016

Master Men C (Men)

Pos	Bib	Name	Team	Category	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
31	214	HOWARD, Steve		Master Men C	59:14	-1 lap	7:00	10:34	10:33	10:25	10:27	10:15	
32	410	DAVIS, Doug	Ottawa Bicycle Club	Master Men C	1:00:12	-1 lap	7:27	10:47	10:28	10:34	10:27	10:29	
33	24	BRUGGER, Marcel	Ride with Randal	Master Men C	1:00:29	-1 lap	7:08	10:49	10:17	10:39	11:10	10:25	
34	102	MCLENNAN, Bill	Almonte Bicycle Club	Master Men C	1:01:56	-1 lap	7:20	10:47	10:58	10:57	11:03	10:52	
35	408	CRONEY, Rick	Cornwall Multisport Club	Master Men C	1:03:42	-1 lap	7:45	11:03	11:22	11:01	11:14	11:16	
36	261	HAWLEY, Allan		Master Men C	54:58	-2 laps	8:00	11:43	11:49	12:04	11:24		
37	212	HELSDON, John	Euro-sports	Master Men C	57:36	-2 laps	8:11	12:31	12:24	12:41	11:50		



Eastern Ontario CX October 30, 2016 Race B

October 30, 2016

Master Men D (Men)

Pos	Bib	Name	Team	Category	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	32	CHRISTIE, Greg	Ride with Rendall	Master Men D	58:12		5:44	8:42	8:36	8:43	8:48	8:50	8:48
2	244	COWAN, Norman	Bushtukah	Master Men D	1:01:28	3'16"	6:11	9:11	9:08	9:12	9:25	9:14	9:06
3	60	HESS, Detlef	Ottawa Bicycle Club	Master Men D	55:29	-1 lap	6:37	9:47	9:45	9:36	9:47	9:58	
4	169	FORBES, Jim	Doug's Bicycle	Master Men D	56:02	-1 lap	6:52	9:55	9:50	9:47	9:53	9:46	
5	40	DOREGO, Jean Louis	Ottawa Bicycle Club	Master Men D	58:00	-1 lap	7:11	10:14	10:07	10:11	10:10	10:07	
6	226	MOMTAHAN, Parham	Ottawa Bicycle Club	Master Men D	59:16	-1 lap	7:06	10:16	10:16	10:20	10:47	10:30	
7	430	YAEGER, Dave	OBC	Master Men D	1:00:45	-1 lap	7:49	10:38	10:34	10:38	10:46	10:20	
8	203	CLARKE, Graham		Master Men D	1:04:34	-1 lap	7:14	10:38	11:01	11:10	12:33	11:57	



Eastern Ontario CX October 30, 2016 Race B
October 30, 2016
Master Men E (Men)

Pos	Bib	Name	Team	Category	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	96	MCAUSLAN, David	Almonte Bicycle Club	Master Men E	1:03:19		7:48	11:09	11:04	11:00	11:09	11:09
2	47	FLAVELL, Dave	Ottawa Bicycle Club	Master Men E	55:09	-1 lap	8:00	11:43	11:14	11:49	12:22	
3	215	HUMPHREYS, Les	Almonte Bicycle Club	Master Men E	57:47	-1 lap	8:50	14:13	13:10	11:01	10:33	



Eastern Ontario CX October 30, 2016 Race B

October 30, 2016

U15 Male (Men)

Pos	Bib	Name	Team	Category	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	149	WOODFORD, Alexander		U15 Male	53:56		6:35	9:26	9:28	9:37	9:31	9:19
2	119	RANGER, Dominique	Skinouk	U15 Male	57:25	3'28"	6:38	9:44	10:12	10:06	10:33	10:13
3	23	BROOKS, Owen	Skinouk VDM	U15 Male	59:12	5'15"	6:38	9:54	10:14	10:46	10:53	10:47
4	266	ALLAN, Luke	Ottawa Bicycle Club	U15 Male	1:00:12	6'15"	7:37	10:24	10:20	10:38	10:41	10:32
5	98	MCGUIRE, Taegan	Tekne Cycle Club	U15 Male	1:01:56	7'59"	6:57	10:24	10:09	10:45	11:46	11:54
6	144	WESTDAL, Patrick		U15 Male	1:05:49	11'52"	7:37	10:24	10:43	11:08	11:13	14:44



Eastern Ontario CX October 30, 2016 Race B

October 30, 2016

U17 Male (Men)

Pos	Bib	Name	Team	Category	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	195	VIALARET, Damien	Euro-sports.ca	U17 Male	56:33		5:29	8:24	8:29	8:38	8:41	8:33	8:19
2	71	LA GRENADE, Jérémie	Bicyclette de Hull / Procycle Aylmer	U17 Male	56:36	0'03"	5:25	8:23	8:35	8:37	8:42	8:33	8:22
3	148	WOODFORD, Theodore	Ottawa Bicycle Club	U17 Male	59:35	3'02"	6:00	8:48	8:46	8:37	8:53	9:18	9:13
4	425	SIMARD, Vincent	CVM design la Gatineau/Vélozophie	U17 Male	1:02:04	5'31"	5:57	9:09	9:22	9:19	9:28	9:10	9:40
5	91	MALLORY, Simon		U17 Male	54:24	-1 lap	6:00	9:30	9:40	9:41	9:45	9:49	
6	218	KERR, Liam		U17 Male	56:29	-1 lap	6:14	10:14	10:32	10:16	9:33	9:41	
7	168	FIELD, Max	Ottawa Bicycle Club	U17 Male	58:53	-1 lap	6:41	10:18	10:25	10:26	10:42	10:22	
8	423	PHILIPPE-PARENT, Gabriel	Skinook	U17 Male	54:07	-2 laps	7:29	11:26	11:47	11:39	11:46		
9	155	BROOKS, Ben	Ottawa Bicycle Club	U17 Male	56:32	-2 laps	7:33	12:00	12:11	12:24	12:24		
DNF	151	WRIGHT, Jake	euro-sports	U17 Male	47:26		7:02	9:52	10:06	10:15	9:50		



Eastern Ontario CX October 30, 2016 Race B

October 30, 2016

Out Of Category (Men)

Pos	Bib	Name	Team	Category	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	161	DIAZ, Rodrigo	Euro-Sports	Out Of Category	57:19		5:40	8:38	8:38	8:36	8:34	8:43	8:31
2	61	HISCOCKS, Mark	Nine2FivePro	Out Of Category	58:29	1'10"	5:33	8:53	8:45	8:56	8:55	8:51	8:35
3	426	SURIYUTH, Alec		Out Of Category	1:03:17	5'59"	6:23	9:16	9:27	9:24	9:36	9:26	9:45
4	164	ERNEWEIN, Ben		Out Of Category	54:06	-1 lap	6:26	9:27	9:35	9:35	9:36	9:27	
5	113	OMURA, Tommy	Ottawa Bicycle Club	Out Of Category	54:10	-1 lap	6:22	9:07	9:06	9:19	9:21	10:55	
6	246	DEMPSEY, Chad	Almonte Bike Club	Out Of Category	1:03:53	-2 laps	8:53	14:28	13:12	13:24	13:55		
DNF	265	KRAMER, Jacob		Out Of Category	1:05:32		7:30	14:41	12:51				



Eastern Ontario CX October 30, 2016 Race B

October 30, 2016

Novice Men (Men)

Pos	Bib	Name	Team	Category	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	224	LUNDY, Thomas	J & J Cycle / First Capital Cycling	Novice Men	59:23		5:52	8:59	8:58	8:44	8:52	9:02	8:57
2	404	CHARRON, Martin		Novice Men	59:56	0'33"	6:41	8:45	8:51	8:52	8:54	8:59	8:55
3	200	BRASSINGTON, Bryan	MTB Kingston	Novice Men	55:51	-1 lap	6:48	9:50	9:45	9:52	9:52	9:43	
4	204	CONROY, Daniel		Novice Men	58:23	-1 lap	6:43	9:53	10:17	10:29	10:36	10:24	
5	422	O'CONNELL, Adam		Novice Men	59:44	-2 laps	8:06	12:21	13:08	13:01	13:08		