



Eastern Ontario CX Oct 9, 2016 Race A

October 09, 2016

Men Race A (Men)

Pos	Bib	Name	Team	Category	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9
1	239	ST JOHN, Derrick	Van Dessel p/b Hyperthreads	Senior Men	1:01:43		6:54	6:54	6:54	6:52	6:49	6:45	6:48	6:55	6:53
2	252	VAN DEN HAM, Doug	Nine2FivePro.com	Master Men A	1:04:10	2'28"	7:34	6:59	6:59	7:03	7:06	7:02	7:11	7:08	7:08
3	242	UNDERWOOD, Nathan	Euro-sports.ca	Senior Men	1:04:41	2'58"	7:18	7:02	7:05	7:11	7:09	7:09	7:15	7:18	7:14
4	221	LANTHIER, Philippe	Cannondale/ABC Cycles	Master Men A	1:05:38	3'56"	7:32	7:06	7:16	7:10	7:13	7:14	7:21	7:24	7:24
5	118	PROULX, Steve	Cyclery Racing	Senior Men	1:05:46	4'04"	7:15	7:05	7:05	7:11	7:43	7:31	7:21	7:20	7:16
6	154	BOUDREAU, Marc	The Cyclery	Senior Men	1:06:39	4'56"	7:17	7:06	7:25	7:18	7:31	7:25	7:34	7:35	7:30
7	178	LEES, Andrew	Ride With Rendall p/b Biemme	Senior Men	1:06:57	5'14"	7:41	7:30	7:23	7:25	7:26	7:26	7:28	7:29	7:09
8	414	KEEPING, Stephen	Transports Lacombe/ Devinci	Senior Men	1:07:28	5'46"	7:20	7:40	7:33	7:25	7:20	7:37	7:35	7:36	7:22
9	131	SURCH, Matt	Tekné Cycle Club	Senior Men	1:07:29	5'47"	7:04	8:19	7:25	7:13	7:16	7:10	7:49	8:06	7:07
10	15	BEMROSE, Robert	Euro-Sports	Master Men A	1:08:26	6'43"	7:48	7:32	7:30	7:40	7:36	7:34	7:44	7:39	7:21
11	13	LAFONTAINE, Bruno	Pecco's propulsé par Cannondale	Master Men A	1:08:27	6'44"	7:59	7:31	7:35	7:29	7:39	7:39	7:43	7:29	7:21
12	49	GAUTHIER, Pierre-Yves		Master Men A	1:02:13	-1 lap	7:49	7:35	7:43	7:52	7:44	7:56	7:50	7:45	
13	87	MACDONALD, Warren	Nine2FivePro.com	Senior Men	1:02:20	-1 lap	10:03	7:21	7:30	7:15	7:33	7:27	7:33	7:37	
14	173	HUNT, Marc	Tekne Cycle Club	Master Men A	1:03:06	-1 lap	7:41	7:39	7:47	7:47	8:12	7:53	8:01	8:05	
15	4	ARNOLD, Jonathan		Master Men A	1:03:07	-1 lap	8:18	7:42	7:44	7:51	7:56	7:56	7:56	7:44	
16	7	ASSELSTINE, Michael	Nine2FivePro.com	Master Men A	1:03:29	-1 lap	7:46	7:36	7:44	8:09	7:51	8:15	8:02	8:07	
17	263	RUBARTH, Max	Tekne Cycle Club	Senior Men	1:04:09	-1 lap	7:34	7:45	9:01	7:55	8:04	7:54	8:09	7:46	
18	177	LAFLEUR, Guillaume	EC Gatineau / Polo Vélo - Trek	Master Men A	1:04:59	-1 lap	8:48	8:01	7:59	7:57	7:54	8:01	8:15	8:03	
19	18	BERNARD, Christian	Tekne Cycle Club	Senior Men	1:05:34	-1 lap	8:16	8:06	8:11	8:04	8:09	8:14	8:20	8:15	
20	175	JARJOUR, Jesse	613 Cycling	Master Men A	1:06:02	-1 lap	8:16	8:14	8:16	8:08	8:12	8:12	8:21	8:22	
21	257	CLARKE, Shawn	La Shop // Santé Universelle	Senior Men	1:06:20	-1 lap	8:28	8:06	8:13	8:18	8:17	8:42	8:23	7:53	
22	240	STUART, John	Van Dessel p/b HyperThreads	U19 (Junior) Men	1:06:30	-1 lap	8:13	8:09	8:11	8:04	8:10	8:38	8:38	8:28	
23	189	REID, Chris	The Cyclery	Master Men A	1:06:38	-1 lap	8:27	8:12	8:11	8:14	8:37	8:24	8:12	8:21	
24	243	WOJTOWICZ, Grzegorz	gearheads	Master Men A	1:06:38	-1 lap	8:20	8:10	8:22	8:15	8:14	8:33	8:24	8:19	
25	159	BROWN, Andrew	Tekne Cycle Club	Master Men A	1:07:15	-1 lap	8:24	8:17	8:21	8:22	8:33	8:22	8:31	8:25	
26	245	DEDO, Carey	GearHeads	Master Men A	1:07:39	-1 lap	9:17	8:01	8:11	8:33	8:24	8:26	8:30	8:16	
27	82	LONEY, Ian	Tekne CC	Master Men A	1:08:02	-1 lap	7:46	7:35	12:49	7:35	8:04	8:24	7:58	7:51	
28	423	STEWART, Chris	Gearheads	Senior Men	1:09:11	-1 lap	8:31	8:29	8:50	8:36	8:32	8:50	8:45	8:39	
29	137	TREGUNNO, Peter	Ottawa Bicycle Club	Master Men A	1:09:26	-1 lap	8:55	7:50	7:49	7:53	7:55	9:44	10:48	8:31	
30	128	SEYER-FORGET, Guillaume	GearHeads	Master Men A	1:10:08	-1 lap	8:31	8:48	8:48	8:37	8:59	8:59	8:46	8:40	
31	133	THERON, Stuart	Gearheads	Master Men A	1:10:16	-1 lap	8:52	8:30	8:46	8:43	8:55	8:57	8:58	8:35	
32	26	BRUN, Gabriel	Ottawa Bicycle Club	U19 (Junior) Men	1:02:37	-2 laps	9:13	8:37	8:46	8:47	8:51	9:17	9:06		
33	156	BROOKS, Sebastian	Ottawa Bicycle Club	U19 (Junior) Men	1:05:31	-2 laps	9:12	9:09	9:13	8:59	9:46	10:11	9:02		
34	194	TSAN, Amenh	West of Quebec Wheelers	Master Men A	1:07:24	-2 laps	8:35	8:20	13:43	9:02	9:24	9:28	8:52		
35	416	MACASKILL, Jonathan	Independent	Senior Men	1:07:24	-2 laps	9:15	9:13	9:31	9:34	9:56	10:26	9:29		
36	138	VAUGHAN, Brad		Master Men A	1:06:39	-3 laps	8:57	22:28	8:49	8:45	8:41	8:59			
DNF	412	GEE, Derek	Giant Langley-SmartSavvy+ p/b Wounded Warriors	Senior Men	45:00		6:57	7:10	7:17	7:12	7:40	8:41			
DNF	170	GIBBS, Kris	Tekne Cycle Club	Master Men A	26:37		8:52	8:43	9:00						



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October 09, 2016

Master Men A (Men)

Pos	Bib	Name	Team	Category	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9
1	252	VAN DEN HAM, Doug	Nine2FivePro.com	Master Men A	1:04:10		7:34	6:59	6:59	7:03	7:06	7:02	7:11	7:08	7:08
2	221	LANTHIER, Philippe	Cannondale/ABC Cycles	Master Men A	1:05:38	1'28"	7:32	7:06	7:16	7:10	7:13	7:14	7:21	7:24	7:24
3	15	BEMROSE, Robert	Euro-Sports	Master Men A	1:08:26	4'15"	7:48	7:32	7:30	7:40	7:36	7:34	7:44	7:39	7:21
4	13	LAFONTAINE, Bruno	Pecco's propulsé par Cannondale	Master Men A	1:08:27	4'16"	7:59	7:31	7:35	7:29	7:39	7:39	7:43	7:29	7:21
5	49	GAUTHIER, Pierre-Yves		Master Men A	1:02:13	-1 lap	7:49	7:35	7:43	7:52	7:44	7:56	7:50	7:45	
6	173	HUNT, Marc	Tekne Cycle Club	Master Men A	1:03:06	-1 lap	7:41	7:39	7:47	7:47	8:12	7:53	8:01	8:05	
7	4	ARNOLD, Jonathan		Master Men A	1:03:07	-1 lap	8:18	7:42	7:44	7:51	7:56	7:56	7:56	7:44	
8	7	ASSELSTINE, Michael	Nine2FivePro.com	Master Men A	1:03:29	-1 lap	7:46	7:36	7:44	8:09	7:51	8:15	8:02	8:07	
9	177	LAFLEUR, Guillaume	EC Gatineau / Polo Vélo - Trek	Master Men A	1:04:59	-1 lap	8:48	8:01	7:59	7:57	7:54	8:01	8:15	8:03	
10	175	JARJOUR, Jesse	613 Cycling	Master Men A	1:06:02	-1 lap	8:16	8:14	8:16	8:08	8:12	8:12	8:21	8:22	
11	189	REID, Chris	The Cyclery	Master Men A	1:06:38	-1 lap	8:27	8:12	8:11	8:14	8:37	8:24	8:12	8:21	
12	243	WOJTOWICZ, Grzegorz	gearheads	Master Men A	1:06:38	-1 lap	8:20	8:10	8:22	8:15	8:14	8:33	8:24	8:19	
13	159	BROWN, Andrew	Tekne Cycle Club	Master Men A	1:07:15	-1 lap	8:24	8:17	8:21	8:22	8:33	8:22	8:31	8:25	
14	245	DEDO, Carey	GearHeads	Master Men A	1:07:39	-1 lap	9:17	8:01	8:11	8:33	8:24	8:26	8:30	8:16	
15	82	LONEY, Ian	Tekne CC	Master Men A	1:08:02	-1 lap	7:46	7:35	12:49	7:35	8:04	8:24	7:58	7:51	
16	137	TREGUNNO, Peter	Ottawa Bicycle Club	Master Men A	1:09:26	-1 lap	8:55	7:50	7:49	7:53	7:55	9:44	10:48	8:31	
17	128	SEYER-FORGET, Guillaume	GearHeads	Master Men A	1:10:08	-1 lap	8:31	8:48	8:48	8:37	8:59	8:59	8:46	8:40	
18	133	THERON, Stuart	Gearheads	Master Men A	1:10:16	-1 lap	8:52	8:30	8:46	8:43	8:55	8:57	8:58	8:35	
19	194	TSAN, Amenh	West of Quebec Wheelers	Master Men A	1:07:24	-2 laps	8:35	8:20	13:43	9:02	9:24	9:28	8:52		
20	138	VAUGHAN, Brad		Master Men A	1:06:39	-3 laps	8:57	22:28	8:49	8:45	8:41	8:59			
DNF	170	GIBBS, Kris	Tekne Cycle Club	Master Men A	26:37		8:52	8:43	9:00						



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October 09, 2016

Senior Men (Men)

Pos	Bib	Name	Team	Category	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9
1	239	ST JOHN, Derrick	Van Dessel p/b Hyperthreads	Senior Men	1:01:43		6:54	6:54	6:54	6:52	6:49	6:45	6:48	6:55	6:53
2	242	UNDERWOOD, Nathan	Euro-sports.ca	Senior Men	1:04:41	2'58"	7:18	7:02	7:05	7:11	7:09	7:09	7:15	7:18	7:14
3	118	PROULX, Steve	Cyclery Racing	Senior Men	1:05:46	4'04"	7:15	7:05	7:05	7:11	7:43	7:31	7:21	7:20	7:16
4	154	BOUDREAU, Marc	The Cyclery	Senior Men	1:06:39	4'56"	7:17	7:06	7:25	7:18	7:31	7:25	7:34	7:35	7:30
5	178	LEES, Andrew	Ride With Rendall p/b Biemme	Senior Men	1:06:57	5'14"	7:41	7:30	7:23	7:25	7:26	7:26	7:28	7:29	7:09
6	414	KEEPING, Stephen	Transports Lacombe/ Devinci	Senior Men	1:07:28	5'46"	7:20	7:40	7:33	7:25	7:20	7:37	7:35	7:36	7:22
7	131	SURCH, Matt	Tekné Cycle Club	Senior Men	1:07:29	5'47"	7:04	8:19	7:25	7:13	7:16	7:10	7:49	8:06	7:07
8	87	MACDONALD, Warren	Nine2FivePro.com	Senior Men	1:02:20	-1 lap	10:03	7:21	7:30	7:15	7:33	7:27	7:33	7:37	
9	263	RUBARTH, Max	Tekne Cycle Club	Senior Men	1:04:09	-1 lap	7:34	7:45	9:01	7:55	8:04	7:54	8:09	7:46	
10	18	BERNARD, Christian	Tekne Cycle Club	Senior Men	1:05:34	-1 lap	8:16	8:06	8:11	8:04	8:09	8:14	8:20	8:15	
11	257	CLARKE, Shawn	La Shop // Santé Universelle	Senior Men	1:06:20	-1 lap	8:28	8:06	8:13	8:18	8:17	8:42	8:23	7:53	
12	423	STEWART, Chris	Gearheads	Senior Men	1:09:11	-1 lap	8:31	8:29	8:50	8:36	8:32	8:50	8:45	8:39	
13	416	MACASKILL, Jonathan	Independent	Senior Men	1:07:24	-2 laps	9:15	9:13	9:31	9:34	9:56	10:26	9:29		
DNF	412	GEE, Derek	Giant Langley-SmartSavvy+ p/b Wounded Warriors	Senior Men	45:00		6:57	7:10	7:17	7:12	7:40	8:41			



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October 09, 2016

U19 (Junior) Men (Men)

Pos	Bib	Name	Team	Category	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8
1	240	STUART, John	Van Dessel p/b HyperThreads	U19 (Junior) Men	1:06:30		8:13	8:09	8:11	8:04	8:10	8:38	8:38	8:28
2	26	BRUN, Gabriel	Ottawa Bicycle Club	U19 (Junior) Men	1:02:37	-1 lap	9:13	8:37	8:46	8:47	8:51	9:17	9:06	
3	156	BROOKS, Sebastian	Ottawa Bicycle Club	U19 (Junior) Men	1:05:31	-1 lap	9:12	9:09	9:13	8:59	9:46	10:11	9:02	